

Is your loved one in need of more support?

Family Behavioral Resources can help:

- Students suffering from a behavioral health diagnosis or intellectual disability
- Students who would benefit from any form of social, emotional, and/or behavioral therapy
- Students that can be disruptive in the classroom or that have difficulty controlling aggression
- Students who are experiencing a major life transition (i.e. divorce, moving, house fire, homelessness, etc.)
- Students that have experienced a traumatic event, grief, or loss.



Every child deserves the chance to be successful.



Help give them that opportunity.

We are only a phone call away!

724-850-7300

Family Behavioral Resources

School Based Mental Health Services

For the Penn-Trafford School District

Information needed for your call:

- The child's name, age, & birth date
- Any parent/guardian names, phone numbers, & addresses.
- The child's social security number
- The child's insurance information
- The reason for the referral & the presenting problems of the child

Talk with Nicole or Tracey

at our Greensburg Clinic office.

724-850-7300



School Based Mental Health Services

A collaborative program between the Penn-Trafford School District and Family Behavioral Resources



What are School Based Mental Health Services (SBMHS)?

SBMHS are for students struggling at home or in school. With these services, students identified with a need for support would be afforded the opportunity during the school day to attend counseling sessions with a therapist from FBR that would be available in the school building.

Sessions are intended to be the least intrusive to the student's class schedule, and would be focused on maximizing potential for personal growth and academic success.

Services will be provided through a partnership with Family Behavioral Resources (FBR). FBR is an accredited agency based out of Westmoreland County in Greensburg, Pennsylvania. FBR provides specialized services to families and individuals during some of the most difficult times of their entire lives. FBR strives to treat consumers with the respect and the dignity that they deserve as unique individuals while under our care.



Some of the benefits of SBMHS may include:

- Greater achievement in the educational setting.
- Improved family, teacher, and peer relationships.
- Increase management of any emotional or behavioral symptoms associated with a mental health diagnosis or intellectual disability.
- The ability to gain the skills to manage problematic situations more effectively.
- An overall increased sense of self-worth that can last a lifetime.



We encourage the family's support to provide insight into a student's life and feedback throughout the course of treatment. With collaboration from the family, we can, as a team, work together to create a more positive and productive school year for your loved one. Health and wellness can lead to greater academic success and improved self-esteem. Through this increased sense of pride and confidence, your child's future academic, familial, social, and vocational outlook may be positively affected.

If your child is experiencing behavioral or mental health concerns that could impede their success at home or in the school, we invite you to learn more about School Based Mental Health Services. You can contact your child's guidance counselor to start the Student Assistance Program (SAP) process if you would like to explore SBMHS or other options that may be available to your son or daughter. Otherwise, you can feel free to call us directly at the Family Behavioral Resources Greensburg Clinic if our SBMHS is the answer to your child's needs.

Health and wellness are simply a phone call away.