



# Penn-Trafford Elementary February 2020 Breakfast Menu

**3**  
**Mini Maple Burst Waffles**  
*Banana Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**4**  
**Peach Parfait**  
*Toasted Bagel w/String Cheese*  
 Cocoa Puffs

**5**  
**Donut Holes**  
*Trix Yogurt w/Cinnamania Graham Crackers*  
 Cocoa Puffs

**6**  
**Breakfast Pizza**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Cocoa Puffs

**7**  
**Bacon & Egg Breakfast Sandwich**  
*Apple Nutri-Grain Bar*  
 Cocoa Puffs

**10**  
**Colby Omelet w/Sausage Patty**  
*Banana Chocolate Chip Benefit Bar*  
 Cinnamon Toast Crunch

**11**  
**Cherry or Apple Frudel**  
*Toasted Bagel w/String Cheese*  
 Cinnamon Toast

**12**  
**Glazed Donut**  
*Trix Yogurt w/Cinnamania Graham Crackers*  
 Cinnamon Toast Crunch

**13**  
**Breakfast Pizza**  
*Cinnamon Cream Cheese Filled Bagels*  
 Cinnamon Toast Crunch

**14**  
**Waffles with Strawberries & Syrup**  
*Apple Nutri-Grain Bar*  
 Cinnamon Toast Crunch 

**17**  
**Act 80 In-Service**  
**No School**

**18**  
**Strawberry Parfait**  
*Toasted Bagel w/String Cheese*  
 Frosted Flakes

**19**  
**Donut Holes**  
*Trix Yogurt w/Cinnamania Graham Crackers*  
 Frosted Flakes

**20**  
**Breakfast Pizza**  
*Oatmeal Chocolate Chip Benefit Bar*  
 Frosted Flakes

**21**  
**Sausage & Egg Breakfast Sandwich**  
*Apple Nutri-Grain Bar*  
 Frosted Flakes

**24**  
**Sausage, Egg & Cheese Breakfast Burrito**  
*Banana Chocolate Chip Benefit Bar*  
 Lucky Charms

**25**  
**Cinni-Minis**  
*Toasted Bagel w/String Cheese*  
 Lucky Charms

**26**  
**Sugared Donut**  
*Trix Yogurt w/Cinnamania Graham Crackers*  
 Lucky Charms

**27**  
**Breakfast Pizza**  
*Cinnamon Cream Cheese Filled Bagels*  
 Lucky Charms

**28**  
**Ham & Egg Breakfast Sandwich**  
*Apple Nutri-Grain Bar*  
 Lucky Charms

## Information & Pricing

**Milk Options:** 1%, Flavored, Skim or Lactaid  
**Make It A Meal!** Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!  
 Full Price: \$1.30      Reduced Price: \$0.30  
 Free to those who qualify

## Additionally Available Throughout Each Week:

**Entrees:** Strawberry, Cinnamon, & Fudge Pop-Tarts, Cheerios  
**Juice:** Apple, Grape, & Orange  
**Fruits:** Apples, Oranges, Assorted Canned Fruit

**Questions?** Contact us at  
[pthscafe@penntrafford.org](mailto:pthscafe@penntrafford.org) or 724-744-2664