

Program Overview

The Pressley Ridge Family Counseling Center (PR-FCC) is an outpatient program within Allegheny County offering comprehensive individualized assessment and treatment for individuals and families with psychiatric and/or behavioral disorders. Pressley Ridge believes in the importance of providing services to youths within the context of their ecology. Research that shows improved outcomes with family involvement supports this belief. Thus, family therapy is our preferred model of intervention. We are also guided by research evidence that tells us psychiatric medication is usually more effective when prescribed together with therapy.



Child and family empowerment creates life-long changes and successes.

Our Services

OUR COMPREHENSIVE BEHAVIORAL HEALTH SERVICES INCLUDE:

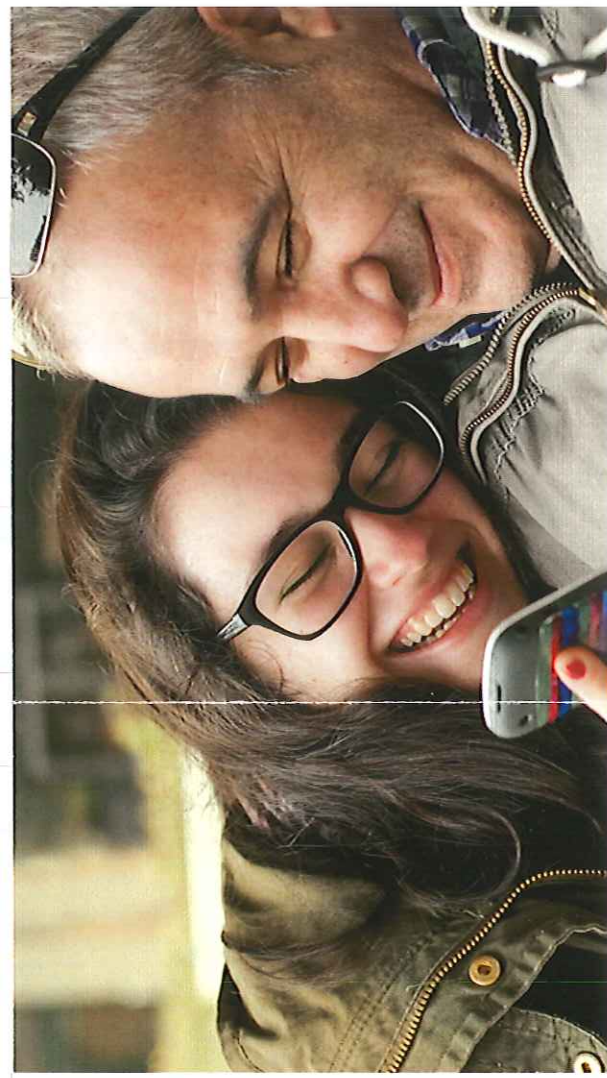
- Intake and Assessment
- Individual, Family and/or Group Therapy
- Group therapy which includes a Multiple Family Group (*Saturday workshop*)
- Psychiatric evaluation and treatment, including medication management

Who Do We Serve?

PR-FCC serves any individual, youth or family who has concerns related to functioning within his/her family, home, school, or community system. Such concerns may be disturbances of behavior (e.g., impulsivity, aggression, hyperactivity), disturbances of emotions (e.g., sadness, anxiety, depression), or family problems or other stressors impacting the ability to function normally.

Our Costs

Most insurances are accepted at the PR-FCC. In the cases where there is no insurance available, services can be provided at a low-cost or no charge. For further information, please contact our main office at the numbers listed.



For More Information

If you or someone you know could benefit from our services, referrals can be made by calling (888) 777-0820.

OUR MAIN OFFICE IS LOCATED AT:

530 Marshall Avenue
Pittsburgh, PA 15214
Phone: (412) 321-6995
Fax: (412) 321-5313

OUR TWO SATELLITE OFFICES ARE LOCATED AT:

Stayton
2611 Stayton Street
Pittsburgh, PA 15212
Phone: (412) 442-2080

Ingham
1450 Ingham Street
Pittsburgh, PA 15212
Phone: (412) 246-0412

www.PressleyRidge.org





About Pressley Ridge

At Pressley Ridge, we do whatever it takes to create success for children and families. Since 1832, Pressley Ridge has understood that all children can change and grow and that all families can use support. We help over 5,400 children and families annually through Educational Opportunities, Foster Care Connections, Residential Options, and Community-based Support with locations in Pennsylvania, Delaware, Maryland, Ohio, Virginia, West Virginia, as well as internationally in Portugal and Hungary.

PRESSLEY RIDGE OFFERS PROGRAMS AND SERVICES IN FOUR DIFFERENT AREAS:

- **Foster Care Connections** providing families with havens for safety, renewal, and return.
- **Residential Options** creating supportive places to practice new possibilities & life contributions.
- **Community-Based Support** offering coaching & self-discovery—in the home, in the moment, and over time.
- **Educational Opportunities** that welcome kids into schools that start with their strengths—places of joy belonging, confidence & generous contribution.

All Pressley Ridge services are guided by a common treatment philosophy called Re-Education. Re-ED focuses on the strengths of each child and family and holds these beliefs: It is possible to teach competence; change is possible; and the development of trusting relationships with caring, committed adults is the most significant factor in turning around the lives of seriously troubled children.

Pressley Ridge staff and professional foster parents are well-trained, supportively supervised and challenged daily to do "whatever it takes to create success for children and families".

Pressley Ridge is nationally accredited by the Council on Accreditation.



Operations Center
5500 Corporate Drive, Suite 400
Pittsburgh, PA 15237

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Family Counseling Center (PR-FCC)

