

# MARCH 2018



# PENN-TRAFFORD ELEMENTARY LUNCH MENU

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**BE A  
HERO**

## DID YOU KNOW...

AN OLD PROVERB SAYS, "MARCH COMES IN LIKE A LION, AND GOES OUT LIKE A LAMB," WHICH IS REFERENCE TO WINTER ENDING AND SPRING BEGINNING. ANOTHER POPULAR SAYING IS "MARCH IS MAD AS A HARE," WHICH IS A REFERENCE TO THE ANIMALS FIGHTING EACH OTHER.

**5**  
PANCAKES, EGG PATTY & SAUSAGE W/TATER TOTS  
CHICKEN PATTY SANDWICH  
HAM & CHEESE SANDWICH

**6**  
**DORITOS WALKING TACO**  
5 MOZZARELLA STICKS  
CHICKEN CHEF SALAD

**7**  
**GRILLED CHEESE W/TOMATO SOUP**  
CHICKEN NUGGETS W/ROLL  
TURKEY & CHEESE SANDWICH

**8**  
**!!LUCKY TRAY!!**  
**HAM BBQ SANDWICH**  
CHICKEN & CHEESE NACHOS  
EGG CHEF SALAD

**9**  
**PIZZA HUT (PREM) HP/MC**  
**PAN PIZZA (PREM) LG/SR/TE**  
CHEESEBURGER  
FISH SANDWICH  
PRETZEL FUN PACK

**12**  
**3 PIECE CHICKEN TENDERS W/ROLL**  
PIZZA FUN LUNCH  
HAM & CHEESE SANDWICH

**13**  
**BEEF & CHEESE NACHOS**  
2 MAX PIZZA STICKS W/SAUCE  
CHICKEN CHEF SALAD

**14**  
**TURKEY & CHEESE PRETZEL MELT**  
HOT DOG  
TACO SALAD

**15**  
**4 FRENCH TOAST STICKS W/SAUSAGE**  
CHICKEN NUGGETS W/ROLL  
EGG CHEF SALAD

**16**  
**PIZZA HUT (PREM) LG/SR/TE**  
**PAN PIZZA (PREM) HP/MC**  
CHEESEBURGER  
FISH SANDWICH  
PRETZEL FUN PACK

**19**  
**NO SCHOOL (3RD SNOW MAKE UP)**

**20**  
**PASTA W/MEAT SAUCE**  
MINI CORN DOGS  
CHICKEN CHEF SALAD

**21**  
**MEATBALL HOAGIE**  
CHICKEN NUGGETS W/ROLL  
TURKEY & CHEESE SANDWICH

**22**  
**ACE GIVEAWAY!**  
**CHICKEN QUESADILLA**  
GRILLED HAM & CHEESE  
EGG CHEF SALAD

**23**  
**PIZZA HUT (PREM) HP/MC**  
**PAN PIZZA (PREM) LG/SR/TE**  
CHEESEBURGER  
FISH SANDWICH  
PRETZEL FUN PACK

**26**  
**CHICKEN NUGGETS W/ROLL**  
PIZZA FUN LUNCH  
HAM & CHEESE SANDWICH

**27**  
**BEEF & CHEESE QUESADILLA**  
2 MAX PIZZA STICKS W/SAUCE  
CHICKEN CHEF SALAD

**28**  
**BACON CHEESE BURGER**  
HOT DOG  
TACO SALAD

**29**  
**NO SCHOOL (5TH SNOW MAKE UP)**

**30**  
**NO SCHOOL (HOLIDAY BREAK)**

## BE A LUNCHROOM HERO!

ALL WINTER LONG, WHEN YOU PERFORM A HEROIC ACT OF KINDNESS IN THE LUNCHROOM YOU CAN GET RECOGNIZED FOR IT! ALWAYS BE LOOKING FOR OPPORTUNITIES TO SAVE THE DAY!

## DAILY OFFERINGS! VEGETABLES

MON -- STEAMED BROCCOLI OR CARROT STICKS

TUES -- SEASONED CORN, CHICKPEAS, CUCUMBER SLICES

WEDS -- BAKED FRIES OR BAKED BEANS

THURS -- SEASONED PEAS OR CELERY STICKS

FRI -- SEASONED GREEN BEANS OR FRESH BROCCOLI

### OTHER ITEMS

FAT FREE, 1%, OR FLAVORED MILK (LACTAID ALSO AVAILABLE UPON REQUEST)

SUNBUTTER & JELLY SANDWICH

## WEEKLY OFFERINGS! FRUITS

FEB 26-MAR 2: WHOLE PEARS, APPLESAUCE, GRAPE JUICE

MAR 5-9: WHOLE APPLE, ORANGE SLICES, FRUIT PUNCH

MAR 12-16: WHOLE ORANGE, DICED PEACHES, ORANGE JUICE

MAR 19-23: WHOLE PEARS, APPLESAUCE, FRUIT PUNCH

MAR 26-30: WHOLE APPLES, DICED PEARS, APPLE JUICE

FULL PRICE LUNCH: \$2.20  
PREMIUM (PREM) LUNCH: \$2.55  
RED/FREE LUNCH: \$.40/FREE!