



Nanuet Union Free School District
HIGHVIEW ELEMENTARY SCHOOL

24 Highview Ave Nanuet NY 10954 Phone 845-627-3460 Fax 845-627-0340

Nancy R. Bonner
Principal

Mark S. McNeill, Ed.D.
Superintendent of Schools

Dear Parent/ Guardian,

September, 2018

Highview Elementary school is committed to ensuring that all students get through their school years not only with strong academic skills but also with the skills necessary to foster resiliency and prevent social, emotional, and behavioral problems that can impact success in various areas of a student's life.

To complement our already existing schoolwide programs such as : Bucket Filling, Kelso's Choices, Word of the Month, Growth Mindset & the Power of YET, we will also be focusing on our Social Emotional Learning Program (SEL) which teaches students 5 core competencies needed to be successful in school and life. We will facilitate this through our monthly Social and Emotional Character Education Assemblies led by me, Highview School Counselor. The 5 competencies that will be taught are:

- **Self-Management-** The ability to regulate emotions, thoughts and behaviors in different situations. To be able to manage stress, control impulses and motivation. The ability to set and work toward personal and academic goals.
- **Self-Awareness-** The ability to recognize own emotions, thoughts and values and how they influence behavior.
- **Social Awareness-** The ability to empathize with others, including others from different backgrounds and cultures.
- **Relationship Skills-** The ability to establish and maintain healthy and rewarding relationships with others. The ability to communicate clearly, listen well, cooperate with others, resist social pressure and negotiate conflicts peacefully. And of course to seek help when needed.
- **Responsible Decision-Making-** The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns and social norms. The evaluation of consequences of various actions, and the consideration of the well-being of oneself and others.

In addition to monthly assemblies, the core competencies will also entail classroom activities/assignments/discussions and at times homework using Google Docs. Our hope is to build resiliency by teaching students how to handle typical life stressors and difficult social situations in a positive manner.

Resiliency skills are the skills that students use every day to overcome minor problems. Some of the skills that will be covered are:

- Mindful Listening and Mindful Movement
- Goal Setting and The Power of "YET"
- Conflict management
- Positive Thinking
- Identifying and understanding emotions- Building Empathy

If you have any questions or wish to review the program materials, please contact me directly at 845-627-3470 or email me at: mlipson@nanuetd.org.

Sincerely,


Melissa Lipson



HIGHVIEW ELEMENTARY SCHOOL

"MEET THE TEACHER" NIGHT Monday, September 17, 2018

Note: Due to limited parking at Highview, we will once again run our Meet the Teachers' schedule in the following shifts.

6:45—7:00 4th grade parents meet with Mrs. Bonner in the auditorium

7:00 – 7:30 4th grade presentations in the classrooms

7:30 – 8:00 Presentation for parents of children in support programs (AIS, Title I): reading, math, speech, ENL. This meeting will take place in the auditorium. The same presentation will take place in Spanish in the Music Room.
(You will receive an invitation if your child is in one of these programs. Please read, sign and return the form enclosed with the invitation.)

7:30—8:00 Music, Art, STEM, PE and Library Teachers will be available in the Library *(3rd and 4th grade parents can feel free to stop by.)*

8:00 – 8:30 3rd grade presentations in the classrooms

8:30—8:45 3rd grade parents meet with Mrs. Bonner in the auditorium

*When parking for this and other events at Highview we ask that you consider using the North lot on the far side of the Grace Baptist Church and do not park in the Church Fire Zones. We also ask that if you choose to park on Highview Avenue please be careful **not to block** our neighbors' driveways.

Please know that parking on the school side of Highview Avenue is not permitted and can result in a ticket.

We look forward to seeing you!

Thank You!