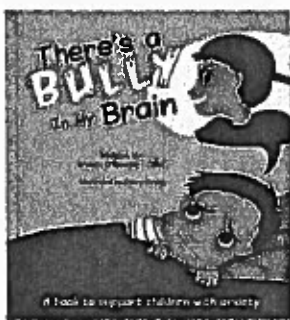


Counselor Mail



Dear Parents/Guardian,

On January 12TH, we will be hosting an assembly in which Kristin O'Rourke, LCSW and author of the children's book, *There's a Bully in my Brain* will be reading to and chatting with our students. Kristin O'Rourke, owner of In-Home LCSW, is a Clinical Social Worker with over fifteen years of experience supporting children with anxiety disorders. Her book, *There's a Bully in My Brain*, teaches children to recognize early warning signs of worries and anxiety and introduces them to simple, concrete and realistic exercises they can use to overcome it.



If you would like to purchase an autographed copy of the book, please fill out the form below and include cash payment or check of \$15.00 made out to Nanuet Elementary PTA

30% of book proceeds will be donated to our school's PTA.

Thank you,
Nancy Bonner, Principal

Melissa Lipson, School Counselor

**PLEASE SEND BACK IN A SEALED ENVELOPE ADDRESSED TO
MRS. LIPSON BY FRIDAY, JANUARY 6TH**

Student's Name _____ Grade _____ Teacher _____
Parent's email address _____ Tel # _____
Number of books _____ Total \$ _____
(Please check one) Check _____ Cash _____

