



Counselor Mail



December/2017

Dear Parents/Guardians,

WELCOME WINTER!!! The second cycle of group counseling sessions will begin the week of January 2nd. The groups will meet once a week for approximately 8-10 weeks during recess and/or lunch. The topics we will explore include: **(Please check only one)**

- *Banana Splits (changing families)* _____ **See Back*
- *Good Grief (death of an immediate family member)* _____ **See Back*
- *Hot to Cold (anger management)* _____
- *Friendship Club (social skills- learning how to make and keep friends)* _____
- *Positivity Club (building self-esteem and confidence)* _____
- *Peaceful Feeling Club (worries)* _____
- *On the Move *medical diagnosis needed with consent form* _____

The Group Counseling program is designed to meet the needs of all students. Please take the time to speak to your child to see if he or she is interested in participating. Feel free to email me at mlipson@nanuetsd.org or contact me at 627-3470 if you have any concerns or would like additional information.

Sincerely,

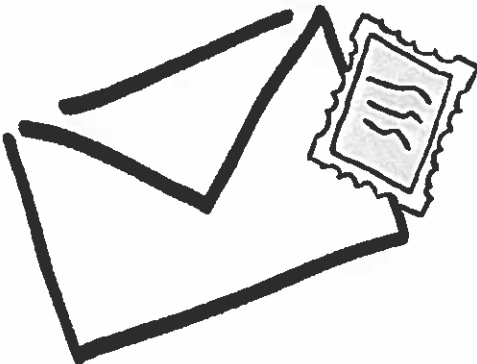
Melissa Lipson ☺

Melissa Lipson, School Counselor



Student _____ Grade _____ Class _____
 Parent Signature _____ Tel# _____ Email _____

PLEASE RETURN IN A SEALED ENVELOPE TO MRS. LIPSON BY 12/13/17



NANUET FAMILY RESOURCE CENTER
In partnership with Rockland 21st Century Collaborative for Children & Youth
50 Blauvelt Road * Nanuet, NY 10954 * Phone (845) 627-4889 * Fax: (845) 624-1534

Highview's ELO
Extended Learning Opportunities
Session 2

- ***Please call us when your child will be absent from their class; 627-4889.***
- Class will meet once a week for 6 weeks.
- Class begins right after school and ends at **4:30 sharp**. There will be an additional charge of **\$25 for every 15 minutes late**.
- Parents are responsible for their child's transportation home.
- Pick up: Please park your car across the street from the school when picking up your child. ***NO parking in the school's driveway.*** This is a safety concern.
- Classes will not be held on holidays, days of early dismissal or when school is closed due to inclement weather.
- ***Parents will be notified by the district's K12 Alert when ELO classes are cancelled due to bad weather or other circumstances. Students will be instructed to go home on their regular dismissal bus at 3:30. It is the responsibility of the parent to have their updated contact information on K12 Alert.***
- If classes are canceled for any reason an extra class will be added at the end of the session.
- The School Nurse is not on the premises during ELO. There is no access to any medication that is kept in the nurse's office.
- There are a limited number of spaces available for each class. Please fill out this form & return it to school with a check made out to ***Nanuet Family Resource Center*** by ***December 22, 2017.***
- ***There will be an additional \$10.00 late charge for any permission forms received after December 22, 2017. No forms will be accepted the first week of classes.***
- ***Refunds:*** \$10.00 charge for withdrawal prior to the first class, 50% after the first class, no refunds given after the second class.
- If the class your child signs up for is full or cancelled we will notify you.
Otherwise assume your child will be attending the class you have chosen.
- ***Please send a note to your child's teacher informing him/her that your child will be staying after school for an ELO class. Please include the name of the class, the day of the week it will be held and the dates of the 6 classes.***
- Thank you for your support of the ELO program. Please feel free to call the center with any questions or concerns; 627-4889.
- ***If you will be picking up students from ELO at Miller & Highview, Please pick up your student at Highview first.***

Rose Ann Mercado – Director
rmercado@nanuetdsd.org

Kathy Gregory – Office Manager
kgregory@nanuetdsd.org

Highview ELO: Session 2

Extended Learning Opportunities

Monday: Jan 22, 29, Feb 5, 12, 26, Mar 5 (No Jan 15, Feb 19)	Fee
Boys Grip & Rip: Here we go; it's that time of year! We have now been playing Grip N Rip, here in Nanuet, for ten years! Join Mr. Goggin and Mr. Pawlyk of Rockin Gamin Parties, in the most awesome game on the planet! *Sneakers are a must.* Instructor: Mr. Pawlyk	\$65.00
Tennis: Come serve it up with TGA Premier Youth Tennis at your school! TGA has partnered with the US Tennis Association to create a fun and innovative tennis program for your child. TGA's 5 level elementary school curriculum includes games, drills and physical fitness activities that improve motor skills, agility and hand-eye coordination. Every TGA class focuses on academic concepts developed by educational experts, the rules and etiquette of tennis and skill development. TGA brings all of the equipment, training materials and an 8:1 student to instructor ratio to allow for plenty of individual attention. Our goal is to not only develop our student's tennis skills, but to give children the building blocks for future achievement on the tennis court and in life. More info at www.playtga.com/rocklandcounty *Sneakers are a must.* Instructor: TGA of Rockland	\$120.00
Yoga: Designed to help children be active, learn to relax, improve focus, flexibility, strength, coordination, increase their confidence and positive self-image, develop body awareness, and have fun in a non-competitive environment. Dress comfortable. Mats will be available but If you have one bring it! Instructor: Balance with TK	\$80.00
Tuesday: Jan 16, 23, 30, Feb 6, 13, 27 (No Feb 20)	
Cool Computers: This program will teach students computer programming and coding skills. Students will build and program Lego robots and computer animations. This after school program will introduce students to valuable science, technology, engineering, and mathematics (STEM) skills. Returning students are welcome. Limited space Instructor: Mr. Corti	\$75.00
Field Hockey: Bring your friends and together learn the basics of the game and proper techniques of controlling the ball, while having lots of fun! *Sneakers are a must.* Instructor: Mr Pinciario	\$75.00
Art Club: Students will have the opportunity to participate in a variety of Art activities! They will continue to develop their creative skills as they make works of Art. Students will participate in group projects to support our school and community, as well as individually. They will work in a variety of media; paint, paper mache, collage and more! They are going to have a great few weeks filled with fun, learning, and creating Art! Returning students are welcome. Instructor: Ms Cuccia	\$90.00
Wednesday: Jan 17, 24, 31, Feb 7, 14, 28 (No Feb 21)	
Soccer: You'll be sure to get a <i>kick</i> out of this class by learning the basic skills of soccer. *Sneakers are a must.* Instructor: Mr Tully	\$65.00
Cake and Cookie Decorating: (8 student minimum) Students will learn how to decorate their own individual world's cutest edible creations that may also include chocolate dipping. Not intended for anyone with food allergies. Instructor: Young at Art	\$100.00
Zumba: Come learn basic Zumba moves set to today's hits and Zumba music. Great exercise while having fun. Dress comfortable. *Sneakers are a must.* Instructor: Dena Demersky	\$65.00

Thursday: Jan 18, 25, Feb 1, 8, 15, 22

Clay Sculpting:

Kids create a variety of small figurines using soft oven bake clay. They progress from basic sculpting techniques to more intricate figures, scenes and keepsakes. Each week they will complete a creation and by the end of the session they will have the skills to continue creating at home. One of our most popular classes, anyone can do it. Returning students are welcome.

Instructor: Young at Art

\$100.00

Dance Club:

Dance Club allows students to experience the wonders of dance and the joy of performing. Students will work on their muscle memory, oral communication skills, self-confidence, and coordination while being exposed to different styles of dance and technique. Ultimately, students will learn to see dance as an art and way of expression. No prior dance experience is required, just come ready to have fun!! Open to boys and girls Returning students are welcome.

Instructor: Ms Laurenzano

\$65.00

Kids Connection:

In small groups children will socialize and share ideas in creative ways. They explore their uniqueness as well as their similarities, while learning to respect both themselves and others. They do this while building a positive self-image and enhancing social, decision making, communication and coping skills. All of this is done in a fun way through the use of games, stories, videos, arts and crafts and much, much more!!

This is a 10 week program that meets for an hour each week. Please note extended dates; 3/1, 3/15, 3/22, 3/29 **A separate check for this class should be made out to Candle**

Instructor: CANDLE

\$65.00

Friday: Jan 19, 26, Feb 2, 9, 16, 23

Girls Multisports:

Here we go; last year the girls asked for this class, lets keep it going. Gather your friends and come play a variety of different, fast paced, high action games, including the famous Grip & Rip. Join Mr. Pawlyk of Rockin Gamin Parties, in the most awesome games on the planet! ***Sneakers are a must.***

Instructor: Mr. Pawlyk

\$65.00

Golf:

TGA Premier Junior Golf is bringing the golf course to your school! Learn all aspects of golf, from swing fundamentals to the game's rules, etiquette and life values, while advancing through a 5 Level Program. TGA maintains a safe, nurturing environment with a maximum 8:1 ratio of students per professional golf instructor. TGA provides all equipment so students need to bring nothing but a smile to each class. Tee it up with TGA and see how much fun playing golf can be! Returning students will be advanced to the next level of instruction. . More info at www.playtga.com/rocklandcounty ***Sneakers are a must.***

Instructor: TGA of Rockland

\$120.00

Super Science Sampler:

Through the course of Super Science Sampler 5, children will discover the wonderful world of animals by examining their tracks, bones, and teeth. Your Mad Scientist will feel the force of energy, the pull of gravity, and the might of motion in three exciting physics explorations. They will also explore green energy sources and the world of telecommunications, and experiment with robots and robotics. Take home projects include a catapult, a robotic hand, a plaster cast of animal tracks, a mini-generator, and a fiber optic map.

Instructor: Mad Science

\$115.00

Highview's ELO Permission Form Session 2

Extended Learning Opportunities

Student's Name: _____

Address: _____

Grade: _____ Teacher: _____

Home Phone Number: _____ Parent's Cell Number: _____

E-mail Address: _____

Person to Contact in case of Emergency and Phone Number: _____

Does your Student take Medications? Yes _____ No _____

If yes, please specify: _____

Does your Student have any medical problems, allergies, or disabilities?

Yes _____ No _____ If yes, please specify: _____

Are there any restrictions of student's physical activity? Yes _____ No _____

If yes, please specify: _____

***Please Note: There is no nurse in the building during ELO. We do not have access to any child's medication that might be in the Nurse's office.**

I give permission to use my child's photograph for publicity for this program.
yes with name _____ yes without name _____ No _____

***Please Note: Every family that registers a student for an ELO class must be on the district's K12 Alert. This is how parents will be notified when ELO classes are cancelled due to bad weather or other circumstances. Please indicate your choice below for dismissal.**

_____ If ELO classes are cancelled my child is to take his/her regular bus home.

_____ If ELO classes are cancelled I will pick my child up as a walker

*Please make checks payable to: Nanuet Family Resource Center.

*Please note \$10.00 late fee for permission slips received after **December 22, 2017.**

* Refunds: \$10.00 charge for withdrawal prior to the first class,
50% after the first class, no refunds given after second class. Thank you.

I give my Son/ Daughter _____ class code _____
permission to stay after school to participate in the following ELO Program.

CLASS: _____ DAY/Dates: _____ FEE: _____

CLASS: _____ DAY/Dates: _____ FEE: _____

CLASS: _____ DAY/Dates _____ FEE: _____

CLASS: _____ DAY/Dates: _____ FEE: _____

TOTAL: _____

Waiver: If I am unreachable, I hereby give permission to the staff to obtain proper medical care. In case of injury or illness, I agree not to hold FRC, staff or related parties liable and not to make any claims against them. The student's personal insurance company is the primary company on any medical claims.

Parent's Signature: _____ Date: _____

Please send a note to your child's teacher informing him/her that your child will be staying after school for their ELO class. Please include the name of the class, the day of the week it will be held and the dates the class will run. If you do not send in a note your child will not be able to stay for their class.

Nanuet Youth Lacrosse Indoor Clinics for Boys



**Westrock Indoor Sports and Entertainment Complex
21 Pralle Lane, Nanuet, NY 10954**

Sundays at 4:30 PM, January 21, 28 February 11, 18, 25, and March 11 (Clinic is free with 2018 season registration)

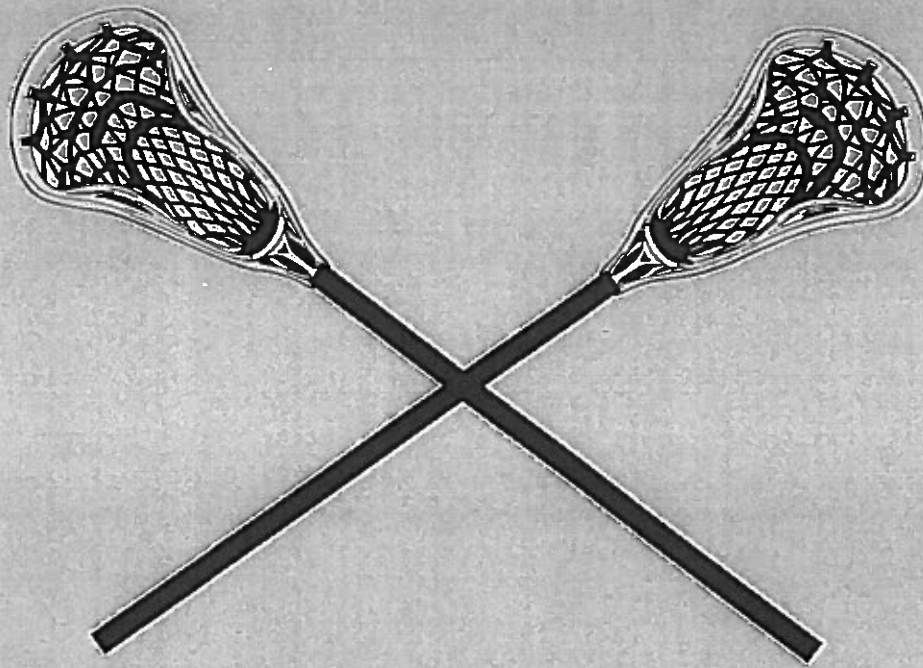
Eligibility: Boys Grades 1 through 4, New and Experienced Players

Full equipment and membership to US Lacrosse is required (some equipment may be temporarily available to new players)

**Please email Kevin Dowd to reserve a spot at the Clinic, kbdlax21@hotmail.com
Please specify player name, grade, and experience level**

Register for Clinic AND 2018 season at www.nanuetlacrosse.com

Join our Facebook page: Nanuet Youth Lacrosse



"The Fastest Sport on Two Feet"

NANUET YOUTH LACROSSE- 2018

Registration is now open for our Spring season
(Boys, grades 1-8/Girls, grades 3-8)

Boys: www.nanuetlacrosse.com

Girls: www.nanuetgirlslacrosse.com

Local Indoor practices and clinics start in January

Follow our Facebook page: Nanuet Youth Lacrosse

Questions or Comments? nanuetlacrosse@gmail.com

**Avoid
late fees,
Register
today!**

Registration is Now Open For The Spring 2018 Little League Season!

**T-Ball Ages 4-6 (Children that will be 4yrs old by
12/31/17 are eligible for T-Ball)**

A Baseball Age 7

AA Baseball Age 8

AA Softball Ages 7-8

Baseball & Softball Ages 9-12

**Baseball/Softball 50/70 Jr. & Sr. Leagues
Ages 13 to 16**

**Teams will be forming soon
so register now! Please go to**

**Nanuetlittleleague.org
(www.nanuetlittleleague.org/Registration)
to Register**

**We are also looking for parents to get involved
as Managers, Coaches and Team Parents.
It's lots of fun for the whole family!**



**Evitar cargos por
pagos atrasados,
¡Regístrese hoy!**

**El registro ahora está abierto para el
Primavera 2018 temporada de liga pequeña!**

**T-Ball Ages 4-6 (Los niños que tendrán 4 años
para el 31/12/17 son elegibles para T-Ball)**

Una edad de béisbol 7

AA Baseball Age 8

AA Softball Edades 7-8

Béisbol y Softbol Edades 9-12

**Béisbol / Softball 50/70 Jr. y Sr. Leagues
De 13 a 16 años**

**Los equipos se formarán pronto
¡así que regístrese ahora! Por favor vaya a**

Nanuetlittleleague.org

(www.nanuetlittleleague.org/Registration)

Registrarse

**También estamos buscando padres para involucrarse
como gerentes, entrenadores y padres de equipo.
¡Es muy divertido para toda la familia!**



Flyers Designed, Printed and Donated by Aidan Press (845) 627-0328