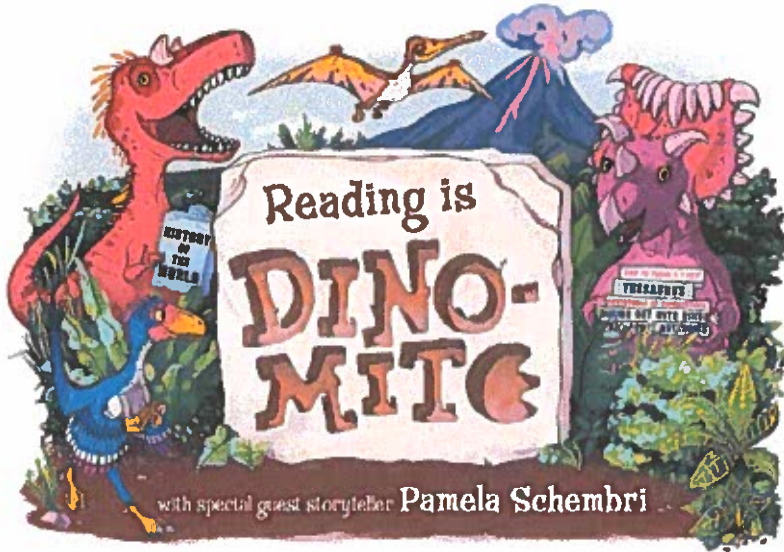


The Nanuet Elementary PTA presents PARP Knight!



*Pick a Reading Partner
and join us!*

**Wednesday, February 13th
George W. Miller Elementary**

6:45PM: check-in

7:00PM – 8:30PM: Dino-Mite events

This event is free but space is **limited!**

The Nanuet Elementary PTA is pleased to announce its 2019 PARP Knight! PARP (Pick a Reading Partner) is a free, literacy-focused, fun-filled program open to George W. Miller and Highview students in kindergarten through 4th grade and their parents or guardians. This year, we invite you to step back in time and read some favorite stories with your child in a prehistoric cave, enjoy a sweet and crunchy snack, take a look and buy a book at the Miller Scholastic bookfair, and be entertained by Hudson Valley's own professional storyteller Pamela Schembri! This is a knight not to miss!

To reserve a spot, please complete the form below and return in an envelope labeled PARP Knight to your child's classroom **no later than Monday, February 11th**. Once we reach the maximum capacity, we will start a wait list. So be sure to sign up, pack a flashlight, a blanket, and some good books and we'll see you on the 13th!



Please note that we are only able to open this program to Miller and Highview students and will not be able to accommodate siblings.

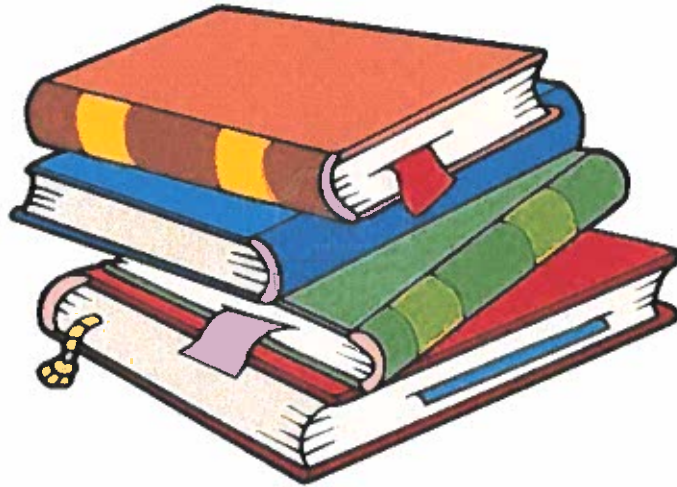
Child(ren)'s Name(s) _____ Class Code(s) _____

Parent's/Guardian's Name _____

Number of Children Attending _____ Number of Adults Attending _____

Parent Email _____ Phone Number _____

Rockland Read-In 2019



All Highview students will be participating in the Rockland Read-In on **Friday, February 15th.**

Please have your child:

- Bring in reading materials.
- Wear comfy clothes.
- Please, no pillows or blankets.



Reminder:
PARP is Wednesday, February 13th at GW Miller.

Let the reading begin!



PARENTING IN THE DIGITAL AGE

Presented by: Dr. Adam J. Pletter

MARCH 14, 2019

Please join us for an exciting and free parent workshop presented by Dr. Adam J. Pletter. Dr. Pletter is an internationally known Child Psychologist and Digital Parenting expert. The workshop will discuss how to keep your child safe and set clear digital boundaries. This informative workshop will include:

- Identifying and understanding apps that your child is using
- Setting restrictions on technology use
- Creating a contract with rules and expectations for your child
- How to use technology to motivate your child

***Read more about Dr. Pletter at iparent101.com**



Hosted by:
Nanuet Family University

Mission Statement: To promote the healthy development of Nanuet students by providing information to youth and families

For:

**Parents/Guardians
in grades K-12**

***Please no children at
this particular event***

Location:

**A. MacArthur Barr
Middle School
Cafeteria**

Time:

6:30-8:30pm

**Homework Pass
incentive**

***Attending this workshop
will grant your child one
free homework pass***

*(Terms of pass to be
determined by teacher)*

SEEN ON



By Developer: Just NBC4, ParentMap, FAMILY COUCH, Chicago Tribune

ParentHawk, Teacher's Bethesda





PADRES EN LA ERA DIGITAL

Presented by: Dr. Adam J. Pletter

14 DE MARZO, 2019

Por favor, únase a nosotros para un emocionante y gratuito taller para padres presentado por el Dr. Adam J. Pletter. El Dr. Pletter es un psicólogo infantil y experto en crianza digital conocido internacionalmente. El taller discutirá cómo mantener a su hijo seguro y establecer límites digitales claros. Este taller informativo incluirá:

- Identificar y comprender las aplicaciones que su hijo está usando
- Establecer restricciones en el uso de la tecnología.
- Crear un contrato con reglas y expectativas para su hijo.
- Cómo utilizar la tecnología para motivar a su hijo.

***Lea mas sobre el Dr. Pletter en iparent101.com**



**Hosted by:
Nanuet Family University**

Declaración de la misión: Promover el desarrollo saludable de los estudiantes de Nanuet proporcionando información a los jóvenes y las familias.

Para:

Padres/Guardianes
en grados K-12

Por favor no traiga sus niños a este evento

Location:

A. MacArthur Barr
Middle School
Cafeteria

Tiempo:

6:30-8:30pm

Pase de tarea
incentivo

**La asistencia a este taller le otorgara a su hijo un pase de tarea gratis **

(Los terminus del pase seran determinados por el maestro)

SEEN ON





What is Rare Disease Day?

Rare Disease Day is dedicated to raising awareness of rare diseases in the general public, policy makers, public authorities, industry representatives, health professionals and anyone who wants to learn. (rarediseaseday.org)

Highview is interested in raising money to donate to ATCP (A-T Children's Project) and the Ehlers-Danlos Society.

The students will be asking their families to pledge for them the money they earn for doing chores around the house or any other way they earn money.

In order for adults to get involved we thought it would be great to wear Jeans on Thursday February 28th and every Friday through the month of February. Wear your jeans and make a donation to the cause.

Why should you participate?

There are currently just over 7,000 rare diseases identified, affecting 30 million people in the US alone. Although these numbers are staggering, what is of even greater concern is that approximately 75% of those affected are children, making this disease category one of the most deadly and debilitating for our country's children. (atcp.org)

If wearing jeans, t-shirts, ribbons and/or pins and collecting \$1 can help save a life...then, why not?



RAREDISEASEDAY.ORG



**THE 23rd ANNUAL NANUET HIGH SCHOOL
5K RUN/WALK and FUN RUN**

to benefit

The Robert McKiernan Scholarship Fund & the Class of 2019

Saturday, March 23, 2019 at 9:30 AM

Rain date: Sunday, March 24, 2019 at 9:30 AM

PLACE: Nanuet Senior High School, 103 Church St., Nanuet, NY 10954

9:30 AM 5K RUN/WALK: mail entries with a completed form and payment (one participant per form please)
- \$20: entries postmarked on or before March 1 (t-shirt included and guaranteed)
- \$25: entries received after March 1 or on race day (t-shirt not guaranteed)

9:00 AM FUN RUN: mail entries with a completed form and payment (one participant per form)
- \$5: entries postmarked on or before March 1 (t-shirt not included)
- \$5: entries received after March 1 or on race day (t-shirt not included)

PLEASE MAKE CHECKS PAYABLE TO: **Nanuet Senior High School**

AWARDS: 5K Run/Walk: Top Male & Female Finishers overall
Top 3 Finishers in All Age Categories
Top 3 Nanuet Staff (new category)
Fun Run: All Fun Run Participants will receive Participant Ribbons

COURSE: 3.1 Mile (5K) Loop course through Nanuet (race starts and finishes at Nanuet Senior High School)
Race timed by **Elite Racing Systems**

RACE TIME: 8:00AM -- 9:15 AM: Check-in for 5K and Fun Run at NHS cafeteria (pick up T-shirt & number)
9:00 AM: Fun Run begins at NHS track
9:30 AM: 5K Run/Walk begins at Nanuet High School
Awards & refreshments immediately following race in the NHS cafeteria

Registration (check all that apply):

5K Run/Walk Fun Run male female Nanuet staff member

Last Name First Name Race Day Age

Address

Birth date Phone number Email address

5K Run/Walk participant t-shirts (guaranteed for all entries received on or before March 1st):
adult size (check one): small medium large x-large x-large

I know that running a road race is a potentially hazardous activity. I should not enter a race unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of bad weather including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone acting on my behalf, waive and release Nanuet Public Schools, the Town of Clarkstown, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence and carelessness of the persons named in this waiver.

Signature or Parent Signature (if under 18) Date

Please return completed form with payment to: Nanuet High School
Attention: McKiernan 5K Run
103 Church Street
Nanuet, NY 10954

 **Form and payment due at Nanuet Senior High School by Friday, March 1st to guarantee a T-Shirt!** 