Exercise your brain
Your child’s brain is like a muscle—the more he uses it, the stronger it will become. Suggest that he give his brain a workout with activities like using his nondominant hand to throw a ball or to color. Learning to speak a foreign language or play a musical instrument are also known brain boosters.

If your youngster qualifies for free or reduced-price meals, your family may also be eligible for low-cost internet. Contact local internet providers to find out. In addition, most libraries have computers with internet access. Your child can use them to do research for school or to look up topics she’s curious about.

Stage a talent show to help family members appreciate one another’s skills. Each person can choose something he likes to do (singing, juggling). Encourage practice time, and choose a night for your event.

"The world is round so that friendship may encircle it." Pierre Teilhard de Chardin

Teacher: Jill, name four members of the bear family.

Mom, dad, sister, and brother!

Super homework support
Making homework an important part of life at home will show your youngster that her education matters. Letting her work independently will also send the message that you believe in her. Consider these strategies.

Provide backup
Allow your youngster to work on her own, but tell her you’re available if she needs you. Say she’s confused about the directions for an assignment. You could encourage her to reread them slowly or maybe read them aloud to her. If she’s not sure how to approach a math problem, you might look at similar problems together in her textbook.

Give feedback
Point out to your child what she’s doing well—you’ll inspire her to repeat the behavior in the future. For instance, if you notice she started a long-term project the day it was assigned, you could say, “Nice move! Now you have plenty of time to come up with good ideas and do your best.”

Show interest
Glance over finished homework so you know it’s done and your youngster knows you care. Also, look at returned assignments. She might proudly share a nice comment her teacher wrote on her essay. Or if a paper has spelling errors, ask how she can avoid the same problem next time, perhaps by looking up unfamiliar words in a dictionary.

Organization made easy
Good organizational skills will help your child find what he needs—and save time. Try these tips:

Encourage your youngster to help with jobs that teach organization. For instance, have him organize your toolbox. Let him try his ideas, such as grouping together same-size screws or arranging wrenches from shortest to longest.

Point out that staying organized is easier than getting organized. If he cleans out his school desk and his backpack every Friday, those tasks won’t be overwhelming. Idea: He could put sticky notes on his desk and bag that say “Please clean me on Friday!”

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Setting expectations

Andrew always wears his sneakers to PE class and returns his books on library day. Robert sometimes forgets his sneakers and misses out on PE, or he leaves his library books at home and can’t check out new ones.

What’s the difference? Andrew’s parents expect him to keep track of his schedule. Here’s how to set expectations for your youngster.

Discuss in advance. Be clear about what you expect, and remind your child regularly. For example, if you want him to manage his schedule,

Build map skills

This version of hide-and-seek lets your youngster practice finding places on a grid. He’ll have fun working on map skills and spatial reasoning.

1. Draw a grid.
   - Have your child make a grid with 5 rows (labeled A, B, C, D, and E) and 5 columns (labeled 1, 2, 3, 4, and 5). Her grid will represent a room in your home.

2. Add pictures. Next, your youngster should draw furniture or other items in the boxes to indicate their locations in the room. Say your couch is centered along the front wall of the living room. She could draw a couch on her grid across boxes A2, A3, and A4.

3. Hide an object. Take turns closing your eyes while the other person hides something (perhaps a toy car) in the actual room. Then, place a penny on the grid to show where you hid the item. If you put the penny on A3, your child might figure out that the toy is under the center of the couch.

After-school activities: Find a balance

My fifth grader, Alicia, was already in Girl Scouts and the school science club when I agreed to sign her up for martial arts. Before long, she started coming home too tired to do homework, and she had little time to play.

Alicia and I realized she needed to cut back on her extracurricular activities. She wasn’t thrilled, but I explained that school comes first—and that she would enjoy each activity more if she weren’t juggling so many. We talked about what to drop. She wanted to stick with her friends in Girl Scouts, and she loves the experiments she does in science club. In the end, she decided martial arts would be the one to go.

Alicia has more time for homework and play now. And maybe she can try martial arts next summer when school is out.

How to talk about lockdown drills

Q: My son came home anxious about a lockdown drill they did in school. How should I discuss this with him?

A: Lockdown drills help students know what to do in an emergency that requires them to shelter inside the school. Explain to your son that his teacher and principal want to keep him and his classmates safe. That’s why the school holds drills to prepare the children for situations like intruders, fires, tornadoes, or earthquakes. Although it’s scary to think about emergencies, having a plan can make him feel more in control.

Ask your son to name other ways we stay safe, such as wearing a seat belt in the car, looking both ways before crossing the street, or going indoors during a thunderstorm. He’ll realize that he knows how to do a lot of things that help to protect him.

Note: If he continues to feel anxious, contact the school counselor for advice.
Nanuet Elementary PTA
2018 - 2019 Membership Registration

Please consider joining us and making a difference in your child’s educational experience! Our children benefit tremendously when families get involved with the PTA. Your membership dues help fund a wide variety of fun and engaging programs and events for all the students at George W. Miller and Highview Elementary throughout the school year:

Author Visits - Character Building Assemblies
Cultural Arts Assemblies - Family Nights - Halloween Happenings
PARP Night - 2nd Grade Celebration
4th Grade Fun Day and Moving-Up Ceremony - 4th Grade Yearbook
Welcome Back Family Picnic - and more!

To become a member, complete the registration form and return it with payment (cash or check) to your child’s class in an envelope labeled PTA Membership. Make checks payable to Nanuet Elementary PTA. You can also visit nanuetelementary.com and purchase a membership in our store. We greatly appreciate your support!

$25 Family  $15 Individual

Name(s)  
(For Family membership, include all parent/guardian names.)

Address

Phone #

Email*  
*For Family membership, be sure to provide an email address for each member in order to receive a NYS PTA membership eCard.

☐ Check if you would like to receive email updates on upcoming PTA activities.

Child’s Name – First and Last  Class Code


If you would like to be added to our Facebook page, please provide your Facebook Name:
A percentage of all family dinners sold between October 15th and October 19th will benefit the Nanuet Elementary PTA. No need to make dinner, delicious food and supporting a good cause – how can you beat that??

Luigi O'Grady's
Deli & Catering

FAMILY DINNERS - $29.99 EACH

MON-FRI ONLY
Order by 11am and pick up after 3pm
Each dinner feeds 2 adults and 2-4 children, NO SUBSTITUTIONS

#1 – Chicken Parm and Penne Vodka with Garden OR Caesar Salad, Bread and Butter

#2 – 12pc Fried Chicken (3pc each Breast, Thigh, Leg, and Wing) with Mashed Potatoes and Gravy, Corn and Mac & Cheese

#3 – Eggplant Rollatini with Spaghetti Marinara, Garden OR Caesar Salad, Bread and Butter

#4 – Meatloaf with Gravy, Mashed Potatoes, Peas & Carrots, Garden OR Caesar Salad, Bread and Butter

#5 – Spaghetti with Meatballs, Garden or Caesar Salad, Bread and Butter

#6 – Chicken Marsala OR Chicken Francaise with Rice Pilaf, Grilled Vegetables, Garden OR Caesar Salad, Bread and Butter

***Orders for #1 & #5 will now be accepted until 3PM***

(THIS ONLY APPLIES TO THOSE OPTIONS AND WE NEED AN HOUR PREP TIME FOR THOSE PLACED BETWEEN 2PM-3PM)
Please be advised we will be working at the following crosswalks on Main Street/Middletown Road, Nanuet starting the week of October 15, 2018 weather permitting. Work hours are expected from 7:30am to 5pm.

The traveling public will experience some minor delays while this important roadwork is done. Please remember to drive slowly and cautiously and pay attention to the traffic control personnel in and around work zone areas.

Thank you for your cooperation.

If you have any questions about this program, please contact the Rockland County Highway Department at 845-638-5060

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<thead>
<tr>
<th></th>
<th>Crosswalk Stamping</th>
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<tbody>
<tr>
<td>1</td>
<td>Crosswalk south of Main Street/Entrance to Stop-n-Shop</td>
</tr>
<tr>
<td>2</td>
<td>All four(4) crosswalks at Main Street/First Street Intersection</td>
</tr>
<tr>
<td>3</td>
<td>All four(4) crosswalks at Main Street/Prospect Street/William Ave Intersection</td>
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<tr>
<td>4</td>
<td>All four(4) crosswalks at Main Street/Orchard Street Intersection</td>
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<tr>
<td>5</td>
<td>Three(3) crosswalks at Main Street/Middletown Rd/Church Street Intersection</td>
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<tr>
<td>6</td>
<td>Two(2) crosswalks at Main St/Old Middletown Rd/Middletown Rd Intersection</td>
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