REMINDER TO PARENTS

When your student is going to be absent for any reason you should notify the school. Absences can be reported by calling the main office at 845-627-3460 or the nurse’s office at 845-627-3490.

**New York State Law requires schools to maintain records of student attendance and student tardiness. In addition to calling the school, we also need a written note stating the reason for the student’s absence.

Thank you for your cooperation.

Nancy Bonner
Principal
In charge of me

If your child knows how to manage his emotions and behavior, he'll do better at getting along with others and handling the ups and downs of everyday life. These skills, in turn, can make him more successful in school and at home. Help your youngster take charge of himself with these ideas.

Encourage self-control
● Play games that require your child to think before he acts. For instance, try Red Light, Green Light. Name a way for him to cross the room or yard (skip, hop, tiptoe). He'll have to resist the urge to move unless you give him the “Green light” and make himself stop when you say “Red light.”
● Tell your youngster what you expect before heading into situations that are hard for him. Maybe he tends to put random items in the grocery cart. Describe what you want him to do instead, such as getting permission before taking groceries off a shelf. Then, let him know you notice when he does what you asked.

Be a coach
● Ask questions or make gentle suggestions when your child is frustrated. Say he's upset because he can't solve a math problem for homework. You could ask, “Where could you find help?” Or recommend that he take a break or temporarily switch to another assignment.
● Talk about how you deal with your own feelings. You might say, “I'm aggravated about this notice from the cable company. I'll call customer service once I've had a chance to calm down.”

Play it safe
Visiting playgrounds gives your youngster a chance to be active and social. Keep her safe with these precautions.

Supervision. Watch your child closely as she plays. Or consider taking turns with a neighbor who has kids—that gives your youngster the added benefit of having a playmate.

Equipment use. Remind her to go down the slide instead of up it and to swing from monkey bars rather than climbing on top of them. Also, she should stand or walk a safe distance away from swings that other children are using.

Note: Tell your youngster never to chase after a ball that rolls into the street. She can ask you or another adult to get it for her.
Kindness: Spring into action

Being kind is always in season—and it can give your child a more positive outlook and help her think of others. Try these tips for encouraging kindness.

**Surprise, surprise!** Together, brainstorm ways your youngster could surprise someone with kindness. She might leave a cheerful message for a neighbor (“You brighten my day”) with sidewalk chalk and sign her name. Or perhaps she'll make a list of things she admires about a sibling and put it where he will find it. At school, maybe she'll let a classmate go ahead of her at the water fountain.

**Reach out.** As a family, think about how to show kindness in your community. Deliver Meals on Wheels, and have your child decorate place mats to include. Or save spare change in a jar—when it's full, buy crayons and coloring books from the dollar store and donate them to a children's hospital.

**A passion for hobbies**

Having a hobby gives your youngster a productive way to spend free time while building skills he can apply in school. Encourage him to develop a hobby with this advice.

**Find a good fit**

Notice what your child is interested in. If he likes putting on puppet shows or building things, look for supplies at home or visit a craft store. He might discover odds and ends to make a puppet theater or discover a robot-building kit.

**Provide opportunity**

Make sure your youngster has time to explore his hobby—limiting screen time can help! Also, give him a portable container for storing supplies or his collection of trading cards or stamps. He'll have an easy way to enjoy his hobby wherever he goes.

**Boost knowledge**

Suggest that your child read books or watch how-to videos. A hobby shop may offer free classes. Or the school, library, or community center might have a club or class related to his hobby.

**How to give effective feedback**

My third grader, Jack, gets speech therapy to help him say his Rs. His therapist shared ideas for giving him feedback when I work with him at home—and her suggestions are useful for more than just speech practice.

First, she recommended that I be specific so Jack knows exactly what he did well. I might tell him, “You said your Rs correctly at the beginning and the end of river.” I've been trying out the therapist's advice in other situations, too. Recently, I said, “It was nice of you to help your brother reach the toy,” instead of, “You're a good brother.”

I also encourage Jack by being positive. When he mispronounces a word, I'll say something like, “You've almost got it! Try again.” That strategy also comes in handy when he wipes down the kitchen table but leaves a few crumbs, for example.

The more I use these techniques, the more natural they feel. Jack's speech is improving, and I feel like my parenting is, too.

**Reading between the lines**

**Q:** My daughter’s teacher said the class is learning to make inferences—or, as Sadie explained it, “read between the lines.” What are fun ways to work on this at home?

**A:** Try using everyday situations to let your child practice inferring. You might have family members put umbrellas and rain boots by the door before bed and ask, “What can you infer?” (It's supposed to rain tomorrow.) Or set out a colander, and boil a pot of water. She might infer that you're making macaroni for dinner.

When your daughter makes a statement like “The dog sure doesn't like thunder!” say, “How can you tell?” She may point out that he hides under the table or is glued to your side during storms.

Ask these same questions when you read together: “What can you infer?” and “How can you tell?” Her real-life practice is sure to come in handy.
INFO BITS

Open-door angles
Doors in your house are the perfect place for hands-on practice with angles. Take turns opening or closing a door and asking, “Acute, right, or obtuse?” Partially open a door, and it’s an acute angle. Open it straight out, and it’s a right angle. Open it wider, and it’s obtuse.

Habitat for rent
Help your child think about what animals need to survive (shelter, food, water). Then, have her choose an animal (monkey) and write a classified ad for a home that will meet its needs. Example: “Tall tree in a tropical rain forest. Large river nearby for drinking. Plenty of leaves, fruit, and insects to eat.”

Book picks
2. Learning about the solar system is fun when planets tell the story themselves. Dan Green’s Astronomy: Out of This World! contains fascinating facts and details along with cartoon illustrations your youngster is sure to love.

Fractions of fun

Understanding fractions is much easier when your child can visualize them. Here are ideas to help her see—and use—fractions.

Keep a diary
Show your youngster that fractions are a part of everyday life. For a week, have her record and illustrate each one she notices. For instance, she might write, “We had a half day of school today.” or “Mom asked for 1 ½ pounds of turkey at the store.” How many examples can she find and draw?

Play a game
Have each player cut a sheet of construction paper into six horizontal strips. She should leave the first one whole and then cut the second one in half (fold it, and cut along the fold), and the others into thirds, fourths, sixths, and eighths. With bits of masking tape, label a die: ½, 1, 1, ½, ½, and “wild.” To play, roll the die, and lay the matching piece of paper on your whole strip (for “wild,” choose any piece). The goal is to be the first one to fill your strip without overlapping any pieces (example: ½ + ½ + ½ = 1 whole strip).

Put in order
Together, make a set of fraction cards, with one fraction per index card (⅓, ½, ⅔, 1, 1⅓, ⅓, 1⅔, 1⅓, 2). Shuffle the cards, and see how quickly your child can put them in order. Then, while she closes her eyes, lay the cards in order but leave out a few. Give her the missing cards, and have her put them where they go.

Look at me!
Help your youngster learn about the science of optics with this mealtime activity.

1. Have him look at himself in a clean spoon. What happens if he looks in the bowl of the spoon? (He’s upside down.) What happens on the other side? (He’s right side up.)
2. Next, have him bring his finger toward the spoon and watch what happens on each side. The bowl (the concave side) will magnify his finger, or make it look larger. The back (the convex side) will make his finger look smaller. Ask your child how scientists might use this information to make eyeglasses, cameras, or telescopes.

Tip: He can remember which side is which by thinking of concave as “caves in.”