

Why contact your child's School Counselor...

If your child is experiencing difficulty with any of the following:

- Family changes (divorce, death, new sibling)
- Home stressors
- Peer relations
- Healthy decision-making
- Feeling overwhelmed or stressed
- Self-esteem

A School Counselor may meet with students about...

- Behavioral issues
- Attendance/Tardiness
- Friendship Problems
- Anxiety/Worries
- Organization
- Self esteem
- Problem solving

Highview Elementary School

“Kindness Is The
Key To
Everything”



HIGHVIEW ELEMENTARY SCHOOL

School Counseling Program
2015-2016



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There are many supports that a School Counselor implements within the school setting.

The #1 goal is to advocate for the overall development of the child which includes the academic, social and personal aspects and to promote a collaborative relationship with parents, students, community and faculty.

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Individual Counseling

Individual counseling is available to all students to discuss academic, personal, and social issues. School counseling is not therapy but rather brief, short term support for a student during a stressful situation that may be affecting their academic achievement and focus in school.



Small Group Counseling

Small group counseling offers the opportunity for students to learn and talk with each other in a safe and fun environment.

Possible group topics may include:

- Banana Splits (changing families)
- From Hot to Cold (anger mgmt.)
- The Friendship Club (making and keeping friends)
- Good Grief (death and grief)
- Magic Club (self-esteem and confidence)
- New student groups

Large Group/School Wide Character

Developing Counseling Programs

- Bucket Filling
- Kelso's Choices- Conflict Management Program
- Kindness Ambassador Program
- Career Awareness *****

Further supports include:

- Community Service Outreach
- Consulting with outside therapists/agencies
- Developing positive behavior support plans to be used in school and for use at home
- Parent Meetings to address concerns and formulate a plan to help your child be successful.