# May & June Highview Parent Events

## May

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 7</td>
<td>Tuesday</td>
<td>Highview H Games (Raindate: May 8)</td>
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<tr>
<td>May 7</td>
<td>Tuesday</td>
<td>7:30 PM Board of Ed Meeting – HS</td>
</tr>
<tr>
<td>May 9</td>
<td>Thursday</td>
<td>6:30 PM Incoming Grade 3 Parent Orientation</td>
</tr>
<tr>
<td>May 13</td>
<td>Monday</td>
<td>7:30 PM PTA Meeting – Miller</td>
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<tr>
<td>May 17</td>
<td>Friday</td>
<td>10:00 AM Grade 3 String Performance</td>
</tr>
<tr>
<td>May 21</td>
<td>Tuesday</td>
<td>7:30 PM Grade 4 Spring Concert - HS</td>
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<tr>
<td>May 21</td>
<td>Tuesday</td>
<td>7:30 PM Board of Ed Meeting – HS</td>
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<tr>
<td>May 27</td>
<td>Monday</td>
<td>Memorial Day – School Closed</td>
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</tbody>
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## June

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<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>June 4</td>
<td>Tuesday</td>
<td>7:30 PM Board of Ed Meeting – HS</td>
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<tr>
<td>June 7</td>
<td>Friday</td>
<td>Grade 4 Fun Day – OEC (Raindate: June 10)</td>
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<tr>
<td>June 11</td>
<td>Tuesday</td>
<td>7:30 PM PTA Meeting – HV</td>
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<tr>
<td>June 14</td>
<td>Friday</td>
<td>Grade 4 Cardboard Challenge</td>
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<tr>
<td>June 18</td>
<td>Tuesday</td>
<td>7:30 PM Board of Ed Meeting – HS</td>
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<tr>
<td>June 24</td>
<td>Monday</td>
<td>9:45 AM Grade 4 Moving Up Ceremony</td>
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<tr>
<td>June 25</td>
<td>Tuesday</td>
<td>11:35 AM Early Dismissal</td>
</tr>
<tr>
<td>June 26</td>
<td>Wednesday</td>
<td>10:05 AM Early Dismissal</td>
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The 2019 “H Games” Are Coming!

Highview’s “H Games” will take place on Tuesday, May 7th. The rain date for the event will be Wednesday, May 8th. During the “H Games,” 3rd and 4th graders will take part in a series of challenging athletic events. Both grades will participate, with their entire class, in a fun-filled day that culminates this year’s physical education program. The “H Games” are not intended to be a day of competition, but rather a chance to participate in challenging events, both indoors and outdoors, and reflect on the skills and teamwork that have been taught all year long.

The 4th Grade will participate in the morning session. Fourth Grade events begin at 9:30am and end at approximately 11:15am. The 3rd Grade will participate in the afternoon session. Third Grade events begin at 12:30 p.m. and end at approximately 2:15p.m. *In the event of using the rain date, the 3rd grade will participate from 9:30am – 11:15am and the 4th grade will participate from 12:30pm – 2:15pm.

Please make sure your child dresses appropriately for the “H Games”. We recommend comfortable athletic apparel and sunscreen. Sneakers are required to participate. Please be sure to check the weather report as it can be extremely hot or un-seasonably cool in May. **We are requesting that all students bring some type of water bottle clearly labeled with their name.** We would like to reduce the trash created by using cups this year. Water stations will be provided near the outdoor portions of the games, to refill water bottles when necessary.

**Parking Announcement:** Please park at the Grace Baptist Church North lot adjacent to Orchard Street. Please DO NOT park at the Grace Baptist Church nearest Highview School. Your attention to this request is greatly appreciated.

Sean Barron & Jaime Feinberg
Highview Elementary Physical Education

*PLEASE REMEMBER TO PACK A WATER BOTTLE!*
Summer learning traditions

Your child has spent the entire school year learning new things. Help him hang onto that knowledge, and learn even more, by starting summer traditions like these.

**STEM Olympics**
Boost your youngster's STEM skills with a series of household engineering competitions. For the first contest, each person could build a catapult with craft sticks and rubber bands. See whose catapult can launch a ball the farthest. Next, maybe family members will compete to engineer a boat that carries the most pennies without sinking.

**Family celebrations**
Have your child use math to plan special events, such as an Independence Day cookout. Give him a budget, and let him look through grocery and dollar store flyers for the best prices on ingredients and supplies. He should list items and prices, and add up the total. Next, perhaps he'll host a National Ice Cream Day party on July 21 or a back-to-school celebration the last weekend of summer break.

**Reading pals**
For a fun way to stay in touch—and practice reading—help your youngster find a relative to be his reading pal. Maybe he and his grandfather will take turns reading chapters of a novel via video chat. Or record a video of your youngster reading a book to send to a younger cousin. The little one can do the same to show her big cousin how she's learning to read.

Let's limit screen time
For a healthier body and mind, your youngster needs to fill her days with something other than screen time. Here's how to encourage physical activity and real-life interactions:

- Decide on a daily screen time limit that is right for your family. Then, create rules to enforce the limit, such as "Play outside every day" and "Screen time ends at least one hour before bedtime."
- Be a role model by putting away devices yourself. For example, avoid using your phone when you're talking to or playing with your youngster. Or turn off the TV, and announce that it's time for a walk together.
Beyond please and thank you

Whether your child is at home, in public, or at someone else’s house, using good manners shows respect for others. Consider these tips.

**Acknowledge visitors.** Explain how to welcome guests. If your youngster is playing a game and people visit, they should stop and chat.

**What’s in the newspaper?**

A newspaper brings plenty of learning opportunities to your youngster’s doorstep. Take advantage of the paper with these activities.

**Alphabet grab bag**

Let your child cut out individual letters from headlines and use them to spell as many words as possible. He might also make sentences using uppercase and lowercase letters.

**Comic relief**

Your youngster can put events in a logical sequence with this idea. Cut out comic strip panels, mix them up, and ask him to arrange them in the right order. For a bigger challenge, mix up panels from several comic strips for him to sort and put in order.

**Picture this**

Have your child practice critical thinking. Cut out a newspaper photograph and show it to him without the caption or article. Can he figure out what the article is about? He could write a caption for the photo, then read the article to see if his caption makes sense.

**Q & A**

**Q:** My daughter loves music class in school. She said she’ll miss it this summer. Any ideas for “music class” at home?

**A:** It’s great that your child likes music. In addition to bringing lifelong enjoyment, music can improve math and language skills by helping her recognize patterns and build vocabulary.

Luckily, music is everywhere. Explore styles by listening to different radio stations in the car. Or let her ask your smart speaker to play everything from rock and jazz to classical and bluegrass. Encourage your daughter to discover favorite genres and songs and to sing and clap along.

If your community has a summer concert series, plan to attend a few shows together. She’ll get to see and hear a variety of instruments—not only guitars and drums, but perhaps banjos, bagpipes, or accordions.

Also, check the parks and recreation department for low-cost music classes. Maybe she’ll learn to read music, sing harmonies, or even play the ukulele.

**Musical experiences**

Likewise, let her know to acknowledge when they leave by walking them to the door and saying goodbye.

**Share public spaces.** When you use an escalator, you might say to your child, “We’re standing on the right side. The left side is for walking.” Or while waiting for the elevator, you could tell her, “Let’s step back so people can get off before we get on.”

**Answer politely.** “Would you like pretzels or grapes?” When your child is offered options at someone else’s house, she may think it’s good manners to reply, “Either one.” Point out that it’s more helpful for the host if she says what she wants. (“I’d like grapes, thank you.”)

**Parent to Parent**

Appreciating teachers

During a recent PTA meeting, parents were brainstorming low-cost gift ideas for Teacher Appreciation Week May 6–10. I wanted my son Aiden to recognize what his teachers do for him, so I wrote down the suggestions for him to choose from.

My son decided to put candy, pencils, and sticky notes into a jar for his classroom teacher. On the pad's top note, he wrote, “Thank you for teaching me to write!” Since his art teacher’s favorite color is yellow, he’s making her a yellow-themed goody bag with dollar store items—including highlighters with a note saying, “You shine bright!”

Aiden is enjoying putting together the gifts. He can’t wait to hand them out and express his appreciation.