Short Notes

Put memory to work
Many card games build working, or short-term, memory. This kind of memory lets your youngster remember and use information he learned recently. Play Go Fish or Crazy Eights together. By keeping track of which cards have been played, your child will make better moves!

Taking the lead
You may have heard the phrase “a born leader.” But leadership skills, such as speaking up and taking initiative, can be learned. Encourage your youngster to practice during group projects. For example, she might suggest a way to divide up tasks or offer to give the introduction during the group's class presentation.

Busy parents can volunteer
Whether you have a little time or a lot, you can pitch in at your child's school. Ask teachers and PTO or PTA officers for ways to volunteer that fit your schedule. Maybe you'll listen to students read for 20 minutes during your lunch break or compile families' book catalog orders on the weekend.

Worth quoting
"If opportunity doesn't knock, build a door." -Milton Berle

Just for Fun
Q: What does Wednesday have that no other day of the week has?
A: The letter W.

Smart discipline
Disciplining your child is all about guidance.
You're training her to follow rules and behave in an acceptable way—without your nagging or yelling. Consider these strategies to make discipline easier and more effective.

Stay positive
Rather than telling your youngster what she can't do, try explaining what she can do. Instead of "Don't shove your brother," you might say, "Keep your hands to yourself, and politely ask Billy to move out of the way." Giving your child clear instructions will inspire her to cooperate.

Watch body language
When you correct your youngster, speak face-to-face rather than calling to her from across the room or another part of the house. You could get down on her level, gently touch her shoulder, and speak softly. Sensing that you're in control of yourself will keep her calm so she focuses on what you're saying.

Be consistent
If your child breaks a rule, announce a consequence right away. This helps her see cause and effect. For example, if she eats in the living room and that's not allowed, ask her to vacuum up the crumbs right away. Tip: Being consistent with consequences shows that you're serious. If she knows you won't change your mind, she'll be better about sticking to the rules.

Engineering at play
Every time your youngster has fun on the playground swings, he has engineers to thank! Let him explore engineering for himself by constructing a play swing set.
He might use craft sticks for the frame, yarn for the chains, and cardboard for the seat.
How could he make a swing that gives a longer “ride”? Suggest that he adjust the length of the “chains,” and then test it each time. He can set a timer for one minute, pull back the seat, and count the swings per minute. What does he notice? (The shorter the chains, the more swings per minute.)
"I love to learn"

Children devote more energy to learning when they're motivated. These ideas will boost your youngster's thirst for knowledge.

**Show enthusiasm.** Tell your child what you learn. ("I found out that about 90 percent of the world's population lives in the Northern Hemisphere!") Also, ask him to teach you information he learns in school. If he's studying nocturnal animals, he might explain to you why his hamster runs on its wheel at night. He'll see learning as an everyday activity for kids and grown-ups, and your attitude will be contagious.

**Inspire curiosity.** Express interest when your youngster poses questions. If he asks why we get the hiccups or whether owls really are wise, you could say, "That's a good question! Let's find out together." Then, help him look up the topic in a library book or online. When you discover the answer, encourage him to share it with friends or relatives so they can learn more, too.

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**ACTIVITY CORNER**

**Frosty science**

With this experiment, your child can see frost and learn why people sprinkle salt on icy sidewalks and roads.

**How?** Have your youngster rinse out two empty soup cans, remove the labels, and fill each can halfway with ice. She should stir \( \frac{1}{2} \) cup salt into just one can and set both cans aside.

**What happens?** After 10 minutes, she'll notice frost on the "salty can" and water on the other one.

**Why?** Salt lowers the melting point of the ice, so the can with salt gets colder than the other can. When water in the air condenses onto the cans, it froze into frost on the one with salt. That's why salt is useful in winter—it melts snow and ice, making it safer to walk or drive.

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**Q & A**

**Grit: A family challenge**

**Q:** My son wanted to learn to ice skate, but he changed his mind after he fell one time. How can I teach him not to give up when something is tough?

**A:** Children (and adults) may believe they should be able to easily do whatever they try right away. Understanding that setbacks are normal will help your son develop grit, or perseverance toward long-term goals.

Talk about times when you were successful even though you struggled at first. Maybe you were afraid to put your face in the water but you learned to swim by taking lessons and working hard to overcome your fear.

Then, consider having a "family grit challenge." Each person can choose one thing to tackle that is hard for him and requires persistence, such as following a fitness routine or cutting back on screen time. Compare notes after a month, and then set your next goal!

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**PARENT TO PARENT**

**Making a difference**

I wanted my daughter, Charlotte, to learn about the importance of helping our community.

While grocery shopping one day, we saw a sign announcing that each customer could pick a favorite charity for the store to support. I let Charlotte choose, and she decided on a nonprofit that benefits kids with cancer. Now every time we buy groceries, she reminds me that we're helping sick children.

That led us to think of other ways kids can make a difference. Recently, we decided to bake brownies and take them to the fire station. I explained that this would show appreciation for the hard work that firefighters do.

Charlotte felt proud when the firefighters thanked her. I realized that the more ways we can find to serve our community, the more likely it will become a habit as she gets older.
Dear Friends,

For the 19th year, the Nanuet school community will be working on an exciting project during the holiday season.

We are going to select letters sent to People to People from needy Rockland County families and then shop at local stores to buy clothing and toys for the children we “adopt”. In addition to doing a good deed, the students in the Life Skills Class will get a real lesson in shopping on a budget. This year, more than ever, so many families in Rockland County are in dire need of help!

Last year, with the support of friends and the entire Nanuet Community, we collected over $5,000.00 in cash and gifts! We were able to purchase clothing and toys for 35 children. Each child also received a hat, a pair of gloves, and socks and underwear donated by the students in grades K-8. We were able to deliver a warm coat for everyone who asked for one. Also, everyone who needed sheets, blankets and towels were so happy to receive them.

For the last 13 years we have been able to give each family a gift basket loaded with toiletry items for their homes. The baskets are put together by students in classes 4KM, and 4AM using the items donated by students at Highview, as well as staff and families from all 4 buildings in the Nanuet school district. Donations of all toiletry items are needed since families can’t use food stamps to purchase them.

How can you help?

Donate new toiletry items to classes 4KM and 4AM at Highview!

Donations of the following items would be greatly appreciated:

- soap, shampoo, conditioner, deodorant, laundry detergent, band aids, Q-tips, socks, shaving cream, toothbrushes, toothpaste.

Thank you so much for your help with this worthy community effort!

Sincerely,

Classes 4AM and 4KM
4KM and 4AM's

Bagel Sale

November 9, 2018
Bagels are $1.00.
Cream cheese or butter

Return slip to school no later than November 5th

Money collected will be donated to People to People 'Project Joy'

Name ____________________ Class code __________

Cream cheese or butter
Dear Friends,

For the 19th year, the Nanuet school community will be working on an exciting project during the holiday season.

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**How can you help?**

- By making a donation to help us shop for the children we adopt. Your donation can be cash or a check made out to: **Nanuet Union Free School District**. Please write “People to People” on the memo line.
- By donating new toys or clothing.
- By donating any new toiletry items.
- Participate in one of our fund raisers.
- Visit the School Store and give a “Helping Hand” by selecting smaller items from a child’s Wish List

Please return donations to **Nancy Logan @ Nanuet Senior High School** by Monday, **November 26th** (right after Thanksgiving). Contributions can also be mailed or dropped off in the Main Office of the high school – Attention: Nancy Logan.

Thank you so much for your continued support!

Sincerely,

Nancy Logan
Volunteers Needed!

Calling all Highview and Miller Parents

We are in need of volunteers for Highview's Book Fair

Friday Nov. 9, Tuesday Nov. 12 – Friday Nov. 16

WE NEED YOU to make this a wonderful experience for your children! Please consider volunteering, even for an hour.

SIGN UP HERE!!

Sign Up with the link below or email Nanuetpta@gmail.com with the dates and times you can help.

https://signup.com/client/invitation2/secure/2526164/false#/invitation

Our Volunteers Brighten Lives

THANK YOU!
The Highview Book Fair will be open for parents to stop by and shop during day parent/teacher conferences from 12:30-3:30 on Thursday November 15th.

Please stop in and browse our Teacher Wishlists and perhaps purchase a book for your child’s classroom, lots of great gift ideas will be available as well for the holidays!

Located on the lower level...
Follow book fair arrows

Email any questions to Ddemersky@gmail.com
Made from the finest ingredients! Just one taste will convince you!

BACK BY POPULAR DEMAND!!

The Nanuet Elementary PTA is running our Annual Thanksgiving/Holiday Carousel Cake Fundraiser. To order, complete and submit the form on the back of this sheet with cash or check (made out to Nanuet Elementary PTA) in an envelope labeled Carousel Cakes or visit our website at nanuetelementary.com no later than November 9th. We will not be able to fulfill orders after the due date. No exceptions!

Pickup for cakes and pies will be Tuesday, November 20th between 4pm and 7pm at George Miller Elementary School. If you can not pick up your orders please make arrangements to have them picked up by someone else. We have no storage so please mark your calendars!!!!

If you have any questions please email Liliana Somma at lillynyc@aol.com or Dena Demersky at ddemersky@gmail.com.

Let's make this fundraiser a success!!!!
**Due November 9, 2018**

**NO SUBSTITUTIONS WILL BE ACCEPTED**

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<td>Apple</td>
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<td>Carrot Spice*</td>
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**Total Due:**

*Note: asterisk indicates a favorite.*

Name: ______________________ Phone: ______________________

Child's Name: ______________________ Class Code: ______________________
Nanuet Elementary PTA
2018 - 2019 Membership Registration

Please consider joining us and making a difference in your child’s educational experience! Our children benefit tremendously when families get involved with the PTA. Your membership dues help fund a wide variety of fun and engaging programs and events for all the students at George W. Miller and Highview Elementary throughout the school year:

- Author Visits
- Character Building Assemblies
- Cultural Arts Assemblies
- Family Nights
- Halloween Happenings
- PARP Night
- 2nd Grade Celebration
- 4th Grade Fun Day and Moving-Up Ceremony
- 4th Grade Yearbook
- Welcome Back Family Picnic
- and more!

To become a member, complete the registration form and return it with payment (cash or check) to your child's class in an envelope labeled PTA Membership. Make checks payable to Nanuet Elementary PTA. You can also visit nanuetelemmary.com and purchase a membership in our store. We greatly appreciate your support!

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<th>$25 Family</th>
<th>$15 Individual</th>
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Name(s)  
(For family membership, include all parent/guardian names)

Address

Phone #

Email*  
*For family membership, be sure to provide an email address for each member in order to receive a NYS PTA membership eCard.

☐ Check if you would like to receive email updates on upcoming PTA activities.

Child’s Name – First and Last  
Class Code

If you would like to be added to our Facebook page, please provide your Facebook Name:
Nanuet Elementary PTA
2018 - 2019 inscripción de miembros

¡Por favor, considere unirse a nosotros y hacer una diferencia en la experiencia educativa de su hijo! Nuestros niños se benefician tremendamente cuando las familias se involucran con la PTA. Sus cuotas de membresía ayudan a financiar una amplia variedad de programas y eventos divertidos y atractivos para todos los estudiantes de George W. Miller y Highview durante el año escolar:

Visitas de autor • Asambleas de crecer como carácter
Asambleas de la Artes Culturales • Noches Familiares • Halloween Happenings
Noche de PARP • Celebración del 2º Grado
Ceremonia de Graduación y Día de Diversión del 4º Grado • Anuario del 4º Grado
Bienvenido de Nuevo Picnic Familiar • y más!

Para hacerse miembro, complete el formulario de registro y devuélvalo con el pago (efectivo o cheque) a la clase de su hijo en un sobre etiquetado como Membresía de la PTA. Haga los cheques a nombre de Nanuet Elementary PTA. También puede visitar nanuetelementary.com y comprar una membresía en nuestra tienda. ¡Estamos muy agradecidos por su apoyo!

$25 Familia
$15 Individual

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*(Es muy importante incluir su Email porque va a recibir una tarjeta de membresía NYS PTA por Email.)*

☐ Marca si quiere recibir noticias por Email sobre próximas actividades PTA.

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<th>Nombre del niño(a) – Nombre y apellido</th>
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Si desea ser agregado a nuestra página de Facebook, proporcione su Nombre en Facebook:
Presentan:

LA CRIANZA PRACTICA DE LOS NIÑOS

Orador: Dr. Najafi de RCPC
Quien facilitará este programa de seis sesiones que enfocará y enforzará el desarrollo de habilidades para padres y/o guardianes

Los Participantes (Padres) aprenderán a:
Permanecer calmados(a) y ayudar a su niño a desarrollar autocontrol
Enriquecer las relaciones con su niño
Reforzar sus conductas positivas de niño
Abrir líneas de comunicación con su niño
Aumentar su propia confianza en sí mismo así como la de sus niños

Matrícula Gratis –Abierta a padres de idioma Español
El Libro “La Crianza Practica de los niños” será proporcionado
Certificados serán concedidos

DONDE: ESCUELA ELEMENTAL- GEORGE MILLER
ELEMENTARY SCHOOL
50 Blauvelt Rd Nanuet NY 10954
CUANDO: Martes en la tarde 6:30PM-8:00 PM
FECHAS: Noviembre 6, 20, 27, Diciembre 4, 11 y 18
*GUARDERÍA: Para reservar un espacio para su niño, favor llamar a los teléfonos:
Rosa Liyim 845-267-2172 Ext.283
Cell 845-570-3459 / Roseanne Mercado 845-627-4889
REGISTRO: Llene el formulario debajo y traigalo con Ud.
El primer día de clases.

Si, me gustaría registrarme para: “La Crianza practica de los niños”
Nombre del Niño: __________________________________________ Edad del niño(a): ________________
Nombre del Padre: ________________________________________ Teléfono #: ______________________

* Si usted necesita guardería, favor llamar a los siguientes teléfonos para reservar un espacio para su niño o niños, / 845-267-2172 Ext.283/845-570-3759 / 845-627-4889