

# 'Buddy Bench' fosters friendship at Highview Elementary School



The BUDDY BENCH was an idea that originated in Germany, brought to the United States by a student Christian Bucks in Pennsylvania. Hundreds of schools around the country have implemented this idea and now it's here, in Nanuet at Highview Elementary School! **The "Buddy Bench" is a simple concept with its main goal: To eliminate loneliness and foster friendships on the playground. Let's spread the message of inclusion and kindness!**

## **BUDDY BENCH RULES**

1. Bench is used for students that are feeling lonely, sad or feel left out and need a buddy to play with.
2. Bench is NOT for resting, climbing, hanging out or pouting.
3. If someone invites you to play or to take a walk and talk, you cannot say no.
4. If 2 children come to sit on the bench, look at each other and ask to play or take a walk together.