Month-by-month learning

How can you keep the learning going while school is out? Try these fun ideas for taking advantage of monthly celebrations!
Your child's skills will stay sharp, and you'll enjoy family time, too.

May
Let your youngster cycle her way to math practice during National Bike Month. Encourage her to set a goal for time spent biking, and then take regular family bike rides. She can create a graph to track her progress. Perhaps she'll make a picture graph and draw 1 bike wheel for every 15 minutes of cycling. She'll be able to calculate her time at a glance.

June
Inspire your child to use persuasive writing during National Safety Month. Together, brainstorm safe behaviors (wear seat belts in the car, stay indoors during thunderstorms). Next, have her make posters with slogans ("Be on the safe side: Buckle up before you ride!"), facts ("Seat belts save lives"), and photos of family members following the rule.

July
Celebrate National Park and Recreation Month by exploring nature. Visit local parks, and have your youngster record her observations and use them to design field guides. Take along paper and colored pencils so she can sketch and label plants and animals, describe streams, or map out trails.

August
Build communication skills with National Radio Day. Challenge your child to "launch" a radio station. She should think about her audience and purpose—who her listeners would be and the type of programming they would want. Now she can develop scripts and record broadcasts!
Gaining life skills

The older your youngster gets, the more he'll be able to do for himself. Teach him basic life skills with these ideas.

**Do tasks together.** Your child may be too young to cook dinner or clean the entire bathroom by himself, but he can move toward doing those jobs by helping you. Give him a task, such as stirring casserole ingredients and pouring the mixture into a baking dish—then you put it in the oven. Or you might scrub the shower while he wipes down the mirror and sink.

**Hand over the reins.** Decide what tasks your youngster may be ready for by thinking about what he can already do. If he knows how to make his bed, maybe you'll teach him to change the sheets. Demonstrate putting on the fitted sheet, tucking in the top sheet, and replacing the pillowcase. The next time, let him try it by himself with you nearby for help. Eventually he'll be ready to do it on his own.

---

**“Escape” puzzles**

Escape rooms, where players have to solve puzzles to get out, are popular these days. Here's a way to bring the idea home for free. The bonus? Your youngster will work on logical thinking as she and her friends play.

1. **Choose a story line.** Each child should think of a “mission,” perhaps one related to a topic they're studying or a book they're reading. Example: “Escape Mars before a dust storm strikes.” She can write the scenario on an index card and place it in a shoebox.

2. **Create clues.** Have each player make up five puzzles to put in her box. For a Mars puzzle, your youngster might circle letters in a magazine article that can be arranged to spell red planet or make a crossword puzzle with words like spaceship and cold.

3. **Escape!** Now the children trade boxes and do the puzzles. The first person to solve all five has “escaped.” After they're all finished, they can make new boxes and play again.

---

**Keep a family journal**

**Q:** I'd like my son to write more this summer. Any suggestions?

**A:** Your son may be motivated to write more if you make it a family event. Consider starting a household journal, and you'll wind up with a record of your summer together!

Place a notebook and a cup of pens or pencils in a visible spot, maybe on the kitchen counter. Ask everyone to write at least one entry per week. You might write about everyday things, such as swinging on a swing set, or special events like an Independence Day parade. Perhaps your child will add pictures to illustrate journal entries. Or he could tape in mementos like ticket stubs and photographs.

At the end of each week, take turns reading entries aloud. When he goes back to school in the fall, your son may want to share your journal with his new teacher. This is a nice way for her to learn something about your child and his family.

---

**PARENT TO PARENT**

**Talk about drugs**

Our local police department held an information night about keeping kids away from drugs and alcohol. My daughter Bella is only 8, so I wasn't planning to attend until a friend asked me to go with her. I'm glad I did.

I found out that it is important to talk to children about drugs early and often. Taking the officers' advice, I went home and brought up the subject in a way Bella could understand. I explained that drugs and alcohol are unhealthy and make it hard for people to do things they enjoy, such as swimming or reading. I also pointed out that these substances are illegal for kids and that if anyone asks her to try them, she should tell me or another adult right away.

Bella promised to say no to drugs. Of course, I know it may not be that easy when she's older and facing peer pressure. But at least the door is open, and we will keep talking about this challenging topic.
Highview's ELO
Extended Learning Opportunities
Session 3

- Please call us when your child will be absent from their class; 627-4889.
- Class will meet once a week for 6 weeks.
- Class begins right after school and ends at 4:30 sharp. There will be an additional charge of $25 for every 15 minutes late.
- Parents are responsible for their child's transportation home.
- Pick up: Please park your car across the street from the school when picking up your child. NO parking in the school's driveway. This is a safety concern.
- Classes will not be held on holidays, days of early dismissal or when school is closed due to inclement weather.
- Parents will be notified by the district's K12 Alert when ELO classes are cancelled due to bad weather or other circumstances. Students will be instructed to go home on their regular dismissal bus at 3:30. It is the responsibility of the parent to have their updated contact information on K12 Alert.
- If classes are canceled for any reason an extra class will be added at the end of the session.
- The School Nurse is not on the premises during ELO. There is no access to any medication that is kept in the nurse's office.
- There are a limited number of spaces available for each class. Please fill out this form & return it to school with a check made out to Nanuet Family Resource Center by April 13, 2018.
- There will be an additional $10.00 late charge for any permission forms received after April 13, 2018. No forms will be accepted the first week of classes.
- Refunds: $10.00 charge for withdrawal prior to the first class, 50% after the first class, no refunds given after the second class.
- If the class your child signs up for is full or cancelled we will notify you. Otherwise assume your child will be attending the class you have chosen.

Please send a note to your child's teacher informing him/her that your child will be staying after school for an ELO class. Please include the name of the class, the day of the week it will be held and the dates of the 6 classes.

- Thank you for your support of the ELO program. Please feel free to call the center with any questions or concerns; 627-4889.
- If you will be picking up students from ELO at Miller & Highview, Please pick up your student at Highview first.

Rose Ann Mercado – Director   Kathy Gregory – Office Manager
rmercado@nanuetsd.org          kgregory@nanuetsd.org
<table>
<thead>
<tr>
<th>Day</th>
<th>Events</th>
<th>Description</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday: Apr 23, 30, May 7, 14, 21, Jun 4</strong></td>
<td>Boys Grip &amp; Rip:</td>
<td>Here we go; it’s that time of year! We have now been playing Grip N Rip, here in Nanuet, for ten years! Join Mr. Goggin and Mr. Pawlyk of Rockin Gamin Parties, in the most awesome game on the planet! <em>Sneakers are a must.</em></td>
<td>$65.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Mr. Pawlyk</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fashion &amp; Jewelry: (8 student minimum)</td>
<td>Classes will make a variety of do it yourself useful projects from scratch. Children can make their own pillows, journals, bulletin board, backpack, cell phone case, carrying tote, t shirt or other projects. Create one of a kind jewelry projects, beading, macramé, clay beads and Jewelry items.</td>
<td>$100.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Young at Art</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Tuesday: Apr 24, May 1, 8, 15, 22, 29</strong></td>
<td>Cool Computers:</td>
<td>Come make a video game with computer animations in scratch. This program with teach students computer programming and coding skills. This after school program will introduce students to valuable science, technology, engineering, and mathematics (STEM) skills. Returning students are welcome. Limited space</td>
<td>$75.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Mr. Corti</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Art Club:</td>
<td>Students will have the opportunity to participate in a variety of Art activities! They will continue to develop their creative skills as they make works of Art. Students will participate in group projects to support our school and community, as well as individually. They will work in a variety of media; paint, paper mache, collage and more! Have fun while learning, and creating Art! Returning students are welcome.</td>
<td>$90.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Ms Cuccia</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Golf:</td>
<td>TGA Premier Junior Golf is bringing the golf course to your school! Learn all aspects of golf, from swing fundamentals to the game’s rules, etiquette and life values, while advancing through a 5 Level Program. TGA maintains a safe, nurturing environment with a maximum 8:1 ratio of students per professional golf instructor. TGA provides all equipment so students need to bring nothing but a smile to each class. Tee it up with TGA and see how much fun playing golf can be! Returning students will be advanced to the next level of instruction. More info at <a href="http://www.playtga.com/rocklandcounty">www.playtga.com/rocklandcounty</a> <em>Sneakers are a must.</em></td>
<td>$120.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: TGA of Rockland</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Wednesday: Apr 25, May 2, 9, 16, 23, 30</strong></td>
<td>Basketball:</td>
<td>Come join us and learn the fundamentals of basketball! Learn how to dribble, pass and shoot like the pros! This program will turn you into a shooting star in no time. <em>Sneakers are a must.</em></td>
<td>$65.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Mr Tully</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Toys &amp; Games: (8 student minimum)</td>
<td>Students will create, design and make their own take home games, including but not limited to Bean bag toss, balloon racers, last peg game, gooney golf, lap top chalk boards, banks, race cars and much more. Dress for the mess class.</td>
<td>$100.00</td>
</tr>
<tr>
<td></td>
<td>Instructor: Young at Art</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Highview's ELO Permission Form Session 3  
Extended Learning Opportunities

Student's Name: ____________________________________________________________
Address: __________________________________________________________________
Grade: ___ Teacher: ____________________
Home Phone Number: ____________ Parent’s Cell Number: _________________
E-mail Address: __________________________________________________________________
Person to Contact in case of Emergency and Phone Number:
____________________________________________________________________________

Does your Student take Medications? Yes_____ No_____  
If yes, please specify: _______________________________________________________

Does your Student have any medical problems, allergies, or disabilities?  
Yes_____ No_____ If yes, please specify: ________________________________________

Are there any restrictions of student’s physical activity? Yes_____ No_____  
If yes, please specify: _______________________________________________________

*Please Note: There is no nurse in the building during ELO. We do not have access to any  
child’s medication that might be in the Nurse’s office.

I give permission to use my child’s photograph for publicity for this program.  
yes with name____ yes without name____ No____

*Please Note: Every family that registers a student for an ELO class must be on the district’s  
K12 Alert. This is how parents will be notified when ELO classes are cancelled due to bad  
weather or other circumstances. Please indicate your choice below for dismissal.

_____ If ELO classes are cancelled my child is to take his/her regular bus home.  
_____ If ELO classes are cancelled I will pick my child up as a walker

*Please make checks payable to: Nanuet Family Resource Center.
*Please note $10.00 late fee for permission slips received after April 13, 2018.
* Refunds: $10.00 charge for withdrawal prior to the first class,  
50% after the first class, no refunds given after second class. Thank you.

I give my Son/ Daughter________________________ class code ___________ permission to  
stay after school to participate in the following ELO Program.

CLASS: ___________________ DAY/Dates: ___________________ FEE: __________
CLASS: ___________________ DAY/Dates: ___________________ FEE: __________
CLASS: ___________________ DAY/Dates: ___________________ FEE: __________
CLASS: ___________________ DAY/Dates: ___________________ FEE: __________

TOTAL: ______

Waiver: If I am unreachable, I hereby give permission to the staff to obtain proper medical care. In case of injury or illness,  
I agree not to hold FRC, staff or related parties liable and not to make any claims against them. The student’s personal  
insurance company is the primary company on any medical claims.

Parent’s Signature: ___________________________ Date: ______________

Please send a note to your child’s teacher informing him/her that your child will be staying  
after school for their ELO class. Please include the name of the class, the day of the week it  
will be held and the dates the class will run.
If you do not send in a note your child will not be able to stay for their class.
<table>
<thead>
<tr>
<th>Thursday: Apr 26, May 3, 10, 17, 24, 31</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls Multisports:</strong></td>
</tr>
<tr>
<td>Here we go; last year the girls asked for this class, lets keep it going. Gather your friends and come play a variety of different, fast paced, high action games, including the famous Grip &amp; Rip. Join Mr. Pawlyk of Rockin Gamin Parties, in the most awesome games on the planet! <em>Sneakers are a must.</em></td>
</tr>
<tr>
<td><strong>Instructor:</strong> Mr. Pawlyk</td>
</tr>
<tr>
<td><strong>Dance Club:</strong></td>
</tr>
<tr>
<td>Dance Club allows students to experience the wonders of dance and the joy of performing. Students will work on their muscle memory, oral communication skills, self-confidence, and coordination while being exposed to different styles of dance and technique. Ultimately, students will learn to see dance as an art and way of expression. No prior dance experience is required, just come ready to have fun!! Open to boys and girls. Returning students are welcome.</td>
</tr>
<tr>
<td><strong>Instructor:</strong> Ms Laurenzano</td>
</tr>
<tr>
<td><strong>Science Explorers:</strong></td>
</tr>
<tr>
<td>In this Super Science Sampler; explore the world of science with a different fun science topic each week. Students will experiment with super-strong magnets and have a &quot;hair-raising&quot; experience while learning about electricity. They will play tricks on their senses by experimenting with their taste buds and manipulating sound waves. Students will investigate light waves, explore the properties of color, and then baffle their eyes by exploring optical illusions. They will also analyze the amazing properties of polymers and make slime. Take home projects include a periscope, an electric Newtonian color wheel, floating magnets, a static electricity stick, a color-changing &quot;heat sheet&quot; &amp; slime!</td>
</tr>
<tr>
<td><strong>Instructor:</strong> Mad Science</td>
</tr>
<tr>
<td><strong>2018</strong></td>
</tr>
</tbody>
</table>