

January 8, 2018

Dear Parents/Guardians,

What we value at Highview Elementary School is the ongoing support we have from our families. Today, your child participated in a "Goal Setting" assembly. Please discuss and reinforce a SMART GOAL your child will take on (please see reverse side for setting a SMART GOAL).

We will be having a "GOAL SETTING" Counselor Challenge this month where your child will need to access Google Classroom from home/library. Please see the instructions on how to log on below. They will watch a short video and answer the question I posted. Please be sure they include their homeroom at the end of their answer and complete this assignment no later than January 31, 2018. The class(es) that complete this assignment will receive a reward!

Instructions for getting on Google Classroom

- o Go to Nanuet home page (www.nanuetd.org)
- o Go to student links and resources and click on google classroom
- o Sign in with your google account username and password. You must add @nanuetd.net (not org) after your username.
 - o Example- m.lipson@nanuetd.net (username)
 - o Example- school525 (password)
- o Click on Class of 2026 (grade 4) 2027 (grade 3)
- o Watch the short 3 minute video from "Kid President".
- o Scroll down and read Mrs. Lipson's question on goal setting.
- o Scroll to class comments and add yours by answering the question. Please put your class code at the end of your comment.
- o Click post and make sure your comment comes up. If not, try again.

DUE DATE: JANUARY 31, 2018

Sincerely,

Mrs. Bonner *Mrs. Lipson*

Mrs. Bonner & Mrs. Lipson

SMART Goal for _____ Today's Date: _____

S - My SPECIFIC goal: _____

M - How will I MEASURE my progress? _____

A - This is an ACHIEVEABLE goal

YES because these are the things I can do to achieve it

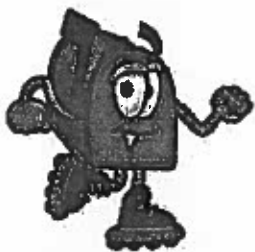
NO, I do not think so because

R - This is a REALISTIC goal because _____

T - I will achieve this goal in a TIMELY manner!

I will achieve my goal by January 31st, 2018 (measure of time).



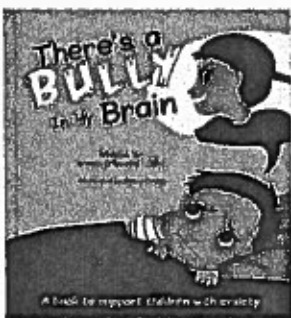


Counselor Mail



Dear Parents/Guardian,

On January 12TH, we will be hosting an assembly in which Kristin O'Rourke, LCSW and author of the children's book, *There's a Bully in my Brain* will be reading to and chatting with our students. Kristin O'Rourke, owner of In-Home LCSW, is a Clinical Social Worker with over fifteen years of experience supporting children with anxiety disorders. Her book, *There's a Bully in My Brain*, teaches children to recognize early warning signs of worries and anxiety and introduces them to simple, concrete and realistic exercises they can use to overcome it.



If you would like to purchase an autographed copy of the book, please fill out the form below and include cash payment or check of \$15.00 made out to Nanuet Elementary PTA

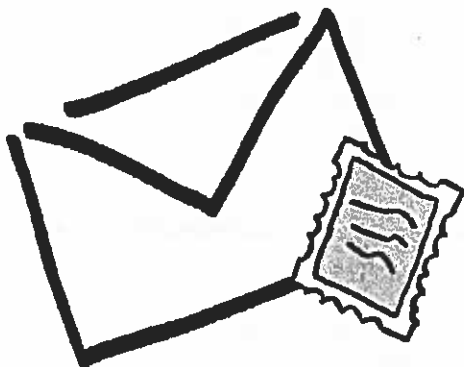
30% of book proceeds will be donated to our school's PTA.

Thank you,
Nancy Bonner, Principal

Melissa Lipson, School Counselor

**PLEASE SEND BACK IN A SEALED ENVELOPE ADDRESSED TO
MRS. LIPSON BY FRIDAY, JANUARY 6TH**

Student's Name _____ Grade _____ Teacher _____
Parent's email address _____ Tel # _____
Number of books _____ Total \$ _____
(Please check one) Check _____ Cash _____





KNIGHTS BASEBALL SPIRIT STORE



Cooperstown Fund Raiser!

Proceeds from this sale will be used to offset our players cost to compete in a once in a lifetime Cooperstown Tournament this summer!!

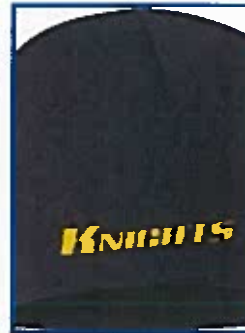
Fundraising Items



"Camo Hex" Performance Hood \$48 each with optional Monogram \$5.50



"Camo Hex" Performance Sweatshirt with Hood \$48 each



Embroidered Knit Cap \$12 each



REVERSE PRINT



OPTIONAL MONOGRAM



REVERSE PRINT



Nanuet Knights Spirit Store Store Closes on 01/15/18

This is a fundraiser to benefit Nanuet Knights Travel Baseball. Because the items in the store are branded, all sales are final. Please take this into consideration when choosing your apparel size. Refunds and exchanges will only be given if the item is defective or damaged. Please order through the cart on this site below and mail a check (payable to Nanuet Knights Travel Baseball) with the total of your order to either Aileen Miller (25 South Lexow Ave. Nanuet, NY 10954), or Jennifer Mitru at (129 Gatto Lane, Pearl River, NY 10965). If you have any questions please contact Aileen or Jennifer at the website e-mail .

<https://www.companycasuals.com/nanuetknights>