



## MARCH 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
<p><u>Fresh New York Bagel Stick Varieties</u></p> <ul style="list-style-type: none"> <li>Blueberry</li> <li>Cinnamon Raisin</li> <li>Cranberry</li> <li>French Toast</li> <li>Multigrain</li> <li>Plain</li> <li>Poppy</li> </ul>			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p><b>Cinnamon Twist</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
4	5	Ash Wednesday 6	New York Thursday 7	8
<p><b>Banana Muffin</b></p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Yogurt Bar</b></p> <p><b>Turkey Sausage, Egg &amp; Cheese on Ciabatta Bread</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p><b>Turkey Canadian Bacon</b></p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh New York Apples</p>	<p><b>Hot Cinnamon Knot</b></p> <p><b>Turkey Sausage Patty</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
11	12	13	New York Thursday 14	15
<p><b>Oatmeal Sweet Potato Muffin</b></p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Yogurt Bar</b></p> <p><b>Egg &amp; Turkey Sausage Sandwich</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p><b>Turkey Canadian Bacon</b></p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Yogurt Parfait</b></p> <p>100% Fruit Juice Fresh New York Apples</p>	<p><b>Cinnamon Crumble</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
18	19	20	New York Thursday 21	22
<p><b>Blueberry Muffin</b></p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Yogurt Bar</b></p> <p><b>Turkey Canadian Bacon, Egg &amp; Cheese on a Buttermilk Biscuit</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Buttermilk Pancakes</b> Served with Syrup</p> <p><b>Turkey Sausage Patty</b></p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Yogurt Parfait</b></p> <p>100% Fruit Juice Fresh New York Apples</p>	<p><b>Cinnamon Twist</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
25	26	27	New York Thursday 28	29
<p><b>Banana Muffin</b></p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Yogurt Bar</b></p> <p><b>Turkey Sausage, Egg &amp; Cheese on Ciabatta Bread</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p><b>Turkey Canadian Bacon</b></p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh New York Apples</p>	<p><b>Hot Cinnamon Knot</b></p> <p><b>Turkey Sausage Patty</b></p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>

### OFFERED DAILY

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Grab and Go Breakfast Pack**

### Fresh Fruit

**Canned Fruit**  
Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Pre-K - 8  
Breakfast Menu

### 100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

**Breakfast Dipping Sauces:**  
Ketchup, Hot Sauce, Salsa

### Cold Cereal Choices

Frosted Mini Wheats  
Cinnamon Flakes  
Multi-Grain Cheerios  
Toasty-Oats  
Back to the Roots®  
Organic Purple Corn Flakes & Cinnamon Cluster

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.