

# Gadsden Independent School District



## BREAKFAST Menu (k-12)

October 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<b>Bean 'N Cheese Breakfast Burrito (1 ea)</b> <b>10</b> Salsa Picante (1 pk) Green Apple 1c (Cut in ½) Milk	<b>W.G. Cold Cereal Mini Bagels w/Strawberry Cream Cheese (1 pk)</b> <b>11</b> Pear 1c (Cut in ½) Milk	<b>Blueberry Mini Pancakes(1pk) String Cheese (1 ea) Maple Syrup (1 pk) Red Apple 1c (Cut in ½) Milk</b> <b>12</b>	<b>Sausage Biscuit Sausage Patty (1 oz) WG Biscuit w/Jelly (1 pk) Orange 1c (Cut in ½) Milk</b> <b>13</b>	<b>W.G. English Muffin Sandwich (Egg patty,.5 Ham,.5Cheese) Banana (1 c) Milk</b> <b>14</b>
<b>Breakfast Egg &amp; Cheese Wrap(1ea)</b> <b>17</b> WG Oats N'Honey Goldfish (1pk) Banana (1 c) Milk	<b>W.G. Breakfast Sliders(1pk) WG Honey Grahams (1 pk) Orange 1 c (Cut in ½) Milk</b> <b>18</b>	<b>W.G. Cold Cereal Bowl WG Baked Donut Red Apple 1c (Cut in ½) Milk</b> <b>19</b>	<b>W.G. Sausage Pancake on a Stick (1 ea) Maple Syrup 1pk Pear 1 c (Cut in ½) Milk</b> <b>20</b>	<b>Greek Fruit Yogurt W.G. Blueberry Muffin (1 ea) Green Apple 1 c (Cut in ½) Milk</b> <b>21</b>
<b>W.G. Breakfast Chicken Biscuit (1 ea) Red Apple 1c (Cut in ½) Milk</b> <b>24</b>	<b>W.G. Cold Cereal Bowl W.G. Sweet Roll (1 ea) Pear 1c (Cut in ½) Milk</b> <b>25</b>	<b>Huevos Rancheros (Cheese Omelet) W.G. 6" Flour Tortilla Salsa Picante (1 pk) Orange 1c (Cut in ½) Milk</b> <b>26</b>	<b>W.G. Hawaiian Biscuit w/Sausage (1ea) Banana (1 c) Milk</b> <b>27</b>	<b>W.G. Cinnamon Glazed French Toast Sticks (3 ea) Maple Syrup (1 pk) Green Apple 1c (Cut in ½) Milk</b> <b>28</b>
<b>WG Cinnamon Mini Waffles (1pk) Maple Syrup (1 pk) Pear 1c (Cut in ½) Milk</b> <b>31</b> 				

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