



TRINITY ELEMENTARY SCHOOL  
OF COMMUNICATION ARTS & TECHNOLOGY  
180 PELHAM ROAD  
NEW ROCHELLE, NEW YORK 10805-3197  
FAX: (914) 576-4266

Anthony DiCarlo  
PRINCIPAL

BRIAN G. OSBORNE, Ed.D.  
SUPERINTENDENT OF SCHOOLS

Magda Parvey, Ed.D.  
ASSISTANT SUPERINTENDENT/CHIEF ACADEMIC OFFICER

Michael Hilderbrand  
ASSISTANT PRINCIPAL

# TRINITY ELEMENTARY SCHOOL

## Health Forms

Dear Parents/Guardians:

Enclosed are the health forms **necessary** to register your child at Trinity Elementary School. In addition, you must bring to school the most recent immunization record. Without the list of immunizations we **cannot** begin registration.

Here is a list of what to bring to the nurse at registration.

- Most recent immunization record
- Report of recent physical exam, **mandatory** for all new students, and all students entering K, 2<sup>nd</sup> and 4<sup>th</sup> grade.
- Medical History Form, which is completed by you, the parent or guardian, and reviewed with the nurse when you come to school.
- Dental certificate

Any questions, please call us at **576-4663**.

*Sharon DeGeorge, R.N.*  
*Nora Klion-Wolloch, R.N.*

*Out of Distric (K-5)*  
*May 2017*

Early Childhood School Health History

Date form completed: \_\_\_\_\_ [ ] Parent Completed [ ] In Person Interview [ ] Telephone Interview  
School: \_\_\_\_\_ Grade: \_\_\_\_\_

General Information:

Child's Name: \_\_\_\_\_ Sex:  M  F DOB: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
STREET CITY STATE ZIP CODE

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Office Phone: \_\_\_\_\_ Parent email: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Brothers and Sisters Names:

- 1. \_\_\_\_\_ Sex:  M  F Date of Birth: \_\_\_/\_\_\_/\_\_\_
- 2. \_\_\_\_\_ Sex:  M  F Date of Birth: \_\_\_/\_\_\_/\_\_\_
- 3. \_\_\_\_\_ Sex:  M  F Date of Birth: \_\_\_/\_\_\_/\_\_\_
- 4. \_\_\_\_\_ Sex:  M  F Date of Birth: \_\_\_/\_\_\_/\_\_\_

Are parents:  Married  Divorced  Separated  Remarried  Single

Who cares for the child after school: \_\_\_\_\_

Birth History:

Birth weight: \_\_\_ lbs. \_\_\_ oz. Weeks gestation: \_\_\_\_\_ Hospital born at: \_\_\_\_\_

Pregnancy:  Normal  Complications: \_\_\_\_\_

Type of delivery:  NSVD  C-Section  Breech  Forceps  Other

Reason: \_\_\_\_\_

Problems during pregnancy: \_\_\_\_\_

Problems during delivery: \_\_\_\_\_

Problems after delivery: \_\_\_\_\_

If NICU, add details:

Respiratory/Cardiac:

Ventilator:  No  Yes If yes, # \_\_\_\_\_ days \_\_\_\_\_ weeks

Cardiac Surgery:  No  Yes If yes, describe, including age at surgery: \_\_\_\_\_

Other: \_\_\_\_\_

**Early Childhood School Health History**

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**GI/GU:**

Describe, including any feeding problems: \_\_\_\_\_  
 \_\_\_\_\_

**Infection:** \_\_\_\_\_

**Neurology:**

Intraventricular Hemorrhage:  No  Yes      If yes, Grade: [ ] I   [ ] II   [ ] III   [ ] IV

**Ophthalmology:**

Retinopathy of Prematurity:  No  Yes      If yes, current vision/vision care: \_\_\_\_\_

Neonatal Hearing Test (OAE): [ ] Normal   [ ] Abnormal   If abnormal, current hearing level and care: \_\_\_\_\_

**Specialist and Subspecialist practitioners involved with child during neonatal/infancy period:**

Specialist 1: \_\_\_\_\_      Phone \_\_\_\_\_      Address \_\_\_\_\_  
[specify specialty]

Specialist 2: \_\_\_\_\_      Phone \_\_\_\_\_      Address \_\_\_\_\_  
[specify specialty]

**Developmental History:**

At what age did this child?

Roll over	_____	months
Sit up without support	_____	months
Crawl	_____	months
Walk alone	_____	
Talk (two words together)	_____	
Bladder trained	_____	
Bowel trained	_____	

Did your child experience feeding difficulties during infancy?

If yes, please describe: \_\_\_\_\_

Did your child have any sleep problems during infancy?

If yes, please describe: \_\_\_\_\_

What was your child's temperament during infancy: \_\_\_\_\_  
 \_\_\_\_\_

What was your child's temperament as a toddler: \_\_\_\_\_  
 \_\_\_\_\_

**Early Intervention Program**

Did this child have EI services:  No  Yes

If yes: Age at which services began: \_\_\_\_\_ months \_\_\_\_\_ years

Services:  Speech  OT  PT  SEIT  Other, specify: \_\_\_\_\_

Frequency of services: \_\_\_\_\_

**Past Medical History:**

Allergies to food or medicines?  Yes  No Name of allergens: \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

(If yes, complete allergy history for registration)

Immunizations up to date? If not, please elaborate: \_\_\_\_\_

Medications (including name, dosage and frequency) taken:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Hospitalizations, accidents or broken bones (note any ICU admissions)

Date	Child's Age	Name of hospital	Reason for hospitalization
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Major or serious illnesses

Date	Child's Age	Illness	Physician	Treatment
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Surgical procedures (do not repeat information from neonatal history):

Date	Child's Age	Physician	Procedure
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Review of Systems:**

Indicate which of the following conditions or problems the child has had. Give details and dates for the problems checked:

- [ ] Skin trouble
- [ ] Eye or vision problems
- [ ] Eyeglasses
- [ ] Frequent ear infections
- [ ] Difficulty hearing
- [ ] Frequent nose bleeds
- [ ] Nasal allergies
- [ ] Sinus problems
- [ ] Frequent sore throats
- [ ] Thyroid problems
- [ ] Pneumonia
- [ ] Asthma
- [ ] Any other lung problems
- [ ] Heart murmur
- [ ] Any other heart problems
- [ ] Jaundice
- [ ] Frequent stomach aches
- [ ] Frequent diarrhea
- [ ] Frequent constipation
- [ ] Black or tarry stools
- [ ] Kidney or bladder infection
- [ ] Frequent or painful urination
- [ ] Bedwetting
- [ ] Joint aches or pains
- [ ] Orthopedic or bony problems
- [ ] Seizures
- [ ] Frequent headaches
- [ ] Skin rashes
- [ ] Insect bite reactions
- [ ] Anemia
- [ ] Speech problems
- [ ] Increased lead levels
- [ ] Current health concerns/issues

Girls: Menstrual History  
 Onset: \_\_\_\_\_  
 Frequency: \_\_\_\_\_  
 Cramps:  Yes  No  
 Irritability:  Yes  No  
 Other: \_\_\_\_\_

[Note any important details in the space below.]

**Current Practitioners:**

Pediatrician/FP/NP: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_

Specialist 1: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

Specialist 2: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

Specialist 3: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

Specialist 4: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

**Behavioral History:** Has your child ever been evaluated for, diagnosed with, or treated for:

- |                        |                |                |                |
|------------------------|----------------|----------------|----------------|
| 1. ADHD                | [ ] Yes [ ] No | 4. Depression  | [ ] Yes [ ] No |
| 2. Anxiety Disorder    | [ ] Yes [ ] No | 5. OCD         | [ ] Yes [ ] No |
| 3. Tourette's Syndrome | [ ] Yes [ ] No | 6. Other _____ |                |

Details: (Including psychiatric hospitalizations) – If using separate sheet please check here [ ]

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**Early Childhood School Health History**

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Name of Evaluating/Treating Physician\Psihchiatrist\Psihchologist

Physician Name \_\_\_\_\_ Telephone \_\_\_\_\_ FAX \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Pediatrician/FP/NP: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_

Specialist 1: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

Specialist 2: \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
[specify specialty]

**Family History:**

Father's country of birth: \_\_\_\_\_ Mother' country of birth: \_\_\_\_\_

Father's occupation: \_\_\_\_\_ Mother's occupation: \_\_\_\_\_

Father's Education: \_\_\_\_\_ Mother's Education: \_\_\_\_\_

Does the child have any blood relatives (father, mother ,brother, sister, father's side or mother's side who have the following conditions? (mark with a check)

- [ ] Birth deformity \_\_\_\_\_
- [ ] Mental retardation \_\_\_\_\_
- [ ] Convulsions, epilepsy \_\_\_\_\_
- [ ] Mental illness \_\_\_\_\_
- [ ] Family or inherited disease \_\_\_\_\_
- [ ] Death in childhood \_\_\_\_\_
- [ ] Eye problems \_\_\_\_\_
- [ ] Hearing Problems \_\_\_\_\_
- [ ] Asthma \_\_\_\_\_
- [ ] Hay fever \_\_\_\_\_
- [ ] Allergies \_\_\_\_\_
- [ ] Severe Anemia \_\_\_\_\_
- [ ] Sickle Cell disease \_\_\_\_\_
- [ ] Bleeding tendencies \_\_\_\_\_
- [ ] Tuberculosis \_\_\_\_\_
- [ ] Diabetes \_\_\_\_\_
- [ ] Heart Attack (under age 50) \_\_\_\_\_
- [ ] Cancer \_\_\_\_\_
- [ ] High blood pressure \_\_\_\_\_
- [ ] Kidney problems \_\_\_\_\_
- [ ] Obesity \_\_\_\_\_
- [ ] Thyroid Problems \_\_\_\_\_
- [ ] ADD/ADHD \_\_\_\_\_
- [ ] Speech issues \_\_\_\_\_
- [ ] Developmental delay \_\_\_\_\_
- [ ] Learning disability \_\_\_\_\_
- [ ] Autism \_\_\_\_\_

For all conditions checked please describe: \_\_\_\_\_

\_\_\_\_\_

**Early Childhood School Health History**

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**Educational History:**

Previous School: \_\_\_\_\_ Location: \_\_\_\_\_ Length of Attendance: \_\_\_\_\_

If not in New Rochelle: Has your child ever attended school in New Rochelle? [ ]Yes [ ]No

If yes, please list the schools and circle the name of the last school your child attended in New Rochelle.

\_\_\_\_\_  
\_\_\_\_\_

Did your child have an? IEP [ ]Yes [ ]No 504 Plan [ ]Yes [ ]No

Did your child receive any services at previous school? [ ]Yes [ ]No If yes please describe: \_\_\_\_\_

\_\_\_\_\_

**Social History:**

Living situation:  Homeowner  Home rental  
 Apartment owner  Apartment rental

Who lives in the home? \_\_\_\_\_

Does child have: Own room  Yes  No Own bed  Yes  No

Pets in the home?  Yes  No If yes, specify: \_\_\_\_\_

Does anyone smoke in the home?  Yes  No

First language of child: \_\_\_\_\_ Language spoken at home: \_\_\_\_\_

\_\_\_\_\_  
Signature of School Nurse Date

*NYSED requires an annual physical exam for new entrants, students in Grades K, 2, 4, 7 and 10, sports, working permits and Annual & Program Reviews and Reevaluations for the Committee on Special Education (CSE)*

**\*\*\*PARENTS! PLEASE SIGN AND DATE BOTH SIDES OF THIS FORM**

**City School District of New Rochelle – Health Services Department**  
**HEALTH APPRAISAL FORM**                      **Date of Exam: \_\_\_/\_\_\_/\_\_\_**

Name: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_ Gender:  M  F

School: \_\_\_\_\_ Grade: \_\_\_\_\_

**IMMUNIZATIONS / HEALTH HISTORY**

- Immunization record attached                      Sickle Cell Screen:  Positive  Negative  Not done Date: \_\_\_\_\_  
 No immunizations given today                      PPD: \_\_\_\_\_ Please complete screening on reverse side of form  
 Immunizations given since last Health Appraisal: (include dates)      Elevated Lead:  Yes  No  Not done Date: \_\_\_\_\_  
 Dental Referral  Yes  No  Not done Date: \_\_\_\_\_

Significant Medical/Surgical History:  See attached \_\_\_\_\_

- Specify current diseases:                       Asthma      Diabetes:  Type 1  Type 2                       Hyperlipidemia                       Hypertension  
 Other: \_\_\_\_\_  
 Allergies:  LIFE THREATENING                       Food: \_\_\_\_\_                       Insect: \_\_\_\_\_                       Other: \_\_\_\_\_  
 Seasonal                       Medication: \_\_\_\_\_

**PHYSICAL EXAM**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Body Mass Index: _____ . _____ (Required by NYS) Weight Status Category (BMI Percentile): <input type="checkbox"/> less than 5 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> through 49 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> through 84 <sup>th</sup> <input type="checkbox"/> 85 <sup>th</sup> through 94 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> through 98 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> and higher	Vision - without glasses/contact lenses	R	L	<i>Referral</i>
	Vision - with glasses/contact lenses	R	L	
	Vision - Near Point	R	L	
	Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L	

**EXAM ENTIRELY NORMAL**      Tanner: I. II. III. IV. V.      Scoliosis:  Negative  Positive: \_\_\_\_\_  
 For Girls: Age of onset of menses: \_\_\_\_\_ LMP: \_\_\_\_\_  
 Specify any abnormality (use separate paper if needed): \_\_\_\_\_

**PHYSICAL EDUCATION / SPORTS / PLAYGROUND / WORK QUALIFICATION / CSE CONSIDERATION**

- Free from contagions & physically qualified for all physical education, sports, playground, work & school activities OR only as checked:  
 \_\_\_ Limited contact: cheerlead, gymnastics, ski, volleyball, cross-country, handball, fence, baseball, floor hockey, softball.  
 \_\_\_ Non-contact: badminton, bowl, golf, swim, table tennis, tennis, archery, riflery, weight train, crew, dance, track, run, walk, rope jump.  
 Specify medical accommodations needed for school: \_\_\_\_\_  None  
 Known or suspected disability: \_\_\_\_\_  Please monitor  
 Restrictions: \_\_\_\_\_  Please monitor  
 Protective equipment required:  Athletic Cup  Sport goggles/impact resistant eyewear  Other: \_\_\_\_\_

**SPORTS CLEARANCE :** By signing and submitting this form, the parent and physician attest that they have fully disclosed all of this student's health history, conditions, medications and relevant family history (e.g., early cardiac death.) Parent and physician assume liability for non-disclosures of such information. The School District Physician has final authority to medically clear students for interscholastic sports participation. Parental signature authorizes School Health personnel to communicate with your child's physician regarding medical clearance for sports.

Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Provider's Name/Address: \_\_\_\_\_ Fax: \_\_\_\_\_

\*\*\*Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

H-1 HEALTH APPRAISAL FORM (Revised 2/08)

*This exam complies with NYSED requirements above and is valid for twelve months, with the exception of any illness or injury lasting more than five days that will require review by private healthcare provider and the school medical director.*



**\*\*\* PARENTS! PLEASE SIGN AND DATE BOTH SIDES OF THIS FORM**

**TUBERCULOSIS TESTING / SCREENING - EITHER A OR B MUST BE COMPLETED BY THE PHYSICIAN**

**A. PPD (Mantoux):**

1. Date placed \_\_\_\_\_ Date read \_\_\_\_\_ Result in mm \_\_\_\_\_

2. If PPD is Positive: CXR: \_\_\_\_\_ Date of exam: \_\_\_/\_\_\_/\_\_\_ Result: \_\_\_\_\_

Treatment: \_\_\_\_\_  
\_\_\_\_\_

**B. Tuberculin screening not indicated \_\_\_\_\_ (MD must initial)**

**PRESCRIPTION MEDICATIONS**

Medications (list all):  None

Medication: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

If AM dose is missed at home: \_\_\_\_\_

I assess this student to be self-directed  Yes  No \*Student may self carry and self administer medication  Yes  No

Note: Nurse will also assess self-direction for the school setting. \*Students are not permitted to carry or self-administer USDEA controlled drugs. Please advise parent to send in additional medication in the event that emergency sheltering is necessary at school or if the morning medication has not been given.

**PERMISSION TO RECEIVE PRESCRIPTION AND OVER THE COUNTER (OTC MEDICATION)**

**Health Care Provider and Parent signatures required**

**Parents must provide all medications.**

<input type="checkbox"/> Tylenol (pain, fever)	Dose _____	Freq. _____	Route _____
<input type="checkbox"/> Ibuprofen (Advil, Motrin) (pain, fever)	Dose _____	Freq. _____	Route _____
<input type="checkbox"/> Benadryl (Allergic reaction/Allergy)	Dose _____	Freq. _____	Route _____
<input type="checkbox"/> Antacid (Maalox, Tums) (abdominal discomfort)	Dose _____	Freq. _____	Route _____
<input type="checkbox"/> Cough Drops/Throat Lozenges (sore throat)	Dose _____	Freq. _____	Route _____
<input type="checkbox"/> Antibiotic Ointment (skin lesions)	Dose _____	Freq. _____	Route _____

**SIGNATURES ARE REQUIRED IN ORDER FOR SCHOOL NURSE  
TO DISPENSE PRESCRIPTION AND OTC MEDICATION**

(Stamp below)

Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Provider's Name/Address: \_\_\_\_\_ Fax: \_\_\_\_\_

\*\*\*Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parental signature authorizes School Health personnel to communicate with your child's physician regarding prescription and OTC medication.**

# DENTAL HEALTH

Trinity Health Office 180 Pelham Road New Rochelle, NY 10805  
Phone (914) 576-4663 Fax (914) 576-4266

**To All Parents: If your child has not had a dental exam within the past year, please call today and schedule an appointment.**

*People can keep their teeth throughout life if they do their part and allow the dentist to do his or her part. Most dental disease is preventable.*

Starting at age 3 regular visits to the dentist are essential. During a dental visit the dentist will:

1. Examine teeth and gums.
2. Clean teeth.
3. Check teeth for cavities and fill them while they are small.
4. Prevent major dental problems.
5. Provide dental health instructions.

**A Todos Los Padres y Guardianes: Si su niño o niña no ha sido examinado por el dentista durante el año pasado, favor de llamar hoy hacer una cita para esta propósito.** *Las personas pueden mantener sus dientes por toda la vida – si ponen de su parte le dan oportunidad al dentista de ayudarles. La mayoría de las enfermedades dentales se pueden evitar.*

Empezando al tercer año las visitas al dentista son recomendando. Durante la visita el dentista le prestara los siguientes servicios:

1. Examina los dientes y las encías
2. Le limpia los dientes
3. Examina sus dientes para averiguar si caries, en cuyo caso las mismas son llenadas. Es mejor cuidarse de las cuando estas son pequeñas.
4. Ayuda a prevenir mayores problemas de dentales.
5. Provee instrucciones para la salud dental.

Please have your Dentist fill out the form below and return to school.

..... Pídale al dentista que completa la forma adjunta y devuelva la misma a la enfermera escolar. .....

School: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

Child's Name: \_\_\_\_\_

The above child has had a dental examination and the necessary work is:

Completed \_\_\_\_\_ in Process \_\_\_\_\_ Did you recommend orthodontia? Yes \_\_\_ No \_\_\_

\_\_\_\_\_  
Dentist's Signature      Date



## Trinity Health Office Policy Save for Future Reference Nurse's Phone 576-4663

**ABSENCES:** Call the Trinity School Office at 576-4440 each time your child is absent. Please report contagious diseases so we can send health alerts with his/her classmates.

**ILLNESS:** Children must stay home if they are sick, have a temperature, diarrhea, or rash or vomiting. Children with contagious conditions such as pink eye, strep throat, or lice cannot come to school without medical treatment and a note from the doctor. **Children must stay home until their temperature has been normal (under 100.0) for 24 hours with out being given Tylenol or Advil.**

**INJURIES and GYM EXCUSES:** New York State law requires that a school nurse have a note which explains large bruises, cuts or stitches from injuries received outside school. Children who have stitches, broken bones, serious injuries or hospitalizations must have a doctor's note giving the child permission to return to school and state if your child can take gym. Only a doctor can give permission to be excused from gym for any reason.

**EMERGENCY CARDS:** They are filled out at the beginning of each school year. We must be able to contact a parent at all times when a child becomes sick or injured at school. It is the parent's responsibility to make sure that the numbers on the card are correct. Any changes should be sent to the Nurse. When parents cannot be reached, friends and relatives listed on the card give the school permission to call another adult to pick a child up. Sick children must go home.

**MEDICATIONS:** Medications given in school follows New York State Law. This policy is for **prescription and non-prescription** drugs such as Tylenol or cold medications. All medications are to be kept in the Nurses Office. The **physician** must write a specific order for the medication to be given in school. **Children may not carry medicine on their person without permission.**

- Directions must include, the dosage and time must be given.
- The parent must give written permission to follow the doctors order
- Medication must be brought to the Nurse by the parent in an ORIGINAL labeled container from the pharmacy.

Ask the Nurse for more information if medication is needed on a trip.

**NEBULIZER:** A nebulizer is available for asthmatic children. The doctor must write an order as described above. Parents supply the mask, medication chamber and medicine.

**PHYSICALS:** New York State Law requires that all children have a physical examination when entering school, K, 2<sup>nd</sup>, 4<sup>th</sup> grade. The completed report of the examinations is due by October 15, and should include blood pressure, height, weight, proof of new immunizations, and information about any health problems. We recommend an annual physical each year a child is in Trinity School, so that we know they are able to participate in all activities.

**VISION AND HEARING TESTS:** All children have a hearing and vision screening each year. Parents will be notified if there is a need for further testing.

**CLOTHING AND SHOES:** Children are active during the day, need to dress appropriately for participating in school activities. We recommend sneakers daily for both boys and girls. Make sure your child can zip, button, and tie so they are safe and able to use the bathroom independently.