



## NOVEMBER 2019: Pre-K - 8 Lunch Menu

| Monday                                                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                       | Friday                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MEATLESS MONDAY                                                                                                                                                                                                                                                           | CHICKEN                                                                                                                                                                                                    | CULINARY                                                                                                                                                                                                | NEW YORK THURSDAY                                                                                                                                                                                                                              | PIZZA                                                                                                                                                        |
| 1                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                            |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                |                                                                                                                                                              |
| <p><i>Daily Lunch Specials</i></p> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly</li> <li>• Sunbutter &amp; Jelly</li> <li>• Cheese Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Tuna or Turkey Sandwich (Not available on Monday)</li> </ul> |                                                                                                                                                                                                            |                                                                                                                                                                                                         |  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>                            | <p>!!! PIZZA !!!</p> <p>Chicken Ranch Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i><br/>Pizza Toppings<br/>Featuring<br/>Cold Chickpea Salad</p>   |
| 4                                                                                                                                                                                                                                                                         | Election Day 5                                                                                                                                                                                             | 6                                                                                                                                                                                                       | New York Thursday 7                                                                                                                                                                                                                            | 8                                                                                                                                                            |
| <p><b>Stuffed Shells*</b><br/>in Marinara Sauce</p> <p>Fresh Broccoli with Garlic &amp; Oil</p> <p>Toasted <b>Garlic Knot</b></p> <p><i>Salad Bar</i><br/>Garden Greens</p>                                                                                               | <p><b>Peach BBQ Chicken Drumstick*</b></p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i><br/>Traditional</p>                                                                    | <p><b>PROMO</b><br/><b>Mashed Potato Bowl</b></p> <p>Toasted Garlic Bread</p> <p>Grab-n-Go<br/><b>Chicken Caesar Salad</b></p> <p><i>Salad Bar</i><br/>Garden Greens</p>                                | <p><b>GOLDEN KRUST®</b><br/><b>Jamaican Beef Patty</b></p> <p>Roasted Zucchini</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p> <p>Grab-n-Go<br/><b>Chicken Caesar Salad</b><br/><i>Salad Bar</i><br/>New York Local</p>          | <p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i><br/>Pizza Toppings<br/>Featuring<br/>Balsamic Chickpea Salad</p> |
| Veterans Day 11                                                                                                                                                                                                                                                           | 12                                                                                                                                                                                                         | 13                                                                                                                                                                                                      | New York Thursday 14                                                                                                                                                                                                                           | 15                                                                                                                                                           |
| <p><b>Baked Mozzarella Sticks</b><br/>with Marinara Dipping Sauce</p> <p>Roasted Fresh Broccoli &amp; Cauliflower</p> <p>Rold Gold® Hartzels</p> <p><i>Salad Bar</i><br/>Garden Greens</p>                                                                                | <p><b>Baked Chicken Bites</b></p> <p>Garlicky Green Beans</p> <p>Warm New York Dinner Roll</p> <p><i>Salad Bar</i><br/>Traditional</p>                                                                     | <p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Turkey Burgers</p> <p>Baked French Fries</p> <p>Grab-n-Go<br/><b>Chopped Salad</b></p> <p><i>Salad Bar</i><br/>Burger/Sandwich Fixin's</p>    | <p><b>Teriyaki Chicken Dumplings*</b></p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>New York Cookie Treat<br/>Grab-n-Go<br/><b>Chopped Salad</b><br/><i>Salad Bar</i><br/>New York Local</p>          | <p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i><br/>Pizza Toppings<br/>Featuring<br/>Cranberry Chickpea Salad</p> |
| 18                                                                                                                                                                                                                                                                        | 19                                                                                                                                                                                                         | 20                                                                                                                                                                                                      | New York Thursday 21                                                                                                                                                                                                                           | 22                                                                                                                                                           |
| <p><b>Mac-n-Cheese</b></p> <p>Toasted Garlic Bread</p> <p>Baked Broccoli</p> <p><i>Salad Bar</i><br/>Garden Greens</p>                                                                                                                                                    | <p><b>Baked Chicken Tenders</b><br/>With Dipping Sauce</p> <p><b>Baked Sweet Potato Waffle Fries</b></p> <p>Baked! Tostitos® Scoops®<br/>Served with Salsa Cup</p> <p><i>Salad Bar</i><br/>Traditional</p> | <p><b>PROMO</b><br/><b>Chicken Parmigiana</b><br/>Served with Pasta Marinara</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i><br/>Garden Greens<br/>Featuring<br/>Broccoli &amp; Cranberry Calad</p> | <p><b>New York Beef Hamburgers &amp; Cheeseburgers*</b></p> <p>Baked<br/><b>New York French Fries</b></p> <p>Fresh New York Apples</p> <p>Grab-n-Go<br/><b>Asian Sesame Chicken Salad</b><br/><i>Salad Bar</i><br/>Burger/Sandwich Fixin's</p> | <p>!!! PIZZA !!!</p> <p>Chicken Ranch Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i><br/>Pizza Toppings<br/>Featuring<br/>Cold Chickpea Salad</p>   |
| 25                                                                                                                                                                                                                                                                        | 26                                                                                                                                                                                                         | 27                                                                                                                                                                                                      | Thanksgiving Recess 28                                                                                                                                                                                                                         | Thanksgiving Recess 29                                                                                                                                       |
| <p><b>Stuffed Shells*</b><br/>in Marinara Sauce</p> <p>Fresh Broccoli with Garlic &amp; Oil</p> <p>Toasted <b>Garlic Knot</b></p> <p><i>Salad Bar</i><br/>Garden Greens</p>                                                                                               | <p><b>Peach BBQ Chicken Drumstick*</b></p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i><br/>Traditional</p>                                                                    | <p><b>Holiday Meal</b><br/><b>Hot Sliced Turkey</b><br/>with Gravy</p> <p>Mashed Potatoes</p> <p>New York Cookie Treat</p> <p><i>Salad Bar</i><br/>Traditional</p>                                      | <p><b>GOLDEN KRUST®</b><br/><b>Jamaican Beef Patty</b></p> <p>Roasted Zucchini</p> <p>Fresh New York Apples</p> <p>Grab-n-Go<br/><b>Chicken Caesar Salad</b><br/><i>Salad Bar</i><br/>New York Local</p>                                       | <p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i><br/>Pizza Toppings<br/>Featuring<br/>Balsamic Chickpea Salad</p> |

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|-----------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Milk</b><br/>1% Low-fat<br/>Fat Free<br/>Fat Free Chocolate</p> | <p><b>Dipping Sauce Cups</b><br/>BBQ, Ranch,<br/>Honey Mustard</p>               | <p><b>Fresh Fruit</b></p>                                                | <p><b>Dressings</b><br/>Chipotle Ranch<br/>Balsamic Vinaigrette<br/>Ranch<br/>Asian Sesame<br/>Honey Mustard<br/>Caesar<br/>French<br/>Italian Vinaigrette</p> |
|                                                                       | <p>* These recipes are offered on both this menu and the Scratch Cooked menu</p> | <p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p> | <p><b>Flavor Station</b><br/>Granulated Garlic<br/>Red Pepper Flakes<br/>Parmesan Cheese</p> <p>Pre-K - 8<br/>Lunch Menu</p>                                   |

**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN