



SEPTEMBER 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
Labor Day 2	3	4	First Day of Classes 5	6
Assorted Muffins Land O'Lakes® Colby String Cheese 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage on a Whole Wheat Bun Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Sweet Potato Oatmeal Muffin 100% Fruit Juice Fresh Fruit
9	10	11	New York Thursday 12	13
Assorted Loaves Land O'Lakes® Cheddar String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Pillsbury® Mini Blueberry Waffles 100% Fruit Juice Fresh Fruit
16	17	18	New York Thursday 19	20
Assorted Muffins Land O'Lakes® Mozzarella String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on an English Muffin Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cinnamon Crumble 100% Fruit Juice Fresh Fruit
23	24	25	New York Thursday 26	27
Assorted Muffins Land O'Lakes® Colby String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Turkey Sausage on a Whole Wheat Bun Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cinnamon Twist 100% Fruit Juice Fresh Fruit
Rosh Hashanah 30				
Assorted Loaves Land O'Lakes® Cheddar String Cheese 100% Fruit Juice Fresh Fruit	Fresh New York Bagel Stick Varieties Blueberry Cinnamon Raisin French Toast Plain	Muffin Varieties Honey Corn Apple Cinnamon Loaf Varieties Banana Blueberry	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

Milk 1% Low-fat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack	OFFERED DAILY Seasonal Fresh Fruit No Artificial flavors, colors, or sweeteners in all OFNS Products Pre-K - 8 Breakfast Menu	100% Fruit Juice Apple, Fruit Punch, Grape, Orange Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa	Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.