



## OCTOBER 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEATLESS MONDAY</b>	<b>CHICKEN</b>	<b>CULINARY</b>	<b>NEW YORK THURSDAY</b>	<b>PIZZA</b>
	Rosh Hashanah 1		New York Thursday 3	
<b>Daily Lunch Specials</b> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Tuna or Turkey Sandwich (Not available on Monday)	<b>NEW</b> <b>Baked Chicken Bites</b> Garlicky Green Beans Warm New York Dinner Roll  <b>Salad Bar</b> Traditional	<b>100% Beef Hamburgers &amp; Cheeseburgers</b> Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad  <b>Salad Bar</b> Burger/Sandwich Fixin's	<b>NEW</b> <b>Teriyaki Chicken Dumplings*</b> Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad <b>Salad Bar</b> New York Local	<b>!!! PIZZA !!!</b> Margherita Pizza Green Garden Salad  <b>Salad Bar</b> Pizza Toppings Featuring Cranberry Chickpea Salad
7	8	Yom Kippur 9	New York Thursday 10	11
<b>Mac-n-Cheese</b> Toasted Garlic Bread Baked Broccoli  <b>Salad Bar</b> Garden Greens	<b>NEW</b> <b>Baked Chicken Tenders</b> With Dipping Sauce Rice & Beans Sweet Plantains  <b>Salad Bar</b> Taco Bar	<b>Stewed Chicken Thighs</b> Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup  <b>Salad Bar</b> Traditional	<b>New York Beef Hamburgers &amp; Cheeseburgers*</b> Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad <b>Salad Bar</b> Burger/Sandwich Fixin's	<b>!!! PIZZA !!!</b> Chicken Ranch Pizza Green Garden Salad  <b>Salad Bar</b> Pizza Toppings Featuring Cold Chickpea Salad
Columbus Day 14	15	16	New York Thursday 17	18
<b>Stuffed Shells*</b> in Marinara Sauce Fresh Broccoli with Garlic & Oil Toasted Garlic Knot  <b>Salad Bar</b> Garden Greens	<b>NEW</b> <b>Peach BBQ Chicken Drumstick*</b> Honey Corn Muffin Slow Roasted Carrots  <b>Salad Bar</b> Traditional	<b>BRUNCH</b> <b>Chicken &amp; Waffles</b> Home Fries Grab-n-Go Chicken Caesar Salad  <b>Salad Bar</b> Burger/Sandwich Fixin's Featuring Celery & Apple Salad	<b>NEW</b> <b>GOLDEN KRUST® Jamaican Beef Patty</b> Roasted Zucchini New York Cookie Treat Fresh New York Apples Grab-n-Go Chicken Caesar Salad <b>Salad Bar</b> New York Local	<b>!!! PIZZA !!!</b> Assorted Toppings Green Garden Salad  <b>Salad Bar</b> Pizza Toppings Featuring Balsamic Chickpea Salad
21	22	23	New York Thursday 24	25
<b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce Roasted Fresh Broccoli & Cauliflower Rold Gold® Heartzels  <b>Salad Bar</b> Garden Greens	<b>NEW</b> <b>Baked Chicken Bites</b> Garlicky Green Beans Warm New York Dinner Roll  <b>Salad Bar</b> Traditional	<b>100% Beef Hamburgers &amp; Cheeseburgers</b> Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad  <b>Salad Bar</b> Burger/Sandwich Fixin's	<b>NEW</b> <b>Teriyaki Chicken Dumplings*</b> Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad <b>Salad Bar</b> New York Local	<b>!!! PIZZA !!!</b> Margherita Pizza Green Garden Salad  <b>Salad Bar</b> Pizza Toppings Featuring Cranberry Chickpea Salad
28	29	30	New York Thursday 31	
<b>Mac-n-Cheese</b> Toasted Garlic Bread Baked Broccoli  <b>Salad Bar</b> Garden Greens	<b>NEW</b> <b>Baked Chicken Tenders</b> With Dipping Sauce Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup  <b>Salad Bar</b> Traditional	<b>PROMO</b> <b>Burrito Bowl</b> Confetti Corn  <b>Salad Bar</b> Taco Bar	<b>New York Beef Hamburgers &amp; Cheeseburgers*</b> Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad <b>Salad Bar</b> Burger/Sandwich Fixin's	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN

OFFERED DAILY			
<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate	<b>Dipping Sauce Cups</b> BBQ, Ranch, Honey Mustard  * These recipes are offered on both this menu and the Scratch Cooked menu	<b>Fresh Fruit</b>  No Artificial flavors, colors, or sweeteners in all OFNS Products	<b>Dressings</b> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette
			<b>Flavor Station</b> Granulated Garlic Red Pepper Flakes Parmesan Cheese  Pre-K - 8 Lunch Menu

**ATTENTION:**  
 All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN