



## OCTOBER 2018: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
1	2	3	New York Thursday 4	5
<b>Honey Corn Muffin</b> Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>Turkey Canadian Bacon, Egg &amp; Cheese</b> on a <b>Whole Grain Bagel</b>  Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup <b>Turkey Sausage Patty</b>  100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>New York Bagel Thursday</b>  <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly  Upstate Farms® Yogurt Choice  100% Fruit Juice Fresh New York Apples	<b>Cheese Omelet</b>  English Muffin  <b>Back to the Roots® Purple Corn Flakes</b>  100% Fruit Juice Fresh Fruit
<b>Columbus Day 8</b>	9	10	New York Thursday 11	12
<b>Blueberry Muffin</b> Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Turkey Sausage Crumble, Egg &amp; Cheese</b> on <b>Ciabatta Bread</b>  Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds  100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>Cinnamon Burst Pancakes</b> Served with Syrup <b>Turkey Canadian Bacon</b>  <b>Spiced Oatmeal</b>  100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>New York Bagel Thursday</b>  <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly  Upstate Farms® Yogurt Choice  100% Fruit Juice Fresh New York Apples	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Sausage Patty</b>  <b>Back to the Roots® Cinnamon Cluster</b>  100% Fruit Juice Fresh Fruit
15	16	17	New York Thursday 18	19
<b>Apple Cinnamon Muffin</b> Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>Egg &amp; Turkey Sausage Sandwich</b> on an English Muffin  Organic Stonyfield® Yogurt Served with Craisins & Granola  100% Fruit Juice Fresh Fruit	<b>Buttermilk Pancakes</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  <b>Spiced Oatmeal</b>  100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>New York Bagel Thursday</b>  <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly  Yogurt Parfait  100% Fruit Juice New York Apple Slices	<b>Cheese Omelet</b>  <b>Hot Cinnamon Knot</b>  <b>Back to the Roots® Purple Corn Flakes</b>  100% Fruit Juice Fresh Fruit
22	23	24	New York Thursday 25	26
<b>Honey Corn Muffin</b> Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>Turkey Canadian Bacon, Egg &amp; Cheese</b> on a <b>Whole Grain Bagel</b>  Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Sausage Patty</b>  <b>Spiced Oatmeal</b>  100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>New York Bagel Thursday</b>  <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly  Upstate Farms® Yogurt Choice  100% Fruit Juice Fresh New York Apples	<b>Cheese Omelet</b>  English Muffin  <b>Back to the Roots® Purple Corn Flakes</b>  100% Fruit Juice Fresh Fruit
29	30	Happy Halloween 31		
<b>Blueberry Muffin</b> Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Fresh Fruit Bar</b>  <b>Turkey Sausage Crumble, Egg &amp; Cheese</b> on <b>Ciabatta Bread</b>  Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds  100% Fruit Juice Fresh Fruit	<b>Cinnamon Burst Pancakes</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  <b>Spiced Oatmeal</b>  100% Fruit Juice Fresh Fruit	  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate  Grab and Go Breakfast Pack	<b>Fresh Fruit</b>  <b>Canned Fruit</b> Peaches, Pears, Pineapples	<b>OFFERED DAILY</b>  No Artificial flavors, colors, or sweeteners in all SchoolFood Products  Pre-K - 8 Breakfast Menu	<b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange  <b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa	<b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.