



## NOVEMBER 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEATLESS MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
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<p><i>Fresh New York Bagel Stick Varieties</i> Blueberry Cinnamon Raisin French Toast Plain</p> <p><i>Muffin Varieties</i> Honey Corn Apple Cinnamon</p> <p><i>Loaf Varieties</i> Banana Blueberry</p>			<p style="text-align: center;"><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</b></p>	<p style="text-align: center;"><b>Sweet Potato Oatmeal Muffin</b></p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
4	Election Day 5	6	New York Thursday 7	8
<p style="text-align: center;"><b>Assorted Muffins</b></p> <p style="text-align: center;">Land O'Lakes® Colby String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>Egg &amp; Turkey Sausage</b> on a Whole Wheat Bun</p> <p style="text-align: center;">Organic Stonyfield® Yogurt</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Tasty Waffles</b> Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>New York Bagel Thursday</b></p> <p style="text-align: center;"><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;"><b>Cinnamon Twist</b></p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
Veterans Day 11	12	13	New York Thursday 14	15
<p style="text-align: center;"><b>Egg &amp; Cheese</b> on a Buttermilk Biscuit</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>Assorted Loaves</b></p> <p style="text-align: center;">Land O'Lakes® Cheddar String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>New York Bagel Thursday</b></p> <p style="text-align: center;"><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p style="text-align: center;">Yogurt Parfait</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;"><b>Pillsbury® Mini Blueberry Waffles</b></p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
18	19	20	New York Thursday 21	22
<p style="text-align: center;"><b>Assorted Muffins</b></p> <p style="text-align: center;">Land O'Lakes® Mozzarella String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>Egg &amp; Cheese with Turkey Sausage</b> on an English Muffin</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Buttermilk Pancakes</b> Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>New York Bagel Thursday</b></p> <p style="text-align: center;"><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;"><b>Sweet Potato Oatmeal Muffin</b></p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
25	26	27	Thanksgiving Recess 28	Thanksgiving Recess 29
<p style="text-align: center;"><b>Assorted Muffins</b></p> <p style="text-align: center;">Land O'Lakes® Colby String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>Egg &amp; Turkey Sausage</b> on a Whole Wheat Bun</p> <p style="text-align: center;">Organic Stonyfield® Yogurt</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Tasty Waffles</b> Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;"><b>Fresh Fruit Bar</b></p> <p style="text-align: center;"><b>New York Bagel Thursday</b></p> <p style="text-align: center;"><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;"><b>Cinnamon Twist</b></p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>

<p style="text-align: center;"><b>Milk</b></p> <p style="text-align: center;">1% Low-fat Fat Free Fat Free Chocolate</p> <p style="text-align: center;">Grab and Go Breakfast Pack</p>	<p style="text-align: center;"><b>Seasonal Fresh Fruit</b></p> <p style="text-align: center; color: yellow;">No Artificial flavors, colors, or sweeteners in all OFNS Products</p> <p style="text-align: center;">Pre-K - 8 Breakfast Menu</p>	<p style="text-align: center;"><b>100% Fruit Juice</b></p> <p style="text-align: center;">Apple, Fruit Punch, Grape, Orange</p> <p style="text-align: center;"><b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa</p>	<p style="text-align: center;"><b>Cold Cereal Choices</b></p> <p style="text-align: center;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.