



## JANUARY 2020: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEATLESS MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
		Winter Recess 1	New York Thursday 2	3
<p><i>Fresh New York Bagel Stick Varieties</i> Blueberry Cinnamon Raisin French Toast Plain</p> <p><i>Muffin Varieties</i> Honey Corn Apple Cinnamon</p> <p><i>Loaf Varieties</i> Banana Blueberry</p>	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese &amp; Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Buttermilk Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Sweet Potato Oatmeal Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>
6	7	8	New York Thursday 9	10
	<b>Yogurt Bar</b>			
<p>Assorted Muffins</p> <p>Land O'Lakes® Colby String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg &amp; Turkey Sausage on a Whole Wheat Bun</p> <p>Organic Stonyfield® Yogurt</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese &amp; Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>100% Fruit Juice Fresh Fruit</p>
13	14	15	New York Thursday 16	17
	<b>Yogurt Bar</b>			
<p>Assorted Loaves</p> <p>Land O'Lakes® Cheddar String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg &amp; Cheese with Turkey Sausage on a Buttermilk Biscuit</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese &amp; Jelly</p> <p>Yogurt Parfait</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Pillsbury® Mini Blueberry Waffles</p> <p>100% Fruit Juice Fresh Fruit</p>
Martin Luther King Day 20	21	22	New York Thursday 23	24
	<b>Yogurt Bar</b>			
<p>Assorted Muffins</p> <p>Land O'Lakes® Mozzarella String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg &amp; Cheese with Turkey Sausage on an English Muffin</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Buttermilk Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese &amp; Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Sweet Potato Oatmeal Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>
27	28	29	30	31
	<b>Yogurt Bar</b>			
<p>Assorted Muffins</p> <p>Land O'Lakes® Colby String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg &amp; Turkey Sausage on a Whole Wheat Bun</p> <p>Organic Stonyfield® Yogurt</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese &amp; Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>100% Fruit Juice Fresh Fruit</p>

<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p> <p>Grab and Go Breakfast Pack</p>	<p><b>Seasonal Fresh Fruit</b></p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p> <p>Pre-K - 8 Breakfast Menu</p>	<p><b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange</p> <p><b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa</p>	<p><b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.