



## DECEMBER 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MEATLESS MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
2	3	4	New York Thursday 5	6
<b>Assorted Loaves</b> Land O'Lakes® Cheddar String Cheese 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b>  <b>Egg &amp; Cheese</b> with Turkey Sausage on a Buttermilk Biscuit Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	<b>Cinnamon Burst Pancakes</b> Served with Syrup 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	<b>Pillsbury® Mini Blueberry Waffles</b> 100% Fruit Juice Fresh Fruit
9	10	11	New York Thursday 12	13
<b>Assorted Muffins</b> Land O'Lakes® Mozzarella String Cheese 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b>  <b>Egg &amp; Cheese</b> with Turkey Sausage on an English Muffin Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	<b>Buttermilk Pancakes</b> Served with Syrup 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	<b>Sweet Potato Oatmeal Muffin</b> 100% Fruit Juice Fresh Fruit
16	17	18	New York Thursday 19	20
<b>Assorted Muffins</b> Land O'Lakes® Colby String Cheese 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b>  <b>Egg &amp; Turkey Sausage</b> on a Whole Wheat Bun Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	<b>Cinnamon Twist</b> 100% Fruit Juice Fresh Fruit
Winter Recess 23	Winter Recess 24	Winter Recess 25	Winter Recess 26	Winter Recess 27
<b>Assorted Loaves</b> Land O'Lakes® Cheddar String Cheese 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b>  <b>Egg &amp; Cheese</b> with Turkey Sausage on a Buttermilk Biscuit Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	<b>Cinnamon Burst Pancakes</b> Served with Syrup 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	<b>Pillsbury® Mini Blueberry Waffles</b> 100% Fruit Juice Fresh Fruit
Winter Recess 30	Winter Recess 31			
<b>Assorted Muffins</b> Land O'Lakes® Mozzarella String Cheese 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b>  <b>Egg &amp; Cheese</b> with Turkey Sausage on an English Muffin Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	<b>Fresh New York Bagel Stick Varieties</b> Blueberry Cinnamon Raisin French Toast Plain  <b>Muffin Varieties</b> Honey Corn Apple Cinnamon  <b>Loaf Varieties</b> Banana Blueberry

<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate  Grab and Go Breakfast Pack	<b>Seasonal Fresh Fruit</b>  No Artificial flavors, colors, or sweeteners in all OFNS Products  Pre-K - 8 Breakfast Menu	<b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange  <b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa	<b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster
--	---	---	--

**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.