

November 2019

Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75	LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50	EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50	1 Chocolate Chip Muffin Fresh Fruit Assorted Juices Fish Sticks Spaghetti & Cheese Tossed Salad, Green Peas Whole Wheat Roll Chilled Pineapple
	<u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u>		Entrees: Elementary \$1.25 High \$1.50	
4 Pancakes or Waffles w/Syrup Pear Halves Assorted Juices Hot Dog w/Bun Chili Coleslaw, Steamed Corn Chilled Peaches Cookie	5 Sausage Biscuit Peaches Assorted Juices Baked Chicken Parsley Rice, Garden Salad Steamed Sliced Carrots Hot Roll Orange Slices	6 Toaster Pastries Fruit Cocktail Assorted Juices Meat Sauce w/Whole Grain Spaghetti Steamed Broccoli w/Cheese Garden Salad, Whole Wheat Roll Pineapple Tidbits	7 Breakfast Pizza Pineapple Assorted Juices Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Mixed Fresh Fruit Salad	8 Cinnamon Roll Apple Assorted Juices Grilled Cheese Sandwich Steamed Mixed Vegetables Blushing Pears Cookie
11 Muffin Sliced Peaches Assorted Juices Hamburger w/Bun Baked Beans Lettuce/Tomato/Pickle Slices Strawberry Applesauce Chocolate Chip Cookie	12 Breakfast Pizza Applesauce Assorted Juices Lasagna Green Salad w/Spinach Steamed Broccoli Whole Wheat Roll Pineapple w/Cherries	13 Sausage Biscuit Fruit Cocktail Assorted Juices Chicken Patty w/Bun Steamed Corn Lettuce/Tomato/Pickle Slices Blushing Pears	14 Pancake On A Stick w/Syrup Pears Assorted Juices Pizza Baked French Fries Carrot Sticks Fresh Fruit Chocolate Chip Cookie	15 French Toast Roll w/Syrup Fresh Fruit Assorted Juices Shrimp Gumbo or Stew w/Rice Steamed California Vegetables Potato Salad Crackers Fruit Cocktail
18 Breakfast Pizza Sliced Peaches Assorted Juices Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding	19 French Toast w/Syrup Chilled Pineapple Assorted Juices Pizza Tossed Salad Corn Chilled Peaches	20 Assorted Cereal w/Toast Fruit Cocktail Assorted Juices Meat Pie Baked Potato Wedges Steamed Broccoli Apple Chocolate Chip Cookie	21 Sausage Links Toast w/Jelly Pears, Assorted Juices Baked Turkey Rice Dressing, Yams Seasoned Sweet Peas, Hot Roll Pineapple w/Cherries Cake	22 Chocolate Chip Muffin Fresh Fruit Assorted Juices Fish & Cheese w/Bun Baked French Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears



Thanksgiving Holidays November 25, 2019 - November 29, 2019



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You can access your child's lunch account on our website at mylpsd.com