



Penn-Trafford Elementary February 2020 Breakfast Menu

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| <p>3</p> <p>Mini Maple Burst Waffles</p> <p>Banana Chocolate Chip Benefit Bar</p> <p>Cocoa Puffs</p> | <p>4</p> <p>Peach Parfait</p> <p>Toasted Bagel w/String Cheese</p> <p>Cocoa Puffs</p> | <p>5</p> <p>Donut Holes</p> <p>Trix Yogurt w/Cinnamania Graham Crackers</p> <p>Cocoa Puffs</p> | <p>6</p> <p>Breakfast Pizza</p> <p>Oatmeal Chocolate Chip Benefit Bar</p> <p>Cocoa Puffs</p> | <p>7</p> <p>Bacon & Egg Breakfast Sandwich</p> <p>Apple Nutri-Grain Bar</p> <p>Cocoa Puffs</p> |
| <p>10</p> <p>Colby Omelet w/Sausage Patty</p> <p>Banana Chocolate Chip Benefit Bar</p> <p>Cinnamon Toast Crunch</p> | <p>11</p> <p>Cherry or Apple Frudel</p> <p>Toasted Bagel w/String Cheese</p> <p>Cinnamon Toast</p> | <p>12</p> <p>Glazed Donut</p> <p>Trix Yogurt w/Cinnamania Graham Crackers</p> <p>Cinnamon Toast Crunch</p> | <p>13</p> <p>Breakfast Pizza</p> <p>Cinnamon Cream Cheese Filled Bagels</p> <p>Cinnamon Toast Crunch</p> | <p>14</p> <p>Waffles with Strawberries & Syrup</p> <p>Apple Nutri-Grain Bar</p> <p>Cinnamon Toast Crunch</p> |
| <p>17</p> <p>Act 80 In-Service</p> <p>No School</p> | <p>18</p> <p>Strawberry Parfait</p> <p>Toasted Bagel w/String Cheese</p> <p>Frosted Flakes</p> | <p>19</p> <p>Donut Holes</p> <p>Trix Yogurt w/Cinnamania Graham Crackers</p> <p>Frosted Flakes</p> | <p>20</p> <p>Breakfast Pizza</p> <p>Oatmeal Chocolate Chip Benefit Bar</p> <p>Frosted Flakes</p> | <p>21</p> <p>Sausage & Egg Breakfast Sandwich</p> <p>Apple Nutri-Grain Bar</p> <p>Frosted Flakes</p> |
| <p>24</p> <p>Sausage, Egg & Cheese Breakfast Burrito</p> <p>Banana Chocolate Chip Benefit Bar</p> <p>Lucky Charms</p> | <p>25</p> <p>Cinni-Minis</p> <p>Toasted Bagel w/String Cheese</p> <p>Lucky Charms</p> | <p>26</p> <p>Sugared Donut</p> <p>Trix Yogurt w/Cinnamania Graham Crackers</p> <p>Lucky Charms</p> | <p>27</p> <p>Breakfast Pizza</p> <p>Cinnamon Cream Cheese Filled Bagels</p> <p>Lucky Charms</p> | <p>28</p> <p>Ham & Egg Breakfast Sandwich</p> <p>Apple Nutri-Grain Bar</p> <p>Lucky Charms</p> |

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
Full Price: \$1.30 **Reduced Price:** \$0.30
Free to those who qualify

Additionally Available Throughout Each Week:

Entrees: Strawberry, Cinnamon, & Fudge Pop-Tarts, Cheerios
Juice: Apple, Grape, & Orange
Fruits: Apples, Oranges, Assorted Canned Fruit

Questions? Contact us at
pthscafe@penntrafford.org or 724-744-2664



Penn-Trafford Elementary

February 2020 Lunch Menu

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| <p>3</p> <p>Philly Cheesesteak <i>Chicken Nuggets w/Soft Pretzel</i> <i>Egg Chef Salad w/CROUTONS & S. Pretzel</i> <i>French Fries</i></p> | <p>4 ACE GIVEAWAYS</p> <p>2 Chicken Tenders w/a side of Mac & Cheese <i>Hamburger or Cheeseburger</i> BBQ Chicken Wrap</p> | <p>5</p> <p>Pasta, Chicken & Alfredo Sauce w/Roll <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich</p> | <p>6</p> <p>Soft Chicken Tacos <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap <i>Campfire Black Beans</i></p> | <p>7</p> <p>Pizza Hut PREM (HP/MC) Deep Dish Pizza PREM (SR/LG/TE) <i>Cheese Quesadilla</i> Beef Taco Salad w/ Chips</p> |
| <p>10</p> <p>Grilled Cheese w/Tomato Soup <i>Chicken Nuggets w/Soft Pretzel</i> <i>Egg Chef Salad w/CROUTONS & S. Pretzel</i></p> <p><i>fuel</i></p> | <p>11</p> <p>Warrior Chicken Bowl w/Roll <i>Hamburger or Cheeseburger</i> BLT Chicken Wrap <i>Mashed Potatoes & Gravy</i></p> <p><i>fuel</i></p> | <p>12</p> <p>"McWarrior" Burger <i>(Double Cheese Burger w/Lettuce & Thousand Island)</i> <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich BBQ Baked Beans</p> <p><i>fuel</i></p> | <p>13</p> <p>Nacho Bar <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap</p> <p><i>fuel</i></p> | <p>14</p> <p>Pizza Hut PREM (SE/LG/TE) Deep Dish Pizza PREM (HP/MC) <i>Cheese Quesadilla</i> Beef Taco Salad w/ Chips</p> <p><i>fuel</i></p> |
| <p>17</p> <p>Act 80 In-Service No School</p> | <p>18</p> <p>Ham & Cheese Pretzel Melt <i>Hamburger or Cheeseburger</i> Crispy Chicken Wrap Tater Tots</p> | <p>19</p> <p>Fair Food Basket <i>(Mini Corn Dogs, Chicken Tenders, Cheddar filled Pretzel & Potato Patch Fries)</i> <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich</p> | <p>20 LUCKY TRAYS</p> <p>Walking Tacos <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap Kickin' Pinto Beans</p> | <p>21</p> <p>Pizza Hut PREM (HP/MC) Deep Dish Pizza PREM (SR/LG/TE) <i>Cheese Quesadilla</i> Beef Taco Salad w/ Chips</p> |
| <p>24</p> <p>Meatball Hoagie <i>Chicken Nuggets w/Soft Pretzel</i> <i>Egg Chef Salad w/CROUTONS & S. Pretzel</i> French Fries</p> | <p>25</p> <p>Chicken Tenders w/Biscuit <i>Hamburger or Cheeseburger</i> Buffalo Chicken Wrap <i>Mashed Potatoes & Gravy</i></p> | <p>26</p> <p>Hot Dog w/Cheese <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich BBQ Baked Beans</p> | <p>27</p> <p>Hard Beef Tacos <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap</p> | <p>28</p> <p>Pizza Hut PREM (SE/LG/TE) Deep Dish Pizza PREM (HP/MC) <i>Cheese Quesadilla</i> Beef Taco Salad w/ Chips</p> |

February 14th - All students who purchase meals will receive a free Chocolate Strawberry Parfait dessert!



Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
Full Price: \$2.25 **Reduced Price:** \$0.40
Pizza Premium Price: \$2.60 **Free to those who qualify**

DAILY FRUITS & VEGETABLES MAY INCLUDE:

Apples, Oranges, Applesauce, Diced Peaches, Diced Pears, Fruit Cocktail, Peas, Glazed Carrots, Steamed Broccoli, Green Beans, Seasoned Corn, Cherry Tomatoes, Baby Carrots, Celery Sticks, Broccoli Florets, Cucumber Slices, Cauliflower

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