

# **Friday Nights in the Gym!!**

**Get the edge you need.**

**Join us to improve your athletic abilities.**

**No matter what sport you call yours, we  
can help get you to the next level!**

**Where: Alison Biondi Gymnastics**

**4066 Rte. 130 Irwin, PA**

**When: Friday Nights in September:  
(22<sup>nd</sup> & 29<sup>th</sup>)**

**Time: 6:00-7:30 PM**

**Cost: \$15 an athlete Bring a friend save \$5**

