



2001 Municipal Court
 Harrison City, PA 15636
 (724) 392-4555 Facebook.com/ptrecreation
 (724) 744-2172-fax

Mon-Fri, 9:00am-4:00pm
 www.ptarc.org

**REGISTER ON-LINE
 ON OUR WEBSITE:
 WWW.PTARC.ORG**

Questions? Call us, we're here to help!

PTARC-JR. OLYMPIAN KARATE-LACROSSE-SOCCER SHOTS

JR.OLYMPIAN KARATE FITNESS Age 4-6

Have fun, hone motor skills, develop proper stretching techniques, physically strengthen muscles, and develop full body coordination in this fun karate program.

Instructor: Dustin Baldis, PSKC Certified

Location: PA Shotokan Karate Club 708 Rt. 130, Level Green

Time: TUESDAY, 4:45-5:15 pm

4 week session: September 3-24 OR

Time: THURSDAY, 4:45-5:15 pm

4 week session: September 5-26

Fee: PTSD \$39, Non-Residents \$47



SOCCER SHOTS

Soccer Shots is a fun, high-energy, noncompetitive soccer program; which is the premier intro-to-soccer experience and soccer program. This Soccer Shots is the official 2-5 year-old program of US Youth Soccer! Parent participation required. All soccer equipment provided, bring water bottle.

Instructor: Soccer Shots Coaches

SOCCER SHOTS-MINI Ages 2-3

Location: BY Park - 831 7th Ext., Trafford

Time: Thursday, 5:30-6:00 pm OR 6:10-6:40 pm

1st 6 week session: September 5-October 10

Fee: PTSD Residents, \$79, Non-residents, \$87

SOCCER SHOTS- CLASSIC Ages 4-5

Location: BY Park - 831 7th St. Ext., Trafford

Time: Thursday, 6:50-7:20 pm

1st 6 week session: September 5-October 10

Fee: PTSD Residents, \$79, Non-residents, \$87

Limit: 10 participants

SOCCER SHOTS-PREMIER Ages 5-8

Class focuses on foot skills. All soccer equipment provided. Bring water bottle. No cleats please for the indoor session.

Instructor: Soccer Shots Coaches

Location: BY Park - 831 7th St. Ext., Trafford

Time: Thursday, 7:30-8:00 pm

1st 6 week session: September 5-October 10 OR

Fee: PTSD Residents, \$79, Non-residents, \$87



INTRO TO LACROSSE Ages: K – 8th grade

For those new to the sport, and all levels encouraged. The game of lacrosse requires certain skills to help a player handle a lacrosse ball effectively, ultimately providing an opportunity for a shot or goal. Learn basic skills such as scooping, passing, catching, cradling and shooting from an experienced coaching staff. Helmet, shoulder/knee pads, cleats and stick are recommended, but will be provided for those who need it. No experience needed, we encourage new players!

Instructors: Coach Rob Roy and staff

Location: Penn Middle School Football Field

Time: 6:00 – 7:30 pm, TUESDAY

Dates: 8 weeks, September 3 – October 22

Fee: PTSD Residents \$10, Non-residents \$18



2019 PTARC Jr. Olympian Karate, Intro to Lacrosse & Soccer Shots

Participant Name _____

Address _____

EMAIL Address _____

City _____ Zip _____ Birthdate _____ Age _____

Please circle where you live: Penn Borough Manor Trafford Penn Township Non-Resident

Primary Phone _____ Alternate Phone _____

Program Name/Start Date/Time _____

Adult participant signature required below. Parent signature required below for all participants under the age of 18.

The undersigned individual (parent or guardian if under age 18) represents that the registrant is in good health and can participate in the above listed activity and with prior knowledge of the physical nature of the activity releases Penn-Trafford Area Recreation Commission (PTARC), and Department, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees from any and responsibility for injury to the registrant through negligence or otherwise while he/she is participating in the activity. The parent, guardian, or participant assumes all risks inherent in the activity and will hold the Penn-Trafford Area Recreation Commission and Department, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees harmless from any and all claims or causes of action that may arise from this activity. The undersigned individual also hereby gives permission to Penn-Trafford Area Recreation Commission to use photographs of the participant for the promotion of Penn-Trafford Area Recreation events and programs. The participant agrees to hold the Penn-Trafford Area Recreation Commission, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees free and harmless from liability of any nature.

Keep top portion

*Cut & mail bottom portion to:
 PTARC
 2001 Municipal Ct.
 Harrison City, PA
 15636*

*Make checks
 Payable to PTARC*

***PARENT or Guardian SIGNATURE**

DATE

**** Pre Registration Required If you'd like to pay by credit card please visit www.ptarc.org**