



Penn-Trafford Elementary

December 2019 Lunch Menu

<p>2</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>3</p> <p>Popcorn Chicken w/Pretzel & Honey Mustard <i>Hamburger or Cheeseburger</i> BBQ Chicken Wrap Baked Fries</p>	<p>4</p> <p>2 Pancakes & Omelet Hash Brown Patty <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich</p>	<p>5</p> <p>Walking Tacos <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap Campfire Pinto Beans</p>	<p>6</p> <p>Pizza Hut PREM (MC/HP) Deep Dish Pizza PREM (TE/SE/LG) Hot Dog Beef Taco Salad w/ Chips Seasoned Broccoli</p>
<p>9</p> <p>Chicken Tenders w/Bread Slice <i>Grilled Cheese Sandwich</i> Chicken Chef Salad w/ Croutons & Roll Seasoned Peas</p>	<p>10</p> <p>Warrior Chicken Bowl w/Roll <i>Hamburger or Cheeseburger</i> BBQ Chicken Wrap Mashed Potatoes & Gravy</p>	<p>11</p> <p>"McWarrior" Burger (Double Cheese Burger w/Lettuce & Thousand Island) <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich BBQ Baked Beans</p>	<p>12 Lucky Tray Day!</p> <p>Nacho Bar <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap Seasoned Corn</p>	<p>13</p> <p>Pizza Hut PREM (TE/SE/LG) Deep Dish Pizza PREM (MC/HP) Hot Dog Beef Taco Salad w/ Chips Seasoned Broccoli</p>
<p>16</p> <p>Meatball Hoagie <i>Chicken Nuggets w/Roll</i> Chicken Chef Salad w/ Croutons & Roll Tater Tots</p>	<p>17</p> <p>Breaded Chicken Drumstick w/Roll <i>Hamburger or Cheeseburger</i> BBQ Chicken Wrap Seasoned Green Beans</p>	<p>18</p> <p>Pasta, Meatballs & Marinara Sauce w/Roll <i>Chicken Patty Sandwich</i> Ham & Cheese Sandwich Seasoned Peas</p>	<p>19</p> <p>Walking Tacos <i>Pizza Fun Lunch</i> Turkey & Cheese Wrap Seasoned Corn</p>	<p>20</p> <p>Bosco Pizza Sticks PREM (SR/LG/TE/MC/HP) Hot Dog Beef Taco Salad w/ Chips Seasoned Broccoli</p>
<p>23</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>24</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>25</p>	<p>26</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>27</p> <p><u>Holiday</u></p> <p><u>No School</u></p>
<p>30</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>31</p> <p><u>Holiday</u></p> <p><u>No School</u></p>	<p>1</p>	<p>2</p> <p>Bacon Cheeseburger 2 Max Cheese Sticks w/Dipping Sauce Turkey & Cheese Wrap BBQ Baked Beans</p>	<p>3</p> <p>Deep Dish Pizza PREM (SR/LG/TE/MC/HP) Hot Dog Beef Taco Salad w/ Chips Seasoned Broccoli</p>

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!
 Full Price: \$2.25 Reduced Price: \$0.40
 Pizza Premium Price: \$2.60 Free to those who qualify

Offered Daily: Apples, Oranges, & Pears; Cucumber Slices
Mondays: Cherry Tomatoes, Applesauce
Tuesdays: Celery Sticks, Diced Peaches
Wednesdays: Baby Carrots, Diced Pears
Thursdays: Fresh Broccoli, Grapes
Fridays: Fresh Cauliflower, Mixed Fruit
Questions? Contact us at pthsafe@penntrafford.org

This Institution is an equal opportunity provider.



Weekly FUEL Feature Dec 9-13
 Sriracha Rainbow Flatbread





Penn Middle School

Breakfast Menu

December 2019

FEATURING BREAKFAST SANDWICHES DAILY!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 <u>Holiday</u> <u>No School</u>	3 Apple Frudel <i>Sausage, Egg & Cheese on English muffin</i>	4 Sugared Donut Holes <i>Sausage, Egg & Cheese on English muffin</i>	5 Mini Cinni's <i>Sausage, Egg & Cheese on English muffin</i>	6 Vanilla Glazed Cinnamon Roll <i>Sausage, Egg, & Cheese on English muffin</i>	Daily Offerings Include: Breakfast Sandwiches on Toasted Bagels Assorted Pop-Tarts Banana Chocolate Chip Benefit Bars Assorted Cereals & Cereal Bars Nutri-Grain Bars Apple & Orange Juice Apples, Oranges, & Pears <small>Menus are subject to change without notice.</small>
9 4 French Toast Sticks <i>Ham, Egg & Cheese on English muffin</i>	10 Apple Frudel <i>Ham, Egg & Cheese on English muffin</i>	11 Cinnamon Sugar Donut Holes <i>Ham, Egg & Cheese on English muffin</i>	12 Breakfast Pizza <i>Ham, Egg & Cheese on English muffin</i>	13 Gingerbread Glazed Cinnamon Roll <i>Ham, Egg & Cheese on English muffin</i>	
16 Soft-Filled Cinn. Toast Crunch Bar <i>Sausage, Egg & Cheese on English muffin</i>	17 Strawberry Parfait <i>Sausage, Egg & Cheese on English muffin</i>	18 Lucky Charms Glazed Donut <i>Sausage, Egg & Cheese on English muffin</i>	19 Cherry Frudel <i>Sausage, Egg & Cheese on English muffin</i>	20 Donut Holes <i>Sausage, Egg & Cheese on English muffin</i>	
23 <u>Holiday</u> <u>No School</u>	24 <u>Holiday</u> <u>No School</u>	25 	26 <u>Holiday</u> <u>No School</u>	27 <u>Holiday</u> <u>No School</u>	
30 <u>Holiday</u> <u>No School</u>	31 <u>Holiday</u> <u>No School</u>	1 	2 Cherry Frudel <i>Bacon, Egg & Cheese on English muffin</i>	3 Vanilla Glazed Cinnamon Roll <i>Bacon, Egg, & Cheese on English muffin</i>	

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid
 What's My Account Balance? Check for FREE on k12paymentcenter.com
 Make It A Meal! Choose an Entree, a fruit AND a milk all for one price!

Full Price: \$1.30 Reduced Price: \$0.30
Free to those who qualify!

