MAMARONECK UNION FREE SCHOOL DISTRICT
HEALTH SERVICES

SELF-MEDICATION RELEASE FORM

NAME OF STUDENT: ____________________________________________     DATE: __________________________
Grade: _________  Teacher/Counselor:_____________________________________
School: □ Central  □ Chats  □ Mam’k Ave  □ Murray  □ Hmx  □ H.S.  □ Other _______________

WITH THE EXCEPTION OF INHALER MEDICATIONS & INSULIN, MEDICATIONS MAY BE
SELF-CARRIED/SELF-ADMINISTERED IN GRADES 7 THROUGH 12th ONLY,
AND only after evaluation by the School Nurse

The above student has been instructed in the proper use of the following medication procedures:

☐ self-administration of Benadryl, including proper dosage, time to take, etc.
☐ self-administration of an Epipen, including proper dosage, time to take, etc.
☐ self-administration of his/her inhaler medication, including proper dosage, time to take, etc.
☐ self-administration of the medication listed below, including proper dosage, time to take, etc.:
  Name of medication:

______________________________________________________________

PLEASE NOTE: STUDENTS NEEDING TO USE LANCETS MUST DISPOSE OF USED LANCETS IN A SHARPS
RECEPTACLE (I.E. AN EMPTY TEST STRIP CANISTER IS A GOOD EXAMPLE). SHARPS CONTAINERS ARE
AVAILABLE IN EACH HEALTH OFFICE. PLEASE INSTRUCT YOUR CHILD TO NOT DISPOSE LANCETS IN TRASH
CANS.

☞ We, (Physician’s signature) _________________________________________________, and
☞ (Parent or guardian’s signature) _______________________________________________, request

that the above student be permitted to carry the medication on his/her person, as we deem this child
to be able to self-carry his/her medication and consider him/her responsible enough to do so. He/she
has been instructed in and understands the purpose and appropriate method and frequency of use
and has been deemed able to self-administer as indicated above.

Note: This form must be completed in addition to routine district medication forms for those students
who request permission to carry/administer their own medication

Updated: 5/31/2011