



Penn-Trafford Elementary

March 2020 Breakfast Menu

2 Dr. Seuss Birthday

"Green" Eggs & Ham Sandwich

(It's not really Green 😊)

Banana Chocolate Chip Benefit Bar



Golden Grahams

3

Cinnamon Toast Crunch Cream Filled Pastry

Toasted Bagel w/String Cheese

Golden Grahams

4

Cinnamon Roll

Trix Yogurt w/Cinnamania Graham Crackers

Golden Grahams

5

Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Golden Grahams

6

Sausage & Egg Bagel Sandwich

Apple Nutri-Grain Bar

Golden Grahams

9

Cocoa Puff Cream Filled Pastry

Banana Chocolate Chip Benefit Bar

Cocoa Puffs

10

Strawberry Parfait

Toasted Bagel w/String Cheese

Cocoa Puffs

11

Donut Holes

Trix Yogurt w/Cinnamania Graham Crackers

Cocoa Puffs

12

Breakfast Pizza

Cinnamon Cream Cheese Filled Bagels

Cocoa Puffs

13

Bacon & Egg Bagel Sandwich

Apple Nutri-Grain Bar

Cocoa Puffs

16

Colby Omelet w/Sausage Patty

Banana Chocolate Chip Benefit Bar

Cinnamon Toast Crunch

17

Cherry or Apple Frudel

Toasted Bagel w/String Cheese

Cinnamon Toast

18

Glazed Donut

Trix Yogurt w/Cinnamania Graham Crackers

Cinnamon Toast Crunch

19

Breakfast Pizza

Oatmeal Chocolate Chip Benefit Bar

Cinnamon Toast Crunch

20

Bacon & Egg Breakfast Sandwich

Apple Nutri-Grain Bar

Cinnamon Toast Crunch

23

Pancakes w/Sausage & Syrup

Banana Chocolate Chip Benefit Bar

Frosted Flakes

24

Mini French Toast Pack

Toasted Bagel w/String Cheese

Frosted Flakes

25

Donut Holes

Trix Yogurt w/Cinnamania Graham Crackers

Frosted Flakes

26

Breakfast Pizza

Cinnamon Cream Cheese Filled Bagels

Frosted Flakes

27

Sausage & Egg Breakfast Sandwich

Apple Nutri-Grain Bar

Frosted Flakes

30

Sausage, Egg & Cheese Breakfast Burrito

Banana Chocolate Chip Benefit Bar

Lucky Charms

31

Cinni-Minis

Toasted Bagel w/String Cheese

Lucky Charms



Fun Facts about Dr. Seuss

-His full name was Theodor Seuss Geisel and he actually wasn't a doctor at all, he created the Dr. Seuss pen name!

-He wrote, illustrated & published 44 books before his death in 1991.

-It took him over a year to write his famous "Cat in the Hat".

-He wrote "Green Eggs and Ham" when a friend bet him he couldn't write a book using only 50 different words!

Information & Pricing

Milk Options: 1%, Flavored, Skim or Lactaid

Make It A Meal! Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!

Full Price: \$1.30

Reduced Price: \$0.30

Free to those who qualify

Additionally Available Throughout Each Week:

Entrees: Strawberry, Cinnamon, & Fudge Pop-Tarts, Cheerios

Juice: Apple, Grape, & Orange

Fruits: Apples, Oranges, Assorted Canned Fruit

Questions? Contact us at

pthscafe@penntrafford.org or 724-744-2664

