

PTARC PRE-SCHOOL & YOUTH PROGRAMS

BEGINNING YOG-A-LLET Ages 2 & Up

Start your tiny dancer in a fun movement class combining ballet and yoga. Learn ballet positions and steps, yoga poses for stretching and balance, and a short routine.

Instructor: Maggie Black

Location: Penn Trafford Ambulance Center

Time: Wednesdays, 10:45-11:15 am

4 Week Session: March 4-March 25

Fee: PTSD Residents \$20

Non-Residents \$28



BAKING WITH KIDS Ages 9-15

Does your child love to help you bake? Bring your kids to this class so they can learn the fine art of baking! Aramark's Pastry Chef, Melissa, will showcase her skills and teach kids how to make homemade Italian bread rolls, cupcakes, and fondant figures to top their cupcakes with!

Instructor: Aramark Pastry Chef Melissa

Location: Penn Trafford High School Cafeteria

Time: 10:00-1:00 pm

Date: March 7th

Fee: \$29 for all Participants



PINT-SIZE POM POM Ages 4-6

This energetic class will teach basic cheer & dance moves with pom poms, and learn beginner jumps & gymnastics. Wear shorts, athletic shoes and pull back long hair. Bring pom poms.

Instructor: Carleigh Bruno, PT High School Cheerleader

Location: Penn Township Ambulance Center

Time: Tuesdays, 5:00-5:30 pm

6 Week Session: March 3-April 7

Fee: PTSD Residents \$29

Non-Residents \$37



CHEERLEADING PREP Ages 7-10

Learn the basic of cheerleading from a Penn Trafford High School Cheerleader. Learn proper voice, jumping skills, dance tips, round off techniques and how to be a good citizen. Learn a cheer routine and more to present at the end of your session.

Instructor: Carleigh Bruno

Location: Penn Township Ambulance Center

Time: Tuesdays, 5:45-6:15 pm

6 Week Session: March 3-April 7

Fee: PTSD Residents \$29

Non-Residents \$37



SPANISH 1 Ages 6-10

Help your children expand their minds by enrolling them in "I Speak Spanish 1"! This class helps kids learn fun, basic conversational skills, greetings, short phrases, and games. They will amaze your family and friends!

Instructor: Cecilia Egnitz

Location: Level Green Elementary School

Time: Wednesdays, 6:15-7:00 pm

6 Week Session: March 4-April 8

Fee: PTSD Residents \$29

Non-Residents \$37



k27706185 fotosearch.com ©

SPANISH 2 Ages 11-16

Do you want to expand or refresh your Spanish language skills or just boost your memory and brain? It's never too late to learn a new language. Let's learn to speak Spanish! Learn conversation and grammar skills in a fun and easy way!

Instructor: Cecilia Egnitz

Location: Level Green Elementary School

Time: Wednesdays, 7:00-8:00 pm

6 Week Session: March 4-April 8

Fee: PTSD Residents \$29

Non-Residents \$37

