



## Exciting Youth Sports in Penn Trafford!



### **T-Ball:**

A fun and highly instructional introduction to baseball for 3 and 5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Jump Start Sports staff members conduct the instruction and oversee the game play while volunteer team coaches assist. This program runs much smoother with parent help! Parents have the option to either be a committed weekly coach or just be involved and help out with simple tasks whenever they are able to attend the program.

**Dates:**

Tuesday Evenings,  
September 12th - October 10th

**Fee:**

\$64 (Residents)  
\$72 (Non-Residents)

**Time:**

5:15PM - 6:15PM OR  
6:15PM - 7:15PM (Schedule Will Rotate)

**Location:**

Manor Ball Field: by the Police station. Please park in the large lot by the covered bridge; do not park in front of the police station or the public works building.

**\*Please bring a glove \* Registration includes a hat and shirt\***

### **Volleyball:**

Explore the fundamentals of volleyball through action-packed sessions designed to teach basic skills to beginning players. Participants learn passing, setting, hitting, blocking and serving as well as basic offense, defense, positioning, and team strategy. Kneepads are recommended but not required. Whether your child is an experienced player or a complete novice, they will have a blast learning about the sport in this fun and innovative program!

**Dates:**

Wednesday Evenings,  
Session 1: September 13th - October 18th  
Session 2 October 25th-December 6th  
(No class November 22nd)

**Fee:**

\$64 (Residents) \$72 (Non-Residents)

**Time:**

6:00PM - 7:00PM (Ages 6-10)  
7:00PM - 8:00PM (Ages 10-15)

**Location:**

Penn Middle Aux Gym

**\*Registration includes a shirt\***

**For more information & to register, visit [www.ptarc.org](http://www.ptarc.org).  
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