

PTARC Pre-School & Youth Programs

FAMILY & ME DANCE TIME Ages 2-3

We will be movin', groovin' and working up a sweat. Each class will be a combination of dancing, music and exercises with Mommy, Daddy, Grandparents, or Aunts & Uncles.

Instructor: Ms. Jolene, Janet's School of Dance

Location: Penn Trafford Ambulance Center

Time: Fridays, 5:00-5:30 pm

6 Week Session: March 13-April 24 (no class 4/10)

Fee: PTSD Residents \$29, Non-Residents \$37



TUMBLE TIME Ages 3-5

Develop balance and tumbling skills. Group activities work on gross motor skills and teamwork while having fun! Wear comfortable clothes.

Instructor: Ms. Jolene, Janet's School of Dance

Location: Penn Trafford Ambulance Center

Time: Fridays, 5:45-6:15 pm

6 Week Session: March 13-April 24

***no class 4/10**

Fee: PTSD Residents \$29

Non-Residents \$37



JAZZ-MA-TAZZ Ages 4-6

Jazz dance is a fun and energetic style. This class includes a warm-up with stretching, isolations, strengthening exercises and then moves across the floor to work on turns, leaps, jumps and runs. Each class ends with a fast paced combination. Intro to Jazz is perfect for the young dancer and focuses on coordination.

Instructor: Ms. Jolene, Janet's School of Dance

Location: Penn Trafford Ambulance Center

Time: Fridays, 6:15-6:45 pm

6 Week Session: March 13-April 24

***no class 4/10**

Fee: PTSD Residents \$29

Non-Residents \$37



INTRO TO GYMNASTICS Ages 2-4

Do you have a child that's constantly tumbling, dancing, or cart-wheeling around the house? Come let them try this class! Work on fundamental motor skills and basic gymnastics. All equipment will be utilized including the foam pit, trampoline, uneven bars, balance beam and vault.

Instructor: Alison Biondi's Gymnastic Instructors

Location: Alison Biondi's Gymnastic Facility

Time: Tuesdays, 11:45-12:30 pm

4 Week Session: March 24-April 14

Fee: PTSD Residents \$39

Non-Residents \$47



COLORFUL, CREATIVE ART Ages 5-8

Do you like to draw, color or create? Join our creative team and let loose the artistic fun inside of you! Each week you will make a different project. Get on board with friends, paper, pencil and paint to sprinkle snow, grow flowers and glue some rainbows!

****ALL SUPPLIES PROVIDED**

Instructor: Bernadette Calvino

Location: Penn Middle School Art Room

Time: Wednesdays, 5:45-6:45 pm

6 Week Session: March 11-April 22

***no class 4/1**

Fee: PTSD Residents \$34

Non-Residents \$42



INTER-ACTIVE RECYCLABLE ART Ages 7-11

Learn how to express your inner artist by re-purposing recycled articles into art! 2-liter bottles, milk jugs and more household garbage become beautiful projects. New projects each week, some inspired by the seasons and Holidays. Join us and bring beauty to used items!!

****A LIST OF SUGGESTED SUPPLIES TO BRING WILL BE EMAILED PRIOR TO CLASS**

Instructor: Bernadette Calvino

Location: Penn Middle School Art Room

Time: Wednesdays, 7:00-8:00 PM

6 Week Session: March 11-April 22

***no class 4/1**

Fee: PTSD Residents \$24

Non-Residents \$32

