



## PTARC Late Winter Sports Programs



### Introductory Volleyball

An instructional and recreational program for boys and girls ages 6-13. Explore the fundamentals of volleyball through action-packed sessions designed to teach basic skills to beginner and intermediate players. Participants learn passing, setting, hitting, blocking and serving as well as basic offense, defense, positioning, and team strategy. Knee pads are recommended but not required.

**Dates:** Thursdays, February 14 - March 21

**Location:** Penn Middle School Auxiliary Gym

**Time:** 6:00PM-7:00PM (ages 6-9) 7:00PM-8:00PM (ages 10-13)

**Fee:** \$64 includes t-shirt

### Spring Training

A fun and highly instructional introduction to baseball for 3-8 year old boys and girls. This indoor t-ball (ages 3-5) and introduction to coach pitch baseball (ages 6-8) session will get your child ready for the upcoming spring season. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games.

**Dates:** Tuesdays, February 19-March 26

**Location:** Penn Middle School Auxiliary Gym

**Time:** 6:00PM - 7:00PM (ages 3-5) 7:00PM - 8:00PM (ages 6-8)

**Fee:** \$64 includes t-shirt

**Coming this Spring! T-Birds T-Ball, Hummingbirds Soccer and Introductory Volleyball**

**Register at [PTARC.org](http://PTARC.org).**

**Questions?**

**Contact Jump Start Sports at [JYuvan@JumpStartSports.com](mailto:JYuvan@JumpStartSports.com).**