



## Penn Trafford Youth Sports Programs - Fall 2018



### **T-Birds T-Ball: Boys and Girls Ages 3 - 5**

A fun and highly instructional introduction to baseball for children. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Jump Start Sports staff members conduct the instruction and oversee the game play while volunteer parent team coaches assist. All players receive a team t-shirt and hat.

**Dates:** Wednesdays, September 5<sup>th</sup>-October 10<sup>th</sup>

**Time:** 5:15PM - 6:15PM OR 6:15PM - 7:15PM (Schedule Will Rotate)

**Location:** Manor Park

**Fee:** \$64 (Resident) \$72 (Non-Resident)

### **Hummingbirds Soccer: Boys and Girls Ages 3 - 7**

Children have fun and learn the basics of soccer in an age-appropriate program. Players learn dribbling, passing, trapping, shooting, defending, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and fun, low-key, non-competitive games.

**Dates:** Tuesdays, September 4<sup>th</sup>-October 9<sup>th</sup>

**Time:** 5:30PM - 6:30PM (Ages 3-4) 6:30PM - 7:30PM (Ages 5-7)

**Location:** Manor Park

**Fee:** \$64 (Resident) \$72 (Non-Resident)

### **Volleyball: Boys and Girls Ages 6 – 12 (Grades 1-6)**

An Instructional program for girls and boys in grades 1-6. Explore the fundamentals of volleyball through action-packed sessions designed to teach basic skills to beginning players. Participants learn passing, setting, hitting, blocking and serving as well as basic offense, defense, positioning, and team strategy. Kneepads are recommended but not required. Whether your child is an experienced player or a complete novice, they will have a blast learning about the sport in this fun and innovative program!

**Dates:** Wednesdays, September 12<sup>th</sup>-October 17

**Time:** 6:00PM - 7:00PM (Grades 1-3) 7:00PM - 8:00PM (Grades 4-6)

**Location:** Penn Middle School Auxiliary Gym

**Fee:** \$64 (Resident) \$72 (Non-Resident)

**For more information & to register, visit [www.jumpstartsports.com](http://www.jumpstartsports.com)  
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