

# Deer Valley 2018

**Please review and return the first page ASAP.**

The other pages are for you to keep in order to help you prepare for the upcoming trip.

Page 1 is an **Emergency Information Sheet** that each child and adult needs to complete in order to attend the Deer Valley Trip. We wait until this time of the year to have the most current information as possible. Once completed, this information should be sent to the attention of each building's School Nurse.

Page 2 is the **List of Things to Bring to Deer Valley**.

Page 3 is the **Drop-off and Pick-up Procedures** for the trip.

Page 4 is the **Map of the Drop -off and Pick-up Procedures** for the trip.

Page 5 is the **Menu for our meals** (as they have been in the past).

Page 6 is a list of **Emergency Telephone Numbers**.

Page 7 is **Driving Instructions** to and from Deer Valley.

Should you have any questions or concerns, please feel free to contact Ms. Bastian at 724-518-1743. If no one answers, please leave a message and I will call you back.



# EMERGENCY INFORMATION

## DEER VALLEY L.E.A.F. 2018

STUDENT'S LAST NAME \_\_\_\_\_

FIRSTNAME \_\_\_\_\_

MIDDLE INITIAL \_\_\_\_\_

STUDENT'S HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

ZIP CODE \_\_\_\_\_

STUDENT'S HOME PHONE \_\_\_\_\_

STUDENT'S SCHOOL \_\_\_\_\_

HOMEROOM TEACHER \_\_\_\_\_

FATHER'S NAME \_\_\_\_\_

WORK PHONE NUMBER \_\_\_\_\_

MOTHER'S NAME \_\_\_\_\_

WORK PHONE \_\_\_\_\_

Family Cell Phone Number: \_\_\_\_\_

PHYSICIAN'S NAME \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

INS CARRIER NAME \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

PHONE \_\_\_\_\_

**PLEASE SEE BACK OF PAGE!!!**

List two people, other than yourselves, who will assume temporary care or to provide transportation for the child. (In the event that you could not be reached or could not pick them up. These are your alternate emergency contacts.)

1. Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone Number \_\_\_\_\_
  
2. Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone Number \_\_\_\_\_

Please list any health problems or concerns we may need to know about during this trip and the steps needed to manage the problem. Allergies, ie. medications, environmental, seasonal, food, bee sting, asthma, heart condition, emotional concerns such as homesickness etc. (Staple another sheet of paper if needed.)

Please list all medication that your child needs to take while on this trip. Emergency medication (bee sting kit, asthma inhalers, etc.) **MUST** be accompanied a prescription from the doctor. Prescriptive medications must be in the original bottle with the physician's directions. **You must include a prescription sheet with these medications. Please fill out the Permission to Administer Medication at Deer Valley form and return with the medication the day of departure. Students will receive these permission slips for medication closer to our Departure to Deer Valley.**

I give my permission for school personnel to act in my place in the event of an emergency involving my child. Also by signing this document, I am giving consent for my child to attend and participate in the Deer Valley Leaf program and its activities including the hayride.

Signature \_\_\_\_\_

Date: \_\_\_\_\_

# THINGS TO BRING TO DEER VALLEY 2018

We cannot begin to impress upon you the wide variety of weather conditions which we may encounter while at Deer Valley. Please send your child prepared for various weather conditions. Please do not pack clothing according to Pittsburgh weather forecasts. It is likely to be 10 degrees colder at Deer Valley. Modest rain will not stop our outdoor classes. However, heavy downpours or electrical storms and our classes will be moved indoors.

## Clothing

- ...old jeans or pants (3 pair minimum) ... NO SHORTS
- ...shirts ( T-shirts and long sleeved shirts)
- ...sweatshirts and sweatpants ( It's a good idea to have a hooded sweatshirt.)
- ...socks (Bring twice as many as you think you will need.)
- ...underwear
- ...pajamas (some students wear sweats)
- ...handkerchiefs (Rather than tissues which we later find discarded.)
- ...old sneakers
- ...daypack (Small backpack for carrying extra clothing during the day.) DOES NOT HAVE TO BE CLEAR.
- ...gloves (For fishing as well as cold weather.)
- ...hat
- ...jackets (one lightweight and one medium weight)
- ...sweaters and/or sweatshirts
- ...rain gear is a MUST! ...a RAINCOAT or PONCHO is best. ... NO UMBRELLAS (SAFETY REASONS)
- ...boots...WATERPROOF AND WARM ...do not buy dress boots...do not buy expensive boots... check with neighbors and other members of your family...even an old pair of snow boots, fireman's boots, or old fishing boots will be OK. The boots will be needed for the hikes and the stream and lake search during Aquatic Safari.

PLAN ON DRESSING IN LAYERS OR CARRYING ADDITIONAL CLOTHING to ADD OR REMOVE ACCORDING TO WEATHER CONDITIONS.

## SLEEPING GEAR

- ...sleeping bag and sheets OR sheets and blankets (the bunks at DV have spring frames, mattresses with plastic covers)
- ...small pillow and case

PLEASE LABEL THESE ITEMS AND PACK THEM IN A NYLON DUFFEL BAG OR LAUNDRY BAG. NYLON WORKS BEST IN RAIN, BECAUSE IT KEEPS THE ITEMS INSIDE DRY DURING LOADING OR UNLOADING.

## PERSONAL NEEDS

- ...bath towels and wash cloths
- ...soap in a container
- shampoo in an unbreakable container
- ...toothbrush and toothpaste/plastic cup (for drinking water in the cabin.)
- ...comb/brush
- ...chapstick (optional)
- ...hair dryer (optional)
- ...any personal medications should be bagged and given to the Nurse during bus loading or at the first meal.
- ...watch (optional)
- flashlight with new batteries

## DO NOT BRING

knives...CELL PHONES...ipads...radios...ipods...NO ELECTRONICS OF ANY KIND...hatchets...weapons...fishing gear...perfume/cologne (these attract bugs)...hairspray...matches...games...umbrellas...gum...or snacks of any kind. (We provide all snacks, each evening.)

Note: We do not recommend expensive cameras. We have had a lot of success with the disposable cameras!

**YOU WILL ONLY BE PERMITTED TO HAVE TWO (2) PIECES OF LUGGAGE...ONE ITEM FOR EACH HAND... THIS INCLUDES YOUR SLEEPING GEAR AND DAYPACK ... NOTHING WILL GO ON THE BUS WITH YOU...ALL LUGGAGE WILL GO ON THE TRUCK TO DV...MAKE SURE ALL LUGGAGE IS SECURE. LABEL ALL PIECES WITH YOUR NAME AND SCHOOL. DO NOT PACK ANYTHING IN GARBAGE BAGS!!!**



# Drop-off and Pick-up Procedures 2018

Dear Parents,

The students will be leaving from St. Barbara's Catholic Church parking lot (on the far right side.) Please have your child at this location between 8:15 and 8:30 AM on Monday, October 1<sup>st</sup> if your child is from HARRISON PARK OR MCCULLOUGH. or on Wednesday, October 3<sup>rd</sup> if your child attends SUNRISE, LEVEL GREEN, or TRAFFORD

If for some reason your child is ill or unable to attend the trip, please call the building your child attends by 8:15 AM. We will call the buildings about 8:20 AM to find out who will be missing our trip.

## **LOADING PROCEDURE: (SEE MAP)**

Any medications may be given to the nurses/administrators/ in the sign in.

1. Your child should take his/her luggage to the rental truck; the loaders will load the truck.

**\*\*Once again we would like to stress.....NO GARBAGE BAGS** may be used for luggage purposes. They break and the garments spread about. Nylon laundry bags are acceptable. Remember, your child should be able to handle his/her own luggage....two pieces.....one for each hand.

2. Your child should then go to the check-in center to sign in and have them tell the adult their name. They will check you off and tell you what group you are in #1-8. Please look for the check-in signs to guide you in the correct directions! It is located inside right next to where the luggage will be loaded.

3. Once you have signed in, you will proceed to your group and meet your cabin leaders. The groups will be located outside across from the luggage. Your cabin leader will give you your button. Please place this on a visible area of your clothing.

4. Located on the button will be four bits of information.....group number....cabin number.....table number.....parent leader's name.

5. Wait for the rest of your group to arrive. Do not leave this area!!! Once all members are present, you will load onto a specific bus. From this point on....you will never be away from your parent leader.

6. When all buses are loaded, (this should be about 8:45AM) we will be leaving for DV.

**We will not wait for late or missing students...the schedule is imperative.**

7. Sit with your group and parent leader on the bus and enjoy the ride!

8. When you arrive at Deer Valley, you will have to wait on the bus until all luggage is unloaded and lined up.

Once you exit the bus, you will locate your luggage with your group leader and proceed to your cabins. Get settled into your cabin and at 11:55 AM come to the outside entrance of the cafeteria. Wait outside patiently, we will invite you in when we are ready....we are setting the tables for this meal. Bring any medications that were not given to the administrators or nurse to the cafeteria at this time.

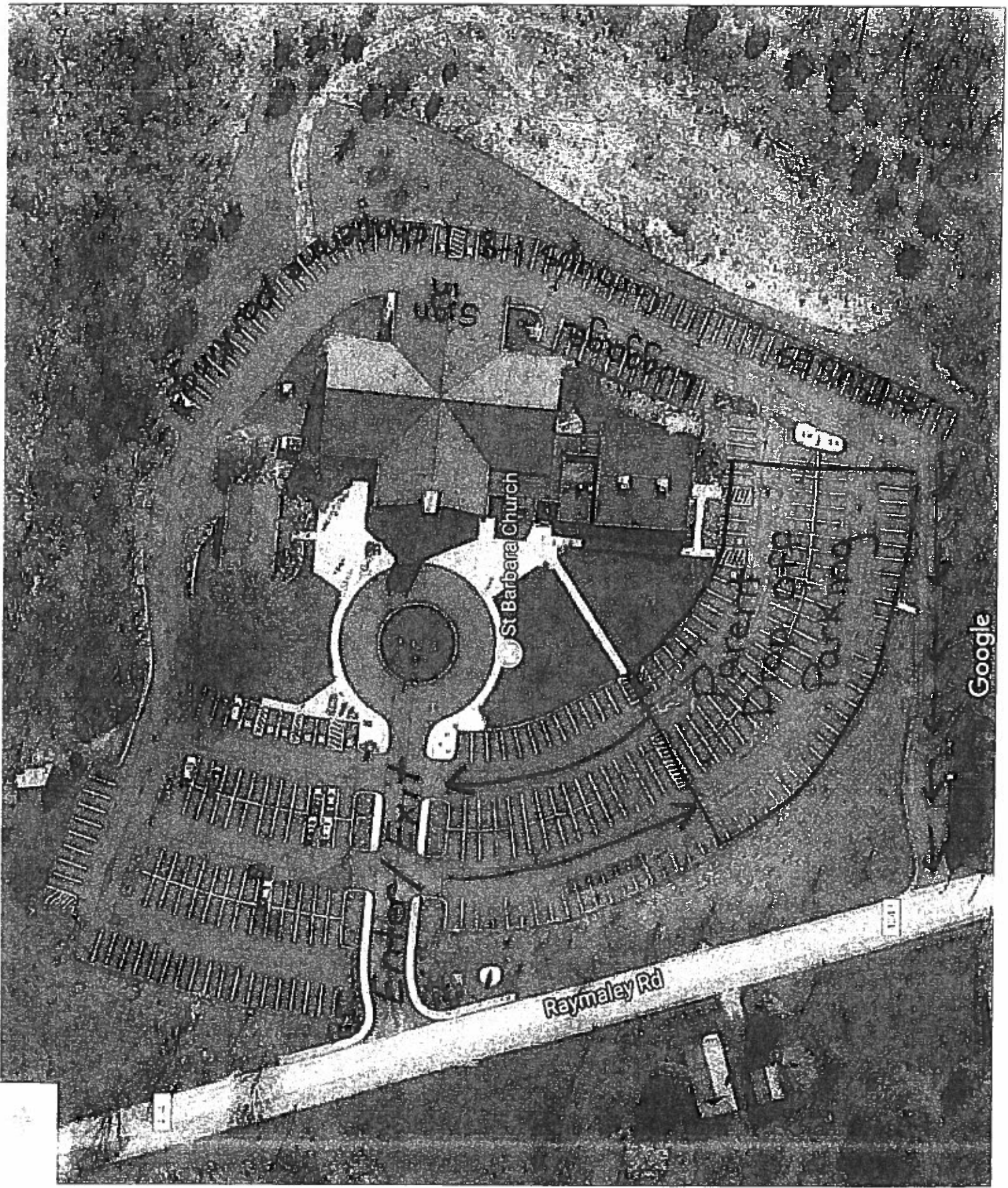
9. Immediately following lunch, you will be attending your first classes...**you do not go back to the cabins...so come prepared.**

### **Return to home from camp!**

Your child will be returning, to the drop-off location(St. Barbara's Church), from Deer Valley on Wednesday (if they left Monday) or Friday (if they left Wednesday) between 1:45 and 2:15 PM.

No students will be permitted off the bus until all luggage is unloaded and lined up. Luggage will be separated into male and female lines. Once you have your luggage, please use caution leaving the facility. There will be about 400 people in this parking lot and many of them are excited children anxious to tell of their adventures. This means that they may not be paying as close attention to vehicles as they should be. This can be the most dangerous portion of this trip, so **PLEASE USE EXTREME CAUTION.**





St Barbara Church

Raymaley Rd

Google



# Meal Menus

(as they have been in the past)

Menu may vary from year to year but here is an example of a meal schedule.

## **Monday:**

Lunch: Chicken Rice Soup, Cheese/Hamburger, Carrot, Celery Sticks, Fresh Fruit, Potato Chips, Brownies, and Beverages.

Dinner: Spaghetti with meat sauce, Marinara/Parmesan Cheese, Tossed Salad, Cake, and Beverages.

## **Tuesday:**

Breakfast: Bacon and Eggs, Cold Cereal, and Beverages.

Lunch: Ham and Cheese Panini, Beef Noodle Soup, Pudding, Cookies, and Beverages.

Dinner: Turkey with stuffing, Mash Potatoes, Corn, Coleslaw, Rolls, Ice Cream, and Beverages.

## **Wednesday:**

Brunch: Pancakes, Hard Boiled Eggs, Mini Sausages, Assorted Fruit, Blueberry Muffins, Cold Cereal, and Beverages

/Lunch: Hot Dog Tomato Alphabet Soup, Pudding, Cookies, and Beverages.

Dinner: Spaghetti with meat sauce, Marinara/Parmesan Cheese, Tossed Salad, Cake, and Beverages.

## **Thursday:**

Breakfast: Bacon and Eggs, Cold Cereal, and Beverages.

Lunch: Chicken Rice Soup, Cheese/Hamburger, Carrot, Celery Sticks, Fresh Fruit, Potato Chips, Brownies, and Beverages.

Dinner: Turkey with stuffing, Mash Potatoes, Corn, Coleslaw, Rolls, Ice Cream, and Beverages.

## **Friday:**

Brunch: Pancakes, Hard Boiled Eggs, Mini Sausages, Assorted Fruit, Blueberry Muffins, Cold Cereal, and Beverages

Snacks are provided nightly.

**NO FOOD is to brought by the students or chaperones, and NO FOOD IS PERMITTED TO BE IN THE CABINS!!**



# Emergency telephone numbers

In case an emergency occurs, you may contact us at:

Please make these calls in the order given.

## **Deer Valley Main Office**

1-800-YMCA-FUN

1-800-962-2386

## **EMERGENCY NUMBER**

814-662-4031

814-662-2674

**Camp Director's Home** (Dave Riether)

This staff is very professional and will get in touch with us. We will then return your call.

**\*\* The students are NOT permitted to make telephone calls while at Deer Valley. If there is a problem or concern, we will call you.**



# Directions to Deer Valley

1. Take the Turnpike East toward Harrisburg
2. Exit the Turnpike at Exit 91- Donegal
  - As you get off the Exit head LEFT onto Route 31
  - You will pass a Sunoco Gas Station and a McDonald's on your right
3. You stay on Route 31 for a while.
  - You will pass Laurel Highlands Campground on your right
  - You will pass the CaddieShak Fun Land on your right
  - You will pass Sarnelli's Market on your right
  - You will come upon a limestone mine on your left just as you are approaching Hidden Valley resort on your right
  - Koozer State Park will also be on your right
4. When you see the CoGo's Gas Station on your left you are getting close to the next turn.
5. Turn RIGHT onto TRENT Road just beyond the CoGo's Gas Station.
  - You will pass the Pioneer Park Campground on your right
  - You will pass Laurel Hill State Park on your right
6. You will come to a STOP Sign.
7. Make a LEFT onto Copper Kettle Road.
8. You will come to another STOP sign-go STRAIGHT ahead into the town of Rockwood.
  - You will see the Rockwood School complex on your left as you go down the hill.
  - Go across the Rail Road tracks and up the hill.
  - Follow the road through the farm area.
9. When you reach a STOP Sign you will make a RIGHT onto Mt. Davis Road.
  - After you make that turn you will see a RED Silo and RED Barn
10. Follow Mt. Davis Road until you see the Wendell Yoder Land O'Lakes Farm on your right.
11. Look for the Mt. Davis sign and turn RIGHT.
12. When you come to another STOP Sign make another RIGHT onto Saint Paul Road.
13. Follow St. Paul Road until you reach Deer Valley Camp.
14. You will pass the "Highest Point in PA" Sign and then the camp entrance is at the bottom of the hill on the Right.

# Directions HOME from Deer Valley

1. From Camp entrance turn LEFT and go up the hill.  
-You will pass the "Highest Point in PA" sign and the Mt. Davis Picnic area- both on your right.
2. As you are traveling on Saint Paul road you will be looking for a red farm on your RIGHT. When you see the red barn and buildings you will be making that LEFT. I always miss this turn for some reason.
3. You will come to a STOP sign-stay RIGHT.
4. At the next STOP sign make a LEFT-you will pass that Land O'Lakes Farm on your left.
5. You will be going through the town of Summit Mills as you travel on Mt. Davis road. Look for that RED Silo and RED barn that we passed before.
6. Turn LEFT onto Rockdale Road (just past the RED Silo and RED Barn). You are heading back towards Rockwood.
7. Go through Rockwood-over the train tracks and the schools will be on your right going up the hill.
8. When you come to the intersection (blinking light) go STRAIGHT ahead.
9. You will be looking to make a RIGHT onto TRENT Road. There is a small church on the left side of the turn but it is an easy turn to miss.
10. After you make that right you will see Lost Mountain Campground on your left.
11. You will see Laurel Hill State Park on your left.
12. You will follow that road all the way out-past the Pioneer Park Campground (on left) and make a LEFT onto Route 31.
13. You will see the CoGo's Gas Station again on your right.
14. Stay on Route 31 past Hidden Valley again and all the way out to the Turnpike.
15. Take the Turnpike home-WEST towards Pittsburgh.