



Welcome!

**Social Emotional Learning at P.S. 316
2020-2021**

Focus on Social & Emotional Learning in 2020

As we come back to school this year, there is an increased need to focus on social-emotional learning in the learning environment and to support our students and their families as they resume school.

We as a team want to inform staff and parents about the different resources and activities that are available through P.S. 316. Although this school year will look and feel different, we remain accessible to staff and students. We will get through this together.

Our SEL Curriculum will be based off of the Sanford Harmony Program.

Office hours (Remote & In-Person)

Mondays 2:20 PM - 3:20 PM for Parents and Staff:

Team will be present to answer questions about at-risk students, referrals for therapy, multi-tiered system of supports for behavior and academic interventions (formerly response to intervention), IEPs, social emotional learning, and how to monitor students engagement of school year both directly and indirectly.

To schedule a time slot, please reach out directly to the team member you would like to meet with by the Friday prior.

Welcome and Dismissal Door Spots

To attend to our students as they enter and leave the building we will staff entrances and exits as follows:

Benjamin: Main Entrance and Rotate as Needed

Jillian: Available Remote

Burcin: Available Remote

Alana:

Ms. Nirosha Kottahachchi

SBST School Psychologist

Days at P.S. 316: Monday, Wednesday, and Friday

Email: NKottahachchi2@schools.nyc.gov (Note the “2”!)

Phone Extension: 1075

Mr. Benjamin Brenkert

SBST Team School Social Worker

(Coming from D30 to D17)

Days at P.S. 316: Mondays, Wednesdays and Fridays

Phone Extension: 1078

Email: bbrenkert@schools.nyc.gov

Ms. Burcin Yoruk

School Counselor & Middle School Application Liaison

Email: byoruk@schools.nyc.gov

Google Voice Number: 862-801-5184

*Available remotely Monday through Friday

Mrs. Jillian Anderson

School Social Worker and NEST Point Person

Email: Janderson43@schools.nyc.gov

Google Voice Number: 516-366-0208

Available: Monday-Friday *Remotely*

Mrs. Alana Rock

Mental Health Therapist with CCM

Days at P.S. 316: T/W, online M/Th/F

Email: arock@ccmnyc.org

Phone: 917.740.0173 (work cell)

Community Counseling and Mediation provides in-school (and online) therapy sessions for students. Contact Mrs. Rock if you are interested in services.

First Week of School - Spirit Week Activity

ATTENTION ALL STUDENTS AND STAFF:

We want to kick off the 2020-2021 school year with a “first week of school” spirit week! We missed all of our students so much, and we cannot wait to welcome them back!

MASK SPIRIT DAY: Please wear your most colorful and unique face mask to school to show off to your new classmates! (Students can decorate masks with stickers, markers, etc.)

Pre-Kindergarten Student Activity

Option 1: Students can bring pictures of their parent(s)/guardian(s) to school and introduce their family members to their new peers

Option 2: Student parent(s)/guardian(s) can email 2-3 minute recordings, e.g., sent to Pre-K teachers and the teachers can play them for their new students

Kindergarten - 5th Grade Letter Activity

We know that our students unfortunately did not get the opportunity to formally say goodbye to their teachers last year!

We are encouraging students to write/type a letter or draw a picture to give to their teacher from last year! This will give students the opportunity to express their ideas and feelings to their previous teacher and receive more closure.

Please send your students' creations to: janderson43@schools.nyc.gov

The team will ensure that the letter gets distributed to the appropriate teacher.

Pre-K - 5th Grade Classroom Door Parking Lot Activity

Students have been away from school for some months and will have mixed feelings about their return to school - to engage our students with a supportive activity that builds community and gauges students emotions upon reentry to P.S. 316 we plan to provide classrooms with a door parking lot (construction paper) and emoji stickers. As students enter the classroom they will select the emoji sticker that best represents how they are feeling and place it in on the door parking lot. Our team is available to review any teacher concerns about how a particular student or group of students re-enter the school.

Outline of Upcoming Services

- Spirit days throughout the first few weeks of school! To occur Tuesdays and Wednesdays remotely (based on your cohort). Weeks 2-6:
- 2: Tourist Day** - Pull out the fanny packs and cameras for a day of cheesy sightseeing.
 - 3: Cartoon Day** - Students can relive their childhood by dressing as a favorite cartoon character.
 - 4: Board Game Day** - Dress as your favorite board game or card game character. (e.g., an Old Maid, the Queen of Hearts, a Twister board)
 - 5: School Colors Day** - Sure, students can wear school shirts, but make it more fun by seeing who comes up with the craziest outfit in your school's colors.
 - 6: Twin Day** - Each student grabs a friend to match with for the day - even the teachers can get involved!

Outline of Upcoming Services Continued

- Social-Emotional Focus
 - Week 1: Mindfulness
 - Week 2: Self-care
 - Week 3: Trauma Informed Care
 - Week 4: Making Friends Remotely
- The SEL Team will be created an ILearn NYC Classroom where we will be posting, live streaming and providing resources to both parents and students throughout the school year. (Stay tuned for more information.)