


# September 2018

# LaFourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Labor Day</b> 	<b>4</b> <b>Professional Development Day</b>	<b>5</b> French Toast w/Syrup or Assorted Cereal w/Toast Pineapple, Assorted Juices Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Steamed Corn Blushing Pears	<b>6</b> Sausage Links Toast w/Jelly Pears, Assorted Juices Shrimp Gumbo or Stew w/Brown Rice Steamed California Vegetables Potato Salad Crackers Fruit Cocktail	<b>7</b> Chocolate Chip Muffin or Assorted Cereal w/Toast Fresh Fruit, Assorted Juices BBQ Pork w/Bun Baked Sweet Potato Fries Lettuce/Tomato/Pickle Slices Carrot Sticks, Fresh Fruit Chocolate Chip Cookie
<b>10</b> Pancakes or Waffles w/Syrup or Assorted Cereal w/Toast Pear Halves, Assorted Juices Hot Dog w/Bun Chili Colelaw, Steamed Corn Chilled Peaches Cookie	<b>11</b> Donut or Assorted Cereal w/Toast Peaches, Assorted Juices Baked Chicken Parsley Rice, Garden Salad Steamed Sliced Carrots Hot Roll Orange Slices	<b>12</b> Sausage Links Toast w/Jelly Fruit Cocktail, Assorted Juices Meatsauce w/Whole Grain Spaghetti Steamed Broccoli, Garden Salad Whole Wheat Roll Pineapple Tidbits	<b>13</b> Breakfast Pizza or Assorted Cereal w/Toast Pineapple, Assorted Juices Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Fruit Salad	<b>14</b> French Toast w/Syrup or Assorted Cereal w/Toast Apple, Assorted Juices Grilled Cheese Sandwich Steamed Mixed Vegetable Lettuce/Tomato/Pickle Slices Blushing Pears Cookie
<b>17</b> Muffin or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices Smoked Sausage Red Beans w/Rice Steamed Cabbage Cornbread Chilled Peaches	<b>18</b> Breakfast Pizza Applesauce Assorted Juices Meatsauce w/Whole Grain Spaghetti Steamed California Vegetables Lettuce w/Tomato Wedges Fresh Apple	<b>19</b> Sausage Biscuit or Assorted Cereal w/Toast Fruit Cocktail, Assorted Juices Salisbury Steak w/Gravy Mashed Potatoes Lima Beans, Wheat Roll Tossed Salad Fruit Cocktail	<b>20</b> Pancake On A Stick w/Syrup or Assorted Cereal w/Toast Pears, Assorted Juices Pizza Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears Chocolate Chip Cookie	<b>21</b> French Toast Roll w/Syrup Fresh Fruit Assorted Juices Fish Sticks Spaghetti & Cheese Tossed Salad, Green Peas Whole Wheat Roll Chilled Pineapple
<b>24</b> Breakfast Pizza or Assorted Cereal w/Toast Peaches, Assorted Juices Hamburger w/Bun Baked Sweet Potato Wedges Lettuce/Tomato/Pickle Slices Steamed Corn, Chilled Peaches Chocolate Chip Cookie	<b>25</b> French Toast w/Syrup or Assorted Cereal w/Toast Pineapple, Assorted Juices Potato Stew with Smoked Sausage & Brown Rice Colelaw, Seasoned Green Beans Whole Wheat Roll Fruit Salad	<b>26</b> Cinnamon Roll Fruit Cocktail Assorted Juices Chicken Patty w/Bun Garden Salad Steamed Sliced Carrots Oranges Slices	<b>27</b> Sausage Links Toast w/Jelly Pears, Assorted Juices Meatsauce w/Whole Grain Spaghetti Steamed Broccoli Garden Salad Whole Wheat Roll Pineapple Tidbits	<b>28</b> Chocolate Chip Muffin or Assorted Cereal w/Toast Fresh Fruit, Assorted Juices Chicken Strips White Beans with Rice Lettuce w/Tomato Wedges Whole Wheat Roll Fruit Cocktail

**BREAKFAST PRICES:**

Elementary	\$1.55
Middle	\$1.55
High	\$1.60
Reduced	\$0.30
At Cost	\$2.75

**LUNCH PRICES:**

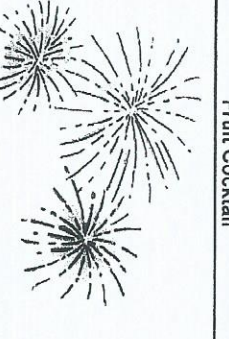
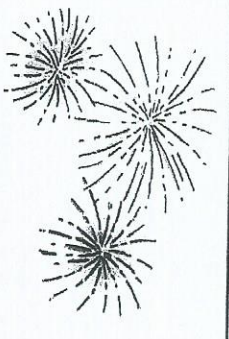
Elementary	\$1.65
Middle	\$1.70
High	\$2.10
Reduced	\$0.40
At Cost	\$4.50

**EXTRAS:**

Milk	\$0.50
Bread	\$0.50
4 oz Juice	\$0.50
6.75 oz Juice	\$0.50
Fruit/Vegetable	\$0.50
Dessert	\$0.50

**Entrees:**  
 Elementary \$1.25 High \$1.50

**Menus are subject to change as needed.  
 Choice of milk is offered with every meal.**



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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)