

Suggested Books and Resources for Parents

Compiled by Yoni Schwab, Ph.D.

Setting Limits: How to Raise Responsible, Independent Children by Providing Clear Boundaries by Robert J. MacKenzie, Ed.D. (1998, Three Rivers Press)

The Parent's Handbook by D. Dinkmeyer, Sr., G. D. McKay, & D. Dinkmeyer, Jr. (1997, American Guidance Service)

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too by Adele Faber and Elaine Mazlish (2004, Harper Paperbacks)

How to Talk so Kids will Listen and Listen so Kids will Talk by Adele Faber & Elaine Mazlish (1999, Harper Paperbacks)

Liberated Parents, Liberated Children: Your Guide to a Happier Family by Adele Faber & Elaine Mazlish (1990, Harper Paperbacks)

The Blessing of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children by Wendy Mogel (2008, Scribner)

How Much is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible and Respectful Children by Clarke, Dawson, & Bredehoft (2003, De Capo Press)

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids by Madeline Levine (2008, Harper Paperbacks)

Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child by M. J. Elias, S. E. Tobias, & B. S. Friedlander (1999, Three Rivers Press)

Emotional Intelligence: Why It Can Matter More Than IQ by Daniel Goleman (2006/1995, Bantam)

Social Intelligence: The New Science of Human Relationships by Daniel Goleman (2006, Bantam)