




## SEPTEMBER 2017: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 4	5	6	First Day of Classes 7	8
Organic Stonyfield® Yogurt  100% Fruit Juice & Seasonal Fresh Fruit	2 Fresh Bananas  Apple Granola  Milk	Land O'Lakes® Mozzarella Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Organic Purple Corn Flakes  Milk	Rold Gold® Hartzels  100% Fruit Juice & Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
Honey Roasted Sunflower Seeds  Craisins  100% Fruit Juice & Seasonal Fresh Fruit	New York Apple Slices  Blueberry Granola  Milk	Ranch Carrot Snackers  100% Fruit Juice & Seasonal Fresh Fruit	Rold Gold® Hartzels  Hummus Cup  Milk	Land O'Lakes® Cheddar Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
Upstate Farms® Yogurt  100% Fruit Juice & Seasonal Fresh Fruit	Seasonal Fresh Fruit  Nature Valley™ Oats 'n Honey Granola Bar  Milk	Land O'Lakes® Colby Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Cinnamon Cluster  Milk	Rold Gold® Hartzels  100% Fruit Juice & Seasonal Fresh Fruit
25	26	27	New York Thursday 28	29
Organic Stonyfield® Yogurt  100% Fruit Juice & Seasonal Fresh Fruit	2 Fresh Bananas  Apple Granola  Milk	Land O'Lakes® Mozzarella Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Organic Purple Corn Flakes  Milk	Rold Gold® Hartzels  100% Fruit Juice & Seasonal Fresh Fruit
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	

### Milk Choices

1% Low-fat  
Fat Free  
Fat Free Chocolate

All Fruit Offerings are 1 cup  
If Juice is served there must ALSO be a Fruit

After School  
Snack Menu



MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD HAS A PORK FREE MENU