

We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

Monday

Tuesday

Wednesday

Thursday

Friday

- 2
- 9 Baked Tater Tots
Carrots
Orange
Garbanzo Bean & Spinach Salad
Chicken Nuggets
Buttered Egg Noodles
Grilled Cheese Sandwich
Buffalo Chicken Pizza
Pasta w/ Turkey Marinara & Melted Mozzarella
Chicken Ranch Wrap
- 16 Fiesta Corn
Carrots
Orange
Garbanzo Bean & Spinach Salad
Chicken Nugget & Mozzarella Stick Combo
Dinner Roll
Grilled Cheese with Bacon
Buffalo Chicken Pizza
WG Pasta w/ Turkey Meat Sauce
- 23 Italian Vegetables
Carrots
Orange
Potato Salad
Chicken Parmesan over Pasta
Cheesy Garlic Bread
Grilled Cheese & Ham on WW
Buffalo Chicken Pizza
WG Pasta w/ Turkey Meat Sauce
Grilled Chicken Caesar Wrap
- 30 Baked Tater Tots
Sweet Potato Fries
Orange
Bean & Veggie Salad
Chicken Tenders
Grilled Cheese with Bacon
Buffalo Chicken Pizza
WG Pasta w/ Turkey Meat Sauce
Chicken Ranch Wrap

- 3
- 10 Corn
Red Beans
Pear
Sweet Red Pepper Strips
Crispy Twin Turkey Tacos
Grilled Chicken Teriyaki Sandwich
Beef & Cheese Stromboli
Cheese Ravioli w/ Sauce & Melted Mozzarella
Turkey Club Wrap
- 17 Sweet Potato Fries
Baked Potato Wedges
Pear
Three Bean Salad
Burger Bar
Buffalo Chicken W.W. Wrap
Pepperoni & Cheese Stromboli
Cheese Ravioli w/ Sauce & Melted Mozzarella
Red Square Wrap
- 24 Corn
Sweet Potato Fries
Pear
Black Bean Salad
Rib 'E' Que Sandwich*
Grilled Chicken Teriyaki Sandwich
Pepperoni & Cheese Stromboli
Cheese Ravioli w/ Sauce & Melted Mozzarella
Turkey Club Wrap

- 4 WELCOME BACK!
- 11 Italian Vegetables
Apple Cobbler
Caesar Salad
Meatball Parm Sandwich
Crispy Chicken Patty Sandwich
BBQ Chicken Pizza
WG Pasta w/ Beef Meatballs*
Deluxe American Sub
- 18 Sweet Potato Puffs
Baked Tater Tots
Apple
Caesar Salad
WG Pancakes w/ Ham
Crispy Chicken Patty Sandwich
Meatball Pizza
WG Pasta w/ Beef Meatballs*
Deluxe American Sub
- 25 Green Beans
Apple
Broccoli Florets
Mozzarella Sticks
Garlic Knot
Crispy Chicken Patty Sandwich
BBQ Chicken Pizza
WG Pasta w/ Beef Meatballs*
Deluxe American Sub

- 5
- 12 Sweet Potato Fries
Baked Crinkle Fries
Banana
Celery Sticks
Turkey Hot Dog on WW Bun
Cheeseburger*
Turkey Pepperoni Pizza
Cheesy Baked Ziti
Buffalo Turkey Wrap
- 19 Mashed Potatoes
Corn
Banana
Sweet Red Pepper Strips
Roast Turkey Breast w/ Gravy
Corn Bread
Cheeseburger*
Turkey Pepperoni Pizza
Cheesy Baked Ziti
Buffalo Chicken W.W. Wrap
- 26 Vegetarian Beans
Golden Baked Potato Wedges
Banana
Baby Carrots
Beefy Burrito
Brown Rice
Cheeseburger*
Pepperoni Pizza
Cheesy Baked Ziti
Grilled Chicken Teriyaki Sandwich

- 6
- 13 Vegetable Stir Fry
Broccoli
Fresh Fruit Cup
Black Bean Salad
Chicken Lo Mein
Pepperoni & Cheese Quesadilla
Broccoli Pizza
Homemade Mac & Cheese
Chicken Salad Sandwich
Fortune Cookie
- 20 Mixed Vegetables
Fresh Fruit Cup
Broccoli Florets
Baked Potato Bar
Turkey & Cheddar Quesadilla
Pepper & Onion Pizza
Homemade Mac & Cheese
Chicken Salad Sandwich
- 27 Mixed Vegetables
Fresh Fruit Cup
Broccoli Florets
Fish Sandwich
Grande Chicken & Cheese Quesadilla
Mushroom Pizza
Homemade Mac & Cheese
Chicken Salad Sandwich



Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check out our website www.whitsonse.com or scan our QR code to see all that we are doing at your school to keep you healthy!



KEY: Vegetarian Pork Healthier Choice

PRICES
Lunch \$2.50
Reduced .50
Breakfast \$1.25
Milk .50
100% 6 oz Juice .50
LUNCH INCLUDES
Skim Milk, 1% or Fat Free Chocolate Milk, Vegetable Choices, Fresh & Canned Fruit Choices, 100% Fruit Juice

AVAILABLE DAILY
Oven Roasted Turkey, Boars Head Low Sodium Ham, Boars Head Low Sodium Bologna, Boars Head Salami, Tuna
Hot Grilled Sandwiches
Daily Pasta Special with Bread
Pizza Special Veggie Bar
Grab & Go Sandwiches & Salads Yogurt Parfaits
Breakfast Available Daily
Hot Grill Special, Breakfast Burrito, Bagels
Muffins, Cold Cereal
Includes Fruit, Juice & Milk
If you have any further questions regarding this menu please call your food service director Dawn McGinn 576-4217