

SVCPP ELEMENTARY CURRICULUM MATRIX
 R.E.A.L. (Realistic Education About Life) Program
 2015-2016

	K	1	2	3	4	5	6
1 ESTEEM	Rules Are For Gorillas	Rules Have A Reason	Feeling Good About Me (Magic) or Feeling Good About Me (Responsible)	Teamwork	What's Wrong with Alcohol?	Smoking No Thanks	Surviving Peer Pressure
2 CONFLICT	Circle of Feelings H	I'm Telling	Standing Up for Yourself	Let Me Handle It! or Don't Pop Your Cork on Mondays	I Can Say No H	Winning By Saying NO	OTC Prescription Drugs H
3 ATOD	Healthy Habits	Young Dusty H	Dusty the Dragon H	Cool AL (alcohol) H	Totally True Facts About: Tobacco	Totally True Facts About: ALCOHOL H	Totally True Facts About: Marijuana & Other Drugs
4 COPING	Saying No to Danger	Why I Won't Do Drugs	Healthy Me: All About Medicines	What About Tobacco	Drugs: What Kids Need to Know	What's Wrong with Inhalants?	Alcohol: A Risky Choice
5 DECIDE	Loose Tooth or What Might Happen Next	Working It Out	Feeling Good About Me (Responsible) or Feeling Good About Me (Magic)	Don't Pop Your Cork on Mondays or Let Me Handle It!	Cyber bullying / Internet Safety	Silent on the Sidelines	Smoking: A Dangerous Game
6 APPLICATION	Don't Be So Bossy	Don't Call Me Names	10 Things to Do Instead of Hitting or How I Learned Not to be Bullied	Harassment Hurts	Out Of Control	Wild Wild Web	Targeted: Alcohol & Tobacco or Bully Dance

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1 E S T E E M	Rules Have A Reason C, D, G, H, K, M	Feeling Good About Me (Magic) or Feeling Good About Me (Responsible) C, D, G, F, I, K, M	Teamwork C, D, F, K, M Let Me Handle it! C, D, F, G, I, K, M or Don't Pop Your Cork on Mondays	What's Wrong with Alcohol? A, B, C, F, G, H, I, K, L, M, N	Smoking No Thanks A-D, G, I, K, L, N	Surviving Peer Pressure A, B, C, E, J, K, L, M, N
2 C O N F L I C T	I'm Telling C, D, F, G, H, K, L	Standing Up for Yourself C, F-K, M	Cool AL (alcohol) A, B, D, E, F, H, J, K, L	I Can Say No H A, B, C, D, K, J, L, N	Winning By Saying NO A, B, C, D, K, J, L	OTC Prescription Drugs H A, F, H, I, K
3 A T T O D	Young Dusty H A, B, E, H, J	Dusty the Dragon H A-F, H, J-L	What About Tobacco A, B, E, G, H, J, L	Totally True Facts About: Tobacco A, B, C, F, G, H, I, K, N	Totally True Facts About: ALCOHOL H A, B, C, F, G, H, I, K, L, M, N	Totally True Facts About: Marijuana and other Drugs A, B, C, F, G, H, I, J, K, W
4 C O P I N G	Why I Won't Do Drugs C, D, F, G, H, J, K	Healthy Me: All About Medicines A, B, D, H, J, K	What Kids Need to Know J, K, L, M	Drugs: What Kids Need to Know A, B, C, F, G, H, I, J, K, L, M	What's Wrong with Inhalants? A, F-K, N	Alcohol: A Risky Choice A, B, C, F, G, H, J, K, L, M
5 D E C I D E	Working it Out D, F, G, H, I, J	Feeling Good About Me (Responsible) or Feeling Good About Me (Magic) C, D, F, G, I, M	Let Me Handle it! or Don't Pop Your Cork on Mondays A, C, K, L, M	Cyber bullying / Internet Safety H B, C, D, J, K, L, N	Silent on the Sidelines B, C, D, E, J, K, L, M	Smoking: A Dangerous Game A, B, C, F, G, H, I, L, K
6 A P P L I C A T I O N	Don't Call Me Names L, F, I, K, M	10 Things to Do Instead of Hitting C, D, F, G, I, K or How I Learned Not to Be Bullied D, F, G, H	Harassment Hurts A-E, J-M	Out Of Control A, B, C, K-N	Wild Wild Web B, C, D, E, J, K, L, M, N	Targeted: Alcohol & Tobacco A-G, K-N or Bully Dance B, D, E, K, L, M, N

REAL PROGRAM

ACT 211 GOAL	K-1	2-3
A. Identify what drugs are and their effects	X	X
B. Learn home and school rules about the use of alcohol and other drugs	X	X
C. Begin to explore the roles of various authority figures in the home, school and community	X	X
D. Identify an adult you can talk to about your problem	X	X
E. Discuss the effects of advertising and mass media on attitudes, beliefs and behaviors	X	X
F. Develop life skills, effective coping, communication, and problem resolution	X	X
G. Learn how to look at your own behavior and give yourself feedback	X	X
H. Learn and practice refusal skills	X	X
I. Learn about yourself and be able to accept the differences of others	X	X
J. Learn how to take responsibility for your own health	X	X
K. Learn about resources and how to get help	X	X
L. Discuss advertising and its effects on you, your family, and society	X	X
M. Practice citizenship by becoming a responsible member of your family, school, and community	X	X

ACT 211 GOAL	4	5	6
A. Learn and practice health personal goals	X	X	X
B. Understand and develop healthy, positive friendships	X	X	X
C. Understand and discuss implication of peer influence and effective strategies for dealing with pressure	X	X	X
D. Practice personal safety and learn how to help younger children	X	X	X
E. Learn about the rights of children	X	X	X
F. Learn about the disease of chemical dependency and its effects on yourself, your family and society	X	X	X
G. Learn about consequences of behaviors associated with substance abuse	X	X	X
H. Examine personal and family attitudes toward alcohol and other drugs	X	X	X
I. Understand school, local, and state laws relating to alcohol and other drug use	X	X	X
J. Learn to recognize and accept legitimate authority	X	X	X
K. Practice decision-making and critical thinking skills	X	X	X
L. Learn and practice assertiveness skills to deal with conflict and pressure	X	X	X
M. Explore positive coping strategies and develop stress management techniques	X	X	X
N. Learn the importance of individuality	X	X	X