

## School Services: Pre-K—12

### Prevention Education

- ◆ Classroom programs for pre-school through grade 12, aligned with PA Academic and Act 211 Standards
- ◆ Age and developmentally appropriate; interactive and multi-faceted
- ◆ Topics: ATOD information, life skills, conflict resolution, violence prevention

#### Pre-School

### FOUNDATIONS®

- ◆ Pre-school prevention curriculum developed by Saint Vincent College Prevention Projects

#### Elementary

### R.E.A.L. (Realistic Education About Life)

- ◆ Elementary curricular ATOD prevention program developed by Saint Vincent College Prevention Projects

### Too Good for Drugs

- ◆ Evidence-based program promoting social and emotional competencies

### Life Skills

- ◆ Evidence-based program, 12 sequential lessons grades 3-9

#### Secondary

### Project ALERT

- ◆ Evidence-based program for entry-level students in junior high school/middle school, developed by RAND Corporation
- ◆ 11 classroom sessions with 3-lesson booster in following year

### Project TND (Towards No Drug Abuse)

- ◆ Evidence-based, 12 session prevention program targeting high school students

### Too Good for Drugs

- ◆ Interactive social influence program, using a universal education strategy to promote youth development

### Tough Topics

- ◆ Topical series on adolescent concerns, including a wide range of ATOD and violence prevention issues

### Early Intervention

#### Teens Support Groups

- ◆ Reinforce basic life skills necessary for healthy social and emotional development
- ◆ Resource for SAP referrals as well as general student population
- ◆ Participation — voluntary and requires signed parental consent

#### Intervention Specialist

- ◆ Complements services of school guidance and SAP programs
- ◆ Provides direct service to students/ families; links to community and school-based resources
- ◆ Includes intensive case management of SAP referrals and crisis management

#### Project SUCCESS

- ◆ Evidence-based program of intensive individual and group support services for secondary students

#### KidSuccess

- ◆ Program of intensive individual and group support services for elementary students developed by Saint Vincent College Prevention Project

#### Youth Tobacco Cessation Services

- ◆ **NOT (Not on Tobacco)** 10 Group Sessions
- ◆ **NOT Boosters** 4 group sessions to reinforce commitment to stay quit
- ◆ **NOT-ATS (Alternative to Suspension)** 4 group sessions for students who violated school tobacco policy

### Community Services

#### RADAR (Regional Alcohol/Drug Awareness Resource) Information Center

- ◆ Provides printed materials free to the public on topics ranging from alcohol, tobacco and other drugs to violence prevention, child guidance to medications and the elderly
- ◆ Materials also available for special events such as *Red Ribbon Week*, *National Alcohol Awareness Month*, *Great American Smokeout*, and *Prom and Graduation Season*
- ◆ Participation in health fairs, children's events, community festivals/parades and other special activities.

### Consultation, Training and Professional Development

Alcohol, Tobacco and Other Drug (ATOD) and Violence Prevention presentations, workshops, in-service and other professional development programs for:

- ◆ Educators
- ◆ Human Service Agency Personnel
- ◆ Parents/Caregivers
- ◆ Youth Leaders
- ◆ Faith-Based Leaders & Committees
- ◆ Community Coalitions

Drug-Free Workplace Training and Other ATOD Topical Presentations for:

- ◆ Managers/Supervisors
- ◆ Employees/Labor Organizations

Employee Education and Awareness Programs

- ◆ Employee Wellness Events
- ◆ Health Fairs, Family Days, and Other Activities

Commonwealth Approved Trainer for Student Assistance Programs (SAP)

- ◆ Training (K-12)
- ◆ Policy and Program Consultation
- ◆ Technical Assistance
- ◆ SAP Team Maintenance Services

Certified trainers for evidence-based prevention programs:

- ◆ Olweus Bullying Prevention Program
- ◆ Power of Parents Training

Young Adult/Adult Tobacco Cessation Services

- ◆ **Freedom From Smoking 8 Group** Sessions for college students, educators, businesses, and other organizations.

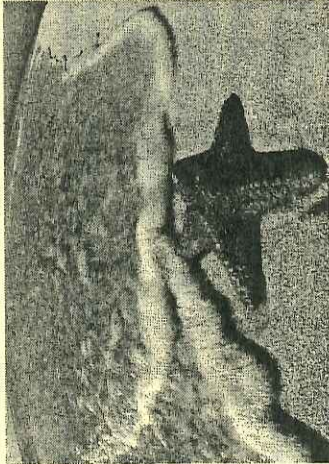
## Mission Statement

The Saint Vincent College Prevention Projects creates, promotes and strengthens wellness in people and systems to prevent Alcohol, Tobacco and Other Drug abuse, violence and other socially destructive behaviors using education, early intervention and community development.



**B. Cool, the mascot**

Funded in part by the  
Westmoreland Drug & Alcohol  
Commission, Inc.



### *The Starfish*

As the old man walked the beach at dawn, he noticed a young man ahead of him picking up starfish and flinging them into the sea. Finally catching up with the youth, he asked why he was doing this. His answer was that the stranded starfish would die if left until the morning sun.

"But the beach goes on for miles and there are millions of starfish," countered the man. "How can your effort make a difference?"

The young man looked at the starfish in his hand and threw it to the safety of the waves. "It makes a difference to this one," he said.

## Saint Vincent College Prevention Projects

**300 Fraser Purchase Road**

**Latrobe, PA 15650**

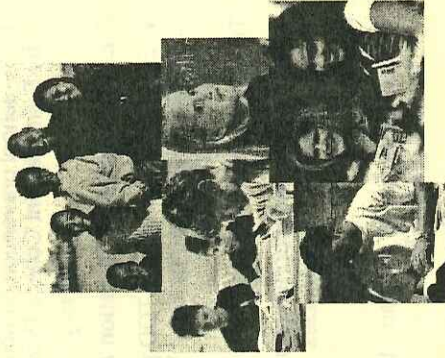
**Phone: 724-805-2050**

**Fax: 724-420-5930**

**[www.stvincent.edu](http://www.stvincent.edu)**

**Search Prevention Projects**

## Saint Vincent College Prevention Projects



## PROGRAMS AND SERVICES

*"Serving the schools  
and communities of  
Southwestern  
Pennsylvania since  
1978."*