

# August 2017

# Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>BREAKFAST PRICES:</b></p> <p>Elementary \$1.55            Middle \$1.55            High \$1.60            Reduced \$0.30            At Cost \$2.75</p>	<p><b>LUNCH PRICES:</b></p> <p>Elementary \$1.65            Middle \$1.70            High \$2.10            Reduced \$0.40            At Cost \$4.50</p>	<p><b>EXTRAS:</b></p> <p>Milk \$0.50            Bread \$0.50            4 oz Juice \$0.50            6.75 oz Juice \$0.50            Fruit/Vegetable \$0.50            Dessert \$0.50</p>	
<p><u>Menus are subject to change as needed.</u>  <u>Choice of milk is offered with every meal.</u></p>				
<p>7</p> <p style="text-align: center;"><i>Professional Development Day</i></p>	<p>8</p> <p style="text-align: center;"><i>Teacher Records Day</i></p>	<p>9</p> <p>Home Made Cinnamon Roll            Fruit Cocktail            Assorted Juices</p> <p>Salisbury Steak w/Gravy            Mashed Potatoes            Lima Beans, Whole Wheat Roll            Tossed Salad, Steamed Broccoli            Fruit Cocktail</p>	<p>10</p> <p>Sausage Links, Grits            Toast w/Jelly            Pears, Assorted Juices</p> <p>Pizza            Corn on the Cob            Fresh Carrot Sticks w/Dip            Blushing Pears            Chocolate Chip Cookie</p>	<p>11</p> <p>Chocolate Chip Muffin or Assorted Cereal w/Toast            Fresh Fruit, Assorted Juices</p> <p>Fish Sticks            Spaghetti &amp; Cheese            Tossed Salad, Green Peas            Whole Wheat Roll            Chilled Pineapple</p>
<p>14</p> <p>Pancakes or Waffles w/Syrup or Assorted Cereal w/Toast            Pear Halves, Assorted Juices</p> <p>Hamburger w/Bun            Baked Sweet Potato Wedges            Lettuce/Tomato/Pickle Slices            Steamed Corn, Chilled Peaches            Chocolate Chip Cookie</p>	<p>15</p> <p>Donut or Assorted Cereal w/Toast            Peaches, Assorted Juices</p> <p>Potato Stew with Smoked Sausage &amp; Brown Rice            Coleslaw, Seasoned Green Beans            Whole Wheat Roll            Fruit Salad</p>	<p>16</p> <p>Sausage Links, Grits            Toast w/Jelly            Fruit Cocktail, Assorted Juices</p> <p>Chicken Patty w/Bun            Garden Salad            Steamed Sliced Carrots            Oranges Slices</p>	<p>17</p> <p>Breakfast Pizza or Assorted Cereal w/Toast            Pineapple, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti            Steamed Broccoli            Garden Salad            Whole Wheat Roll            Pineapple Tidbits</p>	<p>18</p> <p>French Toast w/Syrup or Assorted Cereal w/Toast            Apple, Assorted Juices</p> <p>Fried Fish            White Beans with Rice            Lettuce w/Tomato Wedges            Whole Wheat Roll            Fruit Cocktail</p>
<p>21</p> <p>Muffin or Assorted Cereal w/Toast            Sliced Peaches, Assorted Juices</p> <p>Beef Tacos            Baked Beans            Lettuce/Tomato/Cheese            Strawberry Applesauce            Pudding</p>	<p>22</p> <p>Breakfast Pizza            Applesauce            Assorted Juices</p> <p>Baked Chicken            Parsley Rice, Tossed Salad            Seasoned Green Peas            Whole Wheat Roll            Chilled Pineapple w/Cherries</p>	<p>23</p> <p>Sausage Biscuit or Assorted Cereal w/Toast            Fruit Cocktail, Assorted Juices</p> <p>Meat Pie            Baked Potato Wedges            Lettuce/Tomato/Pickle Slices            Steamed Broccoli, Fresh Apple            Chocolate Chip Cookie</p>	<p>24</p> <p>Ham Omelet, Biscuit w/Jelly or Assorted Cereal w/Toast            Pears, Assorted Juices</p> <p>Turkey &amp; Sausage Gumbo w/Brown Rice            Steamed California Vegetables            Potato Salad, Crackers            Fruit Cocktail</p>	<p>25</p> <p>French Toast Roll w/Syrup            Fresh Fruit            Assorted Juices</p> <p>Fish &amp; Cheese w/Bun            Baked Sweet Potato Fries            Lettuce/Tomato/Pickle Slices            Fresh Carrot Sticks            Chilled Pears</p>
<p>28</p> <p>Breakfast Pizza or Assorted Cereal w/Toast            Sliced Peaches, Assorted Juices</p> <p>Smoked Sausage            Red Beans w/Rice            Steamed Cabbage            Cornbread            Chilled Peaches</p>	<p>29</p> <p>French Toast w/Syrup or Assorted Cereal w/Toast            Chilled Pineapple, Assorted Juices</p> <p>Sloppy Joe w/Bun            Corn on the Cob            Carrot Sticks w/Ranch Dressing            Blushing Pears</p>	<p>30</p> <p>Home Made Cinnamon Roll            Fruit Cocktail            Assorted Juices</p> <p>Lasagna            Green Salad w/Spinach            Steamed Broccoli            Hot Roll            Fresh Fruit</p>	<p>31</p> <p>Sausage Links, Grits            Toast w/Jelly            Pears, Assorted Juices</p> <p>Chicken Patty w/Bun            Garden Salad            Steamed Cauliflower            Strawberry Applesauce</p>	

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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)