


March 2018



Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BREAKFAST PRICES:</u> Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p><u>LUNCH PRICES:</u> Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p><u>EXTRAS:</u> Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p><u>Entrees:</u> Elementary \$1.25 High \$1.50</p> <p><u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u></p>	<p>1</p> <p>Breakfast Pizza or Assorted Cereal w/Toast Pineapple, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti Steamed Broccoli Garden Salad Whole Wheat Roll Pineapple Tidbits</p>	<p>2</p> <p>French Toast w/Syrup or Assorted Cereal w/Toast Apple, Assorted Juices</p> <p>Fried Fish White Beans with Rice Lettuce w/Tomato Wedges Whole Wheat Roll Fruit Cocktail</p>		
<p>5</p> <p>Muffin or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices</p> <p>Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding</p>	<p>6</p> <p>Breakfast Pizza Applesauce Assorted Juices</p> <p>Baked Chicken Parsley Rice, Tossed Salad Seasoned Green Peas Whole Wheat Roll Chilled Pineapple w/Cherries</p>	<p>7</p> <p>Sausage Biscuit or Assorted Cereal w/Toast Fruit Cocktail, Assorted Juices</p> <p>Meat Pie Baked Potato Wedges Lettuce/Tomato/Pickle Slices Steamed Broccoli, Fresh Apple Chocolate Chip Cookie</p>	<p>8</p> <p>Ham Omelet, Biscuit w/Jelly or Assorted Cereal w/Toast Pears, Assorted Juices</p> <p>Turkey & Sausage Gumbo w/Brown Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail</p>	<p>9</p> <p>French Toast Roll w/Syrup Fresh Fruit Assorted Juices</p> <p>Fish & Cheese w/Bun Baked Sweet Potato Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears</p>
<p>12</p> <p>Breakfast Pizza or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices</p> <p>Smoked Sausage Red Beans w/Rice Steamed Cabbage Cornbread Chilled Peaches</p>	<p>13</p> <p>French Toast w/Syrup or Assorted Cereal w/Toast Chilled Pineapple, Assorted Juices</p> <p>Sloppy Joe w/Bun Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears</p>	<p>14</p> <p>Cinnamon Roll Fruit Cocktail Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Hot Roll Fresh Fruit</p>	<p>15</p> <p>Sausage Links, Grits Toast w/Jelly Pears, Assorted Juices</p> <p>Chicken Patty w/Bun Garden Salad Steamed Cauliflower Strawberry Applesauce</p>	<p>16</p> <p>Chocolate Chip Muffin or Assorted Cereal w/Toast Fresh Fruit, Assorted Juices</p> <p>Fish Sticks Spaghetti & Cheese, Green Salad Seasoned Green Beans Whole Wheat Roll Fruit Cocktail</p>
<p>19</p> <p>Pancakes or Waffles w/Syrup or Assorted Cereal w/Toast Pear Halves, Assorted Juices</p> <p>Hot Dog w/Bun Chili, Coleslaw Steamed Corn Chilled Peaches Cookie</p>	<p>20</p> <p>Donut or Assorted Cereal w/Toast Peaches, Assorted Juices</p> <p>Baked Chicken Parsley Rice, Garden Salad Steamed Sliced Carrots Hot Roll Orange Slices</p>	<p>21</p> <p>Sausage Links, Grits Toast w/Jelly Fruit Cocktail, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti Steamed Broccoli, Garden Salad Whole Wheat Roll Pineapple Tidbits</p>	<p>22</p> <p>Breakfast Pizza or Assorted Cereal w/Toast Pineapple, Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Fruit Salad</p>	<p>23</p> <p>French Toast w/Syrup or Assorted Cereal w/Toast Apple, Assorted Juices</p> <p>Grilled Cheese Sandwich Vegetable Soup Lettuce/Tomato/Pickle Slices Blushing Pears Cookie</p>
<p>26</p> <p>Muffin or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices</p> <p>Hamburger w/Bun Baked Beans Lettuce/Tomato/Pickle Slices Strawberry Applesauce Chocolate Chip Cookie</p>	<p>27</p> <p>Breakfast Pizza Applesauce Assorted Juices</p> <p>Baked Turkey Rice Dressing, Yams Seasoned Green Peas, Wheat Roll Pineapple w/Cherries Cake</p>	<p>28</p> <p>Sausage Biscuit or Assorted Cereal w/Toast Fruit Cocktail, Assorted Juices</p> <p>Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Steamed Corn Blushing Pears</p>	<p>29</p> <p>Ham Omelet, Biscuit w/Jelly or Assorted Cereal w/Toast Pears, Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Whole Wheat Roll Pineapple w/Cherries</p>	<p>30</p>  <p><i>Holiday</i></p>

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