

The New York City Department of Education
Cobble Hill School of American Studies

347 Baltic Street
Brooklyn, New York 11201
Acting Principal: Costas Constantinidis

Resources for Families

Below is a list of resources that can be utilized during this time.

New York City Department of Education

[Up to date information regarding COVID-19 from the DOE](#)

Information on COVID-19

To get up to date information from NYC via text message - text COVID to 692-692

[New York City Dept of Health](#)

[Novel Coronavirus](#)

[CDC- Testing for coronavirus](#)

To search for Local Food Banks

[COVID-19: Food Bank For New York City Response](#)

[Street Smarts NYC](#) - Manhattan

[Hunger Free NYC](#) - All 5 Boroughs

[Feeding America](#) - All 5 Boroughs

[Feeding Our Neighbors](#) - Manhattan, The Bronx, Staten Island

Proper way of washing hands

[Centers for Disease Control and Prevention](#)

Conversations with Children about COVID-19

[Centers for Disease Control and Prevention](#)

[National Association for School Psychologists: Parent Resource](#)

[PBS](#)

[Child Mind Institute](#)

Medical Facilities

[NYC Health and Hospitals](#) - provides care regardless of insurance and immigration status

[Mount Sinai Adolescent Health Center](#)

Cornell COVID hotline (212) 746-1754

Mental Health Supports

[NYC Well](#)

[Child and Adolescent Mental Health Emergency and Crisis Services](#)

[SAMSHA Disaster Distress Hotline 18009855990](#)

Text Talkwithus text 66746

[Taking Care of your Mental Health in the Face of Uncertainty](#)

Support regarding eviction prevention.

[Bronx Works - eviction prevention](#)

[Catholic Charities](#) - provides support regardless of denomination

[Coalition for the Homeless](#)

Access to Technology

[Altice USA](#) - families must apply for free wifi

[Comcast](#) - families must apply for free wifi

[Spectrum](#) - families must apply for free wifi

[Free Wifi Hotspots in New York](#)

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Pantry List

Pantries in Manhattan

Church of the Ascension Food Pantry

12 West 11th Street
New York, NY 10011
(212)254-8620

Not-for-profit church food pantry program offering food bags of preserved and canned goods for community members in need.

St. Peter's Episcopal Church Food Pantry

346 West 20th Street
New York, NY 10011
(212)929-2390

Not-for-profit church food pantry providing free bags of groceries to community members in need.

Xavier Mission

55 West 15th Street
New York, NY 10011
(212)627-2100

Not-for-profit organization providing community outreach programs; referrals and assistance; round trip MetroCards; a hot, sit-down lunch every Sunday; lunch bags during the week.

St. John the Baptist Bread of Life Program

213 West 30th Street
(Office: 210 West 31st Street)
New York, NY 10001
(212)564-9070

Not-for-profit food pantry providing individuals in need with free bags of non-perishable foods.

St. Francis of Assisi Church

135 West 31st Street
New York, NY 10001 (212)736-8500

Not-for-profit, church-based organization providing community members with a range of 12-step autonomous self-help groups and the Breadline for the Poor program.

Bowery Residents' Committee - Safe Haven Main Office

131 West 25th Street
12th Floor
New York, NY 10001
(212)803-5700

Not-for-profit center offering homeless individuals case management, on-site medical care, meals, showers, laundry facilities, entitlements assistance, and referrals to others services.

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Middle Collegiate Church - Food Pantry

50 East 7th Street
New York, NY 10003
(212)477-0666

Not-for-profit church food pantry providing the general public free bags of canned foods.

Catholic Worker - St. Joseph House & Mary House

36 East 1st Street
See Additional Info for Mary House location
New York, NY 10003
(212)254-1640

Not-for-profit community organization providing individuals in need with food and clothing; showers are available for women at Mary House.

Rauschenbusch Metro Ministries Food Pantry & Clothing Closet

410 West 40th Street
New York, NY 10018
(212)594-4464

Not-for-profit food pantry and winter clothing closet providing individuals and families in need with free canned goods and non-perishable foods and free clothing.

MCCNY Charities, Inc. Sylvia Rivera Food Pantry

446 West 36th Street
New York, NY 10018 (212)629-7440

Not-for-profit church-based food pantry providing the general public, those with HIV/AIDS, and the transgender population with weekly grocery distribution, a daily bagged lunch.

HUC-JIR Soup Kitchen

One West 4th Street
HUC-JIR Brookdale Center
New York, NY 10012
(212)674-5300

Not-for-profit organization providing food, clothing, toiletries, and legal assistance to those in need.

Holy Cross Church - Crossroads Food Pantry

329 West 42nd Street
New York, NY 10036
(212)246-4732

Not-for-profit church-based food pantry program providing free bags of canned goods to individuals in need.

St. Clement's Episcopal Church - Food Pantry

423 West 46th Street
New York, NY 10036

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(212)246-7277

Church-operated food pantry opens to the general public.

Services and Food for the Homeless (SAFH) - Trinity L.E.S. Lutheran Parish

602 East 9th Street
New York, NY 10009
(212)228-5254

Not-for-profit church-based meal program providing needy community members with a food pantry and a soup kitchen.

St. Paul's House

335 West 51st Street
New York, NY 10019
(212)265-5433

Not-for-profit, church-based organization providing soup kitchen and food pantry.

Church of St. Paul the Apostle - Loaves and Fishes Soup Kitchen & Food Pantry

405 West 59th Street
New York, NY 10019
(212)265-3495

Not-for-profit church meal program offering a food pantry and soup kitchen to community members in need.

Primitive Christian Church Food Pantry

207-209 East Broadway
Clinton & Jefferson Streets
New York, NY 10002
(212)673-7868

Church providing individuals in need with a food pantry.

Dewitt Reformed Church Food Pantry

280 Rivington Street
New York, NY 10002
(212)674-3341

Not-for-profit, church-based food pantry providing the general public with free food items on Mondays and Thursdays.

Our Lady of Sorrows - Food Pantry

103 Pitt Street
New York, NY 10002
(212)673-0900

Not-for-profit church-based food pantry providing free bags of groceries to the general public two days a week.

National Council of Jewish Women NY Section - Food Programs

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241 West 72nd Street
Council House
New York, NY 10023
(646)884-9461

Not-for-profit organization providing hot meals twice a week and a food pantry once per week.

West Side Campaign Against Hunger

263 West 86th Street
Basement of St. Paul & St. Andrew Church
New York, NY 10024
(212)362-3662

Not-for-profit organization offering low-income New York City residents a supermarket-style food pantry once per month; social service counseling, exercise classes.

Franciscan Community Center

214 W. 97th Street
New York, NY 10025
(212)932-8040

Not-for-profit community center providing youth tutorial programs, a food pantry, sandwich line, a thrift store, and counseling services.

Southern Baptist Church - Soup Kitchen

12-16 West 108th Street
New York, NY 10025
(212)663-6549

Not-for-profit church soup kitchen serving free lunch every Wednesday.

New York Common Pantry

8 East 109th Street, (btw Madison & 5th Ave)
New York, NY 10029
(917)720-9700

Not-for-profit community-based organization providing those who are homeless or in need with a food pantry, soup kitchen, emergency food services, case management, nutrition education.

St. Cecilia's Parish Services - Food Pantry

125 East 105th Street
New York, NY 10029
(212)348-0488

Not-for-profit food pantry providing members of the East Harlem community with free canned goods on Wednesday mornings.

Mt. Zion AME Church - Food Pantry

1765 Madison Avenue
New York, NY 10029

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(212)369-6643

Church food pantry providing community members in need with free bags of canned goods and other non-perishable foods.

Iris House - East Harlem

2271 Second Avenue
New York, NY 10029
(212)423-9049

Not-for-profit community-based organization providing community members in need with HIV/AIDS prevention services and support groups, community outreach, a food pantry program.

Food Bank for New York City - Community Kitchen

252 West 116th Street
New York, NY 10026
(212)894-8094

Not-for-profit organization offering community members in need with a food pantry; a soup kitchen; a Family Meal program offering hot meals to take home.

Salvation Army - East Harlem Community Center

145 East 125th Street
New York, NY 10035
(212)860-3200

Not-for-profit community center offering community members a food pantry, soup kitchen, an after-school program and men's and women's discussion groups.

Beth-Hark Christian Counseling Center, Inc.

2-26 East 120th Street
Between 5th and Madison Avenues
New York, NY 10035
(212)860-1520

Not-for-profit Christian counseling center, food pantry, clothing closet, and soup kitchen providing individuals and families in distress, substance abusers, and ex-offender.

Fraternite Notre Dame Soup Kitchen & Food Pantry

2290 First Avenue
New York, NY 10035
(212)876-5855

Not-for-profit church soup kitchen and food pantry offering free meals and bags of groceries to the general public.

Mount Olivet Baptist Church - Food Pantry

201 Lenox Avenue
New York, NY 10027
(212)864-1155

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Not-for-profit church-based program providing homeless and needy families with a food pantry, community meals, second-hand clothing, and a social worker.

Riverside Church - Social Services

91 Claremont Avenue
New York, NY 10027
(212)870-6733

Not-for-profit church offering residents of the Upper West Side a food pantry, second-hand clothing, showers, a barber training program, rental assistance, and social service referrals.

Shiloh Church of Christ - Soup Kitchen

5-7 West 128th Street
New York, NY 10027
(212)534-7292

Church providing those in need with hot meals and a pantry bag once a week.

Harlem Community Nutritional Services - Food Pantry

132 West 125th Street, 5th Floor
New York, NY 10027
(212)666-7538

Not-for-profit food pantry providing free canned goods to individuals who have referral letters from social service agencies.

Church of the Annunciation - Food Pantry

88 Convent Avenue
New York, NY 10027
(212)234-1919

Not-for-profit church-based food pantry providing community members with free canned goods and other non-perishable foods every Tuesday.

Broadway Community, Inc.

601 West 114th Street
New York, NY 10027
(212)864-6100

Not-for-profit organization providing low-income or homeless individuals with a soup kitchen, advocacy, emergency referral services, medical services, counseling.

Catholic Charities - Lt. Joseph P. Kennedy Center

34 West 134th Street
New York, NY 10037
(212)862-6401

Not-for-profit community center that offers New York City residents after school activities for high school students in grades 11 and 12, social services, food pantry.

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Salvation Army - Harlem Temple Corps

540 Lenox Avenue
New York, NY 10037
(212)862-3900

Not-for-profit organization providing community members in need with a soup kitchen, food pantry, emergency rent assistance program, counseling, parenting, after-school.

Street St. Charles Church - Food Pantry

211 West 141st
New York, NY 10030
(212)281-2100

Not-for-profit church-based food pantry providing the general public with free canned goods on Saturday mornings.

St. Charles Church & Resurrection Chapel - Fr. Craven's Food Pantry

276 West 151st Street
New York, NY 10039
(212)281-2100

Not-for-profit church-sponsored program providing residents in need weekly access to a food pantry.

Church of the Crucifixion - Food Pantry/Counseling Services

459 West 149th Street
New York, NY 10031
(212)281-0900

Not-for-profit church-based program providing a food pantry every Wednesday and Narcotics Anonymous meetings every Tuesday.

Upper Manhattan Mental Health Center / Emma L. Bowen Community Center

1727 Amsterdam Avenue
New York, NY 10031
(212)694-9200

Not-for-profit outpatient mental health center providing patients of all ages with individual and group counseling, substance abuse treatment, and emergency services including food.

Community League of the Heights (CLOTH)

500 West 159th Street
New York, NY 10032
(212)795-4779

Not-for-profit community-based organization providing senior services, housing assistance, after-school and summer programs for children (ages 5-12), a food pantry, technology center.

Washington Heights Ecumenical Food Pantry/Social Services

4111 Broadway
Broadway Temple United Methodist Church

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New York, NY 10033
(212)795-6860

Not-for-profit church-based social services program offering community members a food pantry, case management, benefits and entitlements screening and enrollment assistance.

NYC Love Kitchen

3816 Ninth Avenue
New York, NY 10034
(212)942-4204

Not-for-profit organization providing registered community members with a soup kitchen and food pantry.

Good Shepherd Food Pantry

104 Cooper Street
New York, NY 10034
(212)567-1300

Not-for-profit food pantry providing the community with free canned goods and non-perishable foods.

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Pantries in Brooklyn

United Jewish Organizations (UJO) of Williamsburg

32 Penn Street
Brooklyn, NY 11211
(718)643-9700

Not-for-profit social service agency providing community members with ESL and vocational courses; a food pantry; information and advocacy for entitlements and benefits.

Southside Community Mission - Marcy Ave

280 Marcy Avenue
Brooklyn, NY 11211
(718)782-8181

Not-for-profit community agency providing immigration assistance, citizenship classes, benefits and entitlements assistance to seniors and families, a food pantry, and a homeless.

Masbia - Williamsburg

65 Lee Avenue
Brooklyn, NY 11211
(718)972-4446

Not-for-profit organization providing a kosher food pantry and hot meals for community members in need.

First Presbyterian Church of Brooklyn - Food Pantry

124 Henry Street
Brooklyn, NY 11201
(718)624-3770

Not-for-profit church-based food pantry for members of the community.

Catholic Charities - Brooklyn Community Centers

191 Joralemon Street
Brooklyn, NY 11201
(718)722-6001

Not-for-profit organization providing individuals and families in need with limited financial assistance, a food pantry, case management, various workshops, and other resources.

Black Veterans for Social Justice, Inc.

665 Willoughby Avenue
Brooklyn, NY 11206
(718)852-6004

Not-for-profit community-based organization providing veterans and low-income families with housing facilities and social services, including a food pantry, counseling, job readiness.

Trinity Human Service Center

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153 Johnson Avenue
Brooklyn, NY 11206
(718)388-3176

Not-for-profit center providing Brooklyn residents with social service referrals and emergency food.

St. John the Baptist Parish Social Service Program

333 Hart Street
Brooklyn, NY 11206
(718)455-6864

Not-for-profit, church-based program offering a limited food pantry and clothing closet.

Park Slope Christian Help, Inc. (CHIPS)

200 4th Avenue
Brooklyn, NY 11217
(718)237-2962

Not-for-profit organization providing those in need with a soup kitchen, shelter and support for young pregnant women and their newborn children.

St. Augustine's Helping Hands Food Pantry

116 Sixth Avenue (entrance on Sterling Place)
Brooklyn, NY 11217
(718)783-3132

Church-based food pantry providing groceries to low-income individuals residing in catchment area surrounding the church.

Child Development Support Corporation

352-358 Classon Avenue
Brooklyn, NY 11238
(718)398-2050

Not-for-profit multi-service organization providing community members with child care referrals, child caregiver classes and resources, a food pantry, and SNAP enrollment.

Siloam Presbyterian Church - Food Pantry

260 Jefferson Avenue
Brooklyn, NY 11216
(718)789-7050

Not-for-profit church providing free groceries to individuals and families in need.

St. John's Bread and Life Program

795 Lexington Avenue
Brooklyn, NY 11221
(718)574-0058

Not-for-profit multi-service organization providing those in need with a food pantry; on-site and mobile soup kitchen; food stamp applications; nutritional counseling.

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Open Door Church of God in Christ - Food Program

999 Greene Avenue
Brooklyn, NY 11221
(718)455-3545

Not-for-profit church nutrition assistance program providing the general public with free bags of canned and dry foods as well as packages of meat and poultry; a public meal.

St. Augustine American Catholic Orthodox Church - Social Service Program

298 Schenectady Avenue
1st Floor
Brooklyn, NY 11213
(718)773-1338

Church social service ministry offering community residents in need a soup kitchen, food pantry, and translation services for immigrants.

SCO Family of Services - Center for Family Life in Sunset Park

443 39th Street, 3rd Floor
Brooklyn, NY 11232
(718)438-9500

Not-for-profit multi-service settlement house providing Sunset Park residents with family counseling, after-school program, employment assistance, free tax preparation, a food pantry.

SCO Family of Services - Center for Family Life, Community Service Program

443 39th Street
Brooklyn, NY 11232
(718)492-3585

Not-for-profit community service program providing individuals and families with a food pantry; advocacy services for issues related to public benefits, healthcare, housing, utilities.

True Holy Church of God in Christ Jesus - Food Pantry

2340 Atlantic Avenue
Brooklyn, NY 11233
(718)385-0248

Not-for-profit church-sponsored food pantry for the general public.

Salvation Army - Sunset Park Corps.

520 50th Street
Brooklyn, NY 11220
(718)438-1771

Non-for-profit community center providing free bags of canned goods and other non-perishable foods to those in need.

Masbia - Boro Park

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4114 14th Avenue
Brooklyn, NY 11219
(718)972-4446

Not-for-profit organization providing a food pantry and hot meals for community members in need.

Salvation Army - Brownsville Community Center

280 Riverdale Avenue
Brooklyn, NY 11212
(718)345-7050

Not-for-profit community center providing those in need with free bags of canned goods, counseling, health screenings and information, child care, after school and day camp.

Urban Strategies - Fannie Barnes Residence

829 Saratoga Avenue
Brooklyn, NY 11212
(718)346-2539

Not-for-profit transitional shelter for homeless families offering residents, as well as the surrounding community, support services, including a food pantry, High School Equivalency.

Salvation Army - Brooklyn Bay Ridge

252 86th Street
Brooklyn, NY 11209
(718)238-2991

Not-for-profit social services agency offering adults ages 19+ free bags of canned goods and social work services, including case assistance and referrals.

Bay Ridge Center

411 Ovington Avenue
(Senior Center: 6935 Fourth Avenue)
Brooklyn, NY 11209
(718)748-0650

Not-for-profit multi-service center providing individuals ages 60+ with on-site and home-delivered meals; a food pantry; health screenings; recreational activities, and transportation.

Masbia - Flatbush

1372 Coney Island Avenue
Brooklyn, NY 11230
(718)972-4446

Not-for-profit organization providing a food pantry and hot meals for community members in need.

Reaching Out Community Services

7708 New Utrecht Avenue
Brooklyn, NY 11214
(718)373-4565

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Not-for-profit, volunteer outreach organization providing low-income individuals and families with food and basic items, benefits and entitlements assistance, blood pressure.

Jewish Community Council of Canarsie

1170 Pennsylvania Avenue, Suite 1B
Brooklyn, NY 11239
(718)495-6210

Not-for-profit agency providing Canarsie community members in need with food assistance; counseling; case management; and assistance regarding food stamps, Medicare and Medicaid.

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Pantries in Queens

Ravenswood Resident Association, Inc. - SHARE Food Program

35-35 21st Street
#2-F

Long Island City, NY 11106
(718)207-3000

Not-for-profit food program offering monthly discounted packages of food and benefits information; also offers community service credit to those who help package and distribute the food.

St. Margaret Mary Food Pantry & Social Services

9-18 27th Avenue
Astoria, NY 11102
(718)721-9020

Not-for-profit organization providing individuals in need with a food pantry; tax preparation/identification number assistance; citizenship and translation assistance.

Trinity Lutheran Church

31-18 37th Street
Long Island City, NY 11103
(718)278-0036

Not-for-profit organization providing those in need with a bi-weekly food pantry, monthly community supper, and monthly pet food pantry.

Salvation Army - Astoria Community Center

45-18 Broadway
Long Island City, NY 11103
(718)721-9046

Not-for-profit community center offering a food pantry, after-school program, day camp, and a mobile outreach food program for the homeless.

Salvation Army Corps Community Center - Queens Temple

86-07 35th Avenue
Jackson Heights, NY 11372
(718)335-3693

Not-for-profit multi-service center providing community members in need with social work services, senior recreation program, a soup kitchen, flea market, and a food pantry.

Salvation Army - Ridgewood Corps Community Center

6923 Cypress Hills Street
Ridgewood, NY 11385
(718)497-4356

Not-for-profit community center offering an emergency food pantry, referrals, a senior citizen group, A/A meetings, toy drives, and an after school program for children in kindergarten.

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Ridgewood Older Adult Center

59-14 70th Avenue
Ridgewood, NY 11385
(718)456-2000

Not-for-profit senior center providing older adults ages 60+ with recreational and educational activities and daily congregate lunch; also offers a food pantry to the general public.

Masbia - Rego Park

98-08 Queens Blvd.
Rego Park, NY 11374
(718)972-4446

Not-for-profit organization providing a kosher food pantry and hot meals for community members in need.

Queens Jewish Community Council

119-45 Union Turnpike
Forest Hills, NY 11375
(718)544-9033

Not-for-profit organization providing low-income residents of Queens with counseling and case management; immigrant support services; youth mentoring; a Kosher food pantry.

Humanity Service, Inc.

92-17 101st Avenue
Ozone Park, NY 11416
(718)845-1901

Not-for-profit program providing individuals in the community with free pastoral and crisis counseling, mental health services, food pantry services, and referrals.

Our Lady of the Cenacle Church - Food Pantry

136-06 87th Avenue
Richmond Hill, NY 11418
(718)291-2540

Not-for-profit church program providing a food pantry to those in need.

The River Fund New York

89-11 Lefferts Boulevard
Richmond Hill, NY 11418
(718)441-1125

Not-for-profit organization providing those in need with free on-site weekly emergency food pantry, clothing, personal care items, monthly supplies of vitamins, cell phone assistance.

Saint Benedict Joseph Labre Church - Food Pantry

94-40 118th St

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South Richmond Hill, NY 11419
(718)849-4048

Church food pantry providing non-perishable food to community members in need once a month depending on availability.

Flushing Jewish Community Council

43-43 Bowne St
Flushing, NY 11355
(718)463-0434

Not-for-profit organization providing New York City residents with adult ESL courses at all skill levels, civics/citizenship classes, a food pantry, and multicultural community programs.

Salvation Army - Jamaica Community Center

90-23 161st Street
Jamaica, NY 11432
(718)297-4860

Not-for-profit organization providing Queens residents of all ages with a food pantry and soup kitchen, recreational activities, faith-based programs, and a senior citizen day program.

Bethesda Missionary Baptist Church - Food Program

179-09 Jamaica Avenue
Jamaica, NY 11432
(718)297-5908

Not-for-profit church-based food program providing community members in need with a food pantry, soup kitchen and clothing distribution.

Tabernacle of Prayer for All People - Hope Hall Ministries

90-07 Merrick Blvd.
Jamaica, NY 11432
(718)657-4210

Church offering individuals of all ages a clothing depot; food pantry and a shelter ministry providing women in shelters with start-up work clothes, housewares, and furniture.

Allen A.M.E. Church - Food and Clothing Pantry/Soup Kitchen

111-54 Merrick Boulevard
Jamaica, NY 11433
(718)206-4600

Not-for-profit food and clothing pantry and soup kitchen offering the general public free bags of canned goods, clothing, and hot meals.

Saint Benedict Joseph Labre Church - Food Pantry

94-40 118th St
South Richmond Hill, NY 11419
(718)849-4048

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Pantries in Bronx

Abundant Life Tabernacle - Food Pantry

2692 Third Avenue
Bronx, NY 10454
(718)292-8734

Not-for-profit food pantry providing free bags of canned goods and dried foods to individuals of all ages.

St. Luke's Church - Food Pantry

623 East 138th Street
Bronx, NY 10454
(718)665-6677

Not-for-profit weekly food pantry providing Mott Haven community members in need with free bags of canned goods and other non-perishable foods.

St. Ann's Episcopal Church

295 St. Ann's Avenue
Bronx, NY 10454
(718)585-5632

Not-for-profit program including a food pantry, a soup kitchen, and a clothing drive.

Salvation Army - Citadel

425 East 159th Street
Bronx, NY 10451
(718)665-8472

Not-for-profit community center providing local residents in need with free bags of canned goods, a soup kitchen, universal Pre-K, and day care for children ages 2-4.

Catholic Charities Community Services

402 East 152nd Street, Main Floor
Bronx, NY 10455
(718)292-1485

Not-for-profit organization providing community residents in need with financial assistance for rent, food pantry services, a clothes closet, and referrals for immigration assistance.

Bronx Spanish Evangelical Church - Meal Program

800 East 156th Street
Bronx, NY 10455
(718)993-1260

Not-for-profit meal program providing those in need with a food pantry and soup kitchen.

The Hope Line

402 East 152nd Street
Bronx, NY 10455

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(718)402-1212

Not-for-profit community center providing immigrants and community members in need with a food pantry, ESL classes, citizenship classes, a clothing bank, diaper center family workshop.

Holy Tabernacle Church - Outreach Program

3780 Third Avenue
Bronx, NY 10456
(718)293-9862

Not-profit church providing a weekly food pantry, soup kitchen, clothing distribution, and free computer skills classes to the general public.

St. Edmund's Food Pantry

1905 Morris Avenue
Bronx, NY 10453
(718)466-9370

Not-for-profit church-based emergency food pantry providing members of the general public in need with one bag of canned goods and other non-perishable foods per visit.

St. Augustine - Our Lady of Victory Food Pantry

1168 Franklin Avenue
Bronx, NY 10457

(718)893-0072 Not-for-profit food pantry providing those in need with free bags of canned goods and other non-perishable foods every Monday.

Bronx Jewish Community Council - Pelham Parkway Community Service Center and Food Pantry

2157 Holland Avenue
Bronx, NY 10462
(718)792-4744

Not-for-profit organization providing adults (ages 18+) with a food pantry, emergency rent assistance, advocacy, and assistance with accessing public benefits and community services.

St. Paul's Evangelical Lutheran Church - Food Pantry

1891 McGraw Avenue
Bronx, NY 10462
(718)822-4535

Not-for-profit weekly food pantry providing those in need with free bags of canned goods and other non-perishable foods.

Muslim Women's Institute for Research and Development - The Benedict Avenue Community Food Pantry

2044 Benedict Avenue
Bronx, NY 10462
(718)960-2262

The New York City Department of Education
Cobble Hill School of American Studies

347 Baltic Street
Brooklyn, New York 11201
Acting Principal: Costas Constantinidis

Not-for-profit, faith-based organization providing the public (with a focus on the Muslim community) with an emergency food pantry.

Part of the Solution (P.O.T.S.)

2759 Webster Ave.
Bronx, NY 10458
(718)220-4892

Not-for-profit social services agency providing homeless and low-income individuals and families with case management, a community dining room and food pantry, clothing.

Our Lady of Refuge - Food Pantry

290 East 196th Street
Bronx, NY 10458
(718)367-4690

Not-for-profit church-run food pantry providing those on public assistance and senior citizens with pantry bags twice a week.

Creston Avenue Baptist Church - Food Pantry and Soup Kitchen

114 East 188th Street
Bronx, NY 10468
(718)367-1754

Not-for-profit church food pantry and soup kitchen program providing Bronx residents in need with bags of canned goods, juices, and dried foods on Mondays, Wednesdays, and Fridays.

Grace Episcopal Church - Meal Program

1909 Vyse Avenue
Bronx, NY 10460
(718)542-1946

Not-for-profit food pantry and soup kitchen providing those in need with bags of canned goods and hot meals.

Soundview Presbyterian Church - Food Pantry

760 Soundview Avenue
Bronx, NY 10473
(718)842-2287

Not-for-profit food pantry providing those in need with free bags of canned goods and other non-perishable foods every other Wednesday.

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Brooklyn, New York 11201*
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Pantries in Staten Island

Church of St. Paul - Food Pantry

145 Clinton Avenue

Back of building

Staten Island, NY 10301

(718)447-6362

Not-for-profit, church based food pantry providing individuals with non-perishable foods and occasional fresh fruits and vegetables.

Church of St. Peter - Food Pantry

53 Saint Marks Place

Staten Island, NY 10301

(718)727-2672

Not-for-profit, church based mobile food pantry providing individuals with non-perishable foods and occasional fresh fruits and vegetables.

Richmond Senior Services - Food Pantry

729 Delafield Avenue

Staten Island, NY 10302

(718)816-1811

Not-for-profit organization providing older adults and families with a food pantry.

Salvation Army - Stapleton Corps

15 Broad Street

Staten Island, NY 10304

(718)448-8480

Not-for-profit organization offering Staten Island residents a food pantry, soup kitchen, and music program and basketball program for students.

Christian Pentecostal Church - Food Pantry

910 Richmond Road

Rear entrance

Staten Island, NY 10304

(718)273-5850

Not-for-profit, church based food pantry providing individuals with non-perishable food, canned goods, and occasional meats and poultry.

Holy Rosary Church Food Pantry

80 Jerome Avenue

Staten Island, NY 10305

(718)727-3360

Not-for-profit, church based food pantry providing the community with non-perishable goods once a month.

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347 Baltic Street
Brooklyn, New York 11201
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Salvation Army - Port Richmond Corps

1295 Forest Avenue
Staten Island, NY 10302
(718)442-2145

Not-for-profit community center offering Staten Island residents a meal program, including a food pantry and a soup kitchen.

Community Health Action of Staten Island - Richmond Terrace

2134 Richmond Terrace
Staten Island, NY 10302
(718)808-1840

Not-for-profit community food pantry offering individuals and families in need emergency food assistance; benefits counseling, screening and application assistance.

Mental Health and Relieving Anxiety

Mental Health and Relieving Anxiety: 6 Tips to stay Sane!

1. Stay informed with reliable resources and avoid ‘fake news’

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- <https://www.nytimes.com/>

2. Preserve daily routines as much as possible

- Wake up and have your coffee in the morning!
- Start your online work at the same time you normally would.

3. Take a break from social media and news and don’t overexpose yourself to too much information.

- It’s okay to look away from the news and watch something irrelevant!
- Sometimes funny/cute pictures of cats and dogs is the only ‘stimulation’ we need.

4. Maintain a healthy diet, engage in regular exercise and get enough sleep.

- With gyms possibly closing you can take advantage of the great weather we are having and walk or run outside.
- Train for a 5k with Couch to 5k (free in the app store).
- Indoor workouts are available in the App Store:
- Asana Rebel: Free introduction Yoga with two new videos a day.
- Mytraining: Training videos, a routine log, and a handy calendar to track progress.
- Daily Workout FitnessTrainer: No equipment needed training that can be done at home.

5. Take advantage of outdoor activities while still maintaining social distancing

- Enjoy walks in spacious parks, or hiking trails.
- Ride your bike and get plenty of Vitamin D!

6. Do not isolate!

- Connect with others through video chat, phone calls, texting and more.
- Check on family and friends and make time to talk about ‘non-crisis’ events.