



# Sunnyside Scoop

Principal and PTO Newsletter  
March 2019



## Principal's Message...

Dear Parents/Guardians,

Mother Nature is really playing with us these days. We are looking forward to leaving winter behind and embracing the warmer days of spring. Sunnyside School has earned the *School of Distinction* by the CT State Department of Education for the 3<sup>rd</sup> year in a row. Sunnyside was recognized in two areas, High Growth for all Students in ELA and High Growth for High Needs Students in ELA, based SBAC scores. Although we know students are more than just a number, it is a good indicator that we are well on our way of supporting our students academically. What a wonderful validation for our students, families and teachers for their determination and commitment to student achievement. We take great PRIDE knowing our students are ready for the future. As you can see below, March is a busy month. Our book reveal will be on Friday, March 8th. All families will receive one copy to assist in participating at home. The sibling in the highest grade will bring the book home. We will include an introductory letter explaining the school and home components, in addition to the calendar of events. We are excited to share our love for reading as a school community ~ *Tigers Read Together*.

*Mrs. Amy Gost*

## MARCH CALENDAR

- March 1<sup>st</sup> - Dr. Seuss' Birthday & Read Across America
- March 8<sup>th</sup> - Tigers Read Together - School wide read book launch
- March 8<sup>th</sup> - Early Dismissal ~ 1:50pm - *Teacher Professional Development*
- March 11<sup>th</sup>...15<sup>th</sup> - Jump Rope for Heart during PE classes
- March 11<sup>th</sup> - PBIS Dance Party Celebration for February Reward
- March 15<sup>th</sup> - Spirit Day ~ **GO Green Day**
- March 15<sup>th</sup> - Report cards distributed
- March 15<sup>th</sup> - Early Dismissal ~ 1:50pm - *Teacher Professional Development*
- March 18<sup>th</sup> - PTO Meeting ~ 6pm in the Library
- March 19<sup>th</sup> - Gr 3 & 4 Parent Workshop 10-11am focusing on Literacy and Numeracy
- March 20<sup>th</sup> - JA in A Day
- March 21<sup>st</sup> - Conferences 6-8pm
- March 22<sup>nd</sup> - Yearbook Order Deadline
- March 22<sup>nd</sup> - Early Dismissal ~ 1:50pm
- March 25<sup>th</sup> Epilepsy Awareness Day - wear purple to school
- March 26<sup>th</sup> Spring Portraits
- March 27<sup>th</sup> - Scribble Day
- March 27<sup>th</sup> - JA in A Day (snow date)
- March 28<sup>th</sup> - PBIS Shopping
- March 28<sup>th</sup> - Conferences 6-8pm
- March 29<sup>th</sup> - Early Dismissal ~ 1:50pm




## WORD OF THE MONTH

The word of the month is responsibility. Our students are working diligently to represent the meaning of this word in their work and daily interactions.

### Stamina

stam·i·na [stamənə] *noun*

 Stamina means the ability or strength to keep doing something for a long time.

## MEDIA CENTER

### Makerspace

<https://www.smore.com/hzku2>

### TNN4~ Tigers News Network

<https://www.youtube.com/watch?v=4qT8Y-2B1VM&t=8s>

### Global School Play Day

<https://www.youtube.com/watch?v=o67qc4TSeHI>

## INVENTION CONVENTION

The Shelton Public Schools participated for the second year in the Connecticut Invention Convention. Our 4<sup>th</sup> grade students did an outstanding job finding a problem and creating an innovative idea to solve their problems. Thank you to the many judges that assisted with this inspiring day. Congratulations to Kailey Hill (1<sup>st</sup> place), Vincent O'Leary (2<sup>nd</sup> place) and Scott Szabo (3<sup>rd</sup> Place). The following students were received Honorable Mention - Devin Mitola, Serena Tchir, Shawn Sequeria & Christian Gonsalves.

**Kailey Hill** will be representing Sunnyside School on the state level on May 4<sup>th</sup> at the University of Connecticut in Storrs.

We wish her the best as she moves onto the next level with her "Bum, Bum Buddy".

## WHY WE SLEEP

The average kid has a busy day. There's school, taking care of your pets, running around with friends, going to sports practice or other activities, and doing your homework. By the end of the day, your body needs a break. Sleep allows your body to rest for the next day.

Most kids between 5 and 12 years old get about 9.5 hours a night, but experts agree that most need 10 or 11 hours each night. Sleep is an individual thing and some kids need more than others.

When your body doesn't have enough hours to rest, you may feel tired or cranky, or you may be unable to think clearly. You might have a hard time following directions, or you might have an argument with a friend over something really small. A school assignment that's normally easy may feel impossible, or you may feel clumsy playing your favorite sport or instrument. If our students need 10-11 hours of sleep a night, think about that bed time...8pm is an average time for elementary students.

## Reasons why you need to sleep... Sleep, so you can:

- 🐾 Sleep helps you grow
- 🐾 Sleep helps the heart
- 🐾 Sleep affects weight
- 🐾 Sleep beats germs
- 🐾 Sleep reduces injury risks
- 🐾 Sleep increases kids' attention span
- 🐾 Sleep boosts learning



### KIDSMARATHON

Mr. Macek is excited to share information with you about KiDSMARATHON.

Sunnyside School is currently looking for students in grade 3 and 4 to participate in this great program, brought to us by CAS (Connecticut Association of Schools). KIDSMARATHON is an 8 to 10 week training program that enables kids to complete a full marathon by running a small amount each week. The final mile is run altogether in front of hundreds of fans at a regional celebration site! More information will be sent home about this fantastic program.



### JUMP ROPE FOR HEART

We are ready for another successful year with Jump Rope for Heart. Our new format piloted last year was a great success...participating during PE classes vs. after school. This allowed all students to participate. Our Tigers will participate during PE classes the week of March 11<sup>th</sup>.

Thank you in advance for your generosity and dedication collecting donations for the American Heart Association.



### SPOTLIGHT ON ~ SCRIBBLE DAY



Diane Alber, author of I'm NOT Just a Scribble, founded National Scribble Day. This year Scribble Day is on March 27<sup>th</sup>. This project was designed "to share a message of kindness and acceptance and to encourage children to create art no matter their ability. Every artist starts with a scribble," states Alber.

"Each of us starts out as a little colorful, wrinkled up human being with eyes, nose and sometimes a shock of hair. Our personality develops as we go. We're a bit like a scribble.

Children's scribbles become more than just scribbles when eyes and a smile are added. Somehow, a personality leaps onto the page and with it, encouragement for children to grow and express themselves. The positive result looking back at them spreads a surge of joy that is infectious. That's what's so wonderful about scribbles - anyone can make them no matter their ability. This means everyone from Grandpa to the smallest family member can join in on the day. Gather up the crayons in every color and scribble up smiles for everyone!"

<https://www.youtube.com/watch?v=wzDG2R-FDbU>



## PTO CORNER...

Sunnyside Families,

Thank you to all Sunnyside families that have participated in Raise Craze! Thank you for all your efforts to spread kindness and supporting your school!

Students who have signed up, sent out 5 emails, raised \$30 and completed 3 acts of kindness during the two-week period, will earn 2 VIP tickets to a dance off with Mrs. Yost. The VIP dance off will be held on April 24th! Details to follow!

Do not forget to order yearbooks! Order forms went home last month. Yearbooks are \$16 each. The deadline to order is 3/22/2019. We cannot accept late orders. Please visit our website for an online link to order. [Sunnysidepto.org](http://Sunnysidepto.org)

### Calendar

3/18 - PTO Meeting

4/22 - Mixed Bag Fundraiser

4/23 - VIP Dance Off

4/24-26 - Spring BOGO Book Fair

4/29 - PTO Meeting

Thank you for your support!

Follow us on Facebook: Sunnyside Elementary School PTO

Website: [www.Sunnysidepto.org](http://www.Sunnysidepto.org)

Email: [Sunnyside.pto1@gmail.com](mailto:Sunnyside.pto1@gmail.com)

**Tigers show their PRIDE!**